

Parish Magazine

The Parish of Sutton
with Seaford

Parish News

Clergy Letter

Book Review

Mission News

Prayer Diary



October-November 2021

Suggested donation **£1.00**

A.M. Steer Ltd.

Plumbing, Heating & General Maintenance

17 Jevington Drive
Seaford · BN25 2NT
Phone/Fax: 01323 891281
Mobile: 07785 766410

Friendly, family business approved by trading standards.

Property services include:

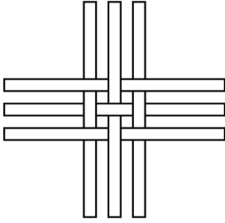
- all aspects of plumbing & heating
 - electrical/gas work
 - boiler replacement
 - landlord certificates
- full bathroom & kitchen refurbishments
 - tiling & decorating
 - building works



Contact Andy on: 07785 766410/01323 891281 or

email: amsteerltd@uwclub.net





Parish Magazine

St. Leonard's & St. Luke's Churches

October-November 2021


Contents

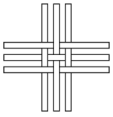
- | | | | |
|-----|----------------------------|-----|-----------------------------------|
| 04. | Parish News | 28. | Christian Aid |
| 08. | Getting to Know Me Part 7 | 30. | St. Leonard's Hall |
| 10. | Single Consecrated Life | 32. | Homelink |
| 12. | Faith Stories | 34. | The Twilight Zone |
| 14. | Children, Families & Youth | 36. | LAMA |
| 17. | General Synod | 39. | Book review |
| 18. | Safeguarding | 40. | Macro Problem, Micro Solutions |
| 23. | Prayer Diary | 42. | Calendar and Lectionary |
| 27. | Eco-Church Team | 45. | Regular Services |
| | | 46. | Parish Directory |

Visit us online at www.seafordparish.org.uk

Watch our services on  YouTube

Find us on 
[@seafordparishsussex](https://www.facebook.com/seafordparishsussex)

Follow us on 
[@seaford_parish](https://twitter.com/seaford_parish)



Parish News

Wider Opening Up

1. Bookings are not needed at any service.
2. Chairs are set out to provide ample social space.
3. Those wishing to sing are asked to sit in the front half of church.
4. Please continue to wear a mask and remember to sanitise your hands as you arrive.
5. Holy Communion will be distributed in wafer and intinction.
6. The 9.30 and 11.15 services will continue to be live-streamed on YouTube.

Church Services

As we look forward to further relaxing of Covid regulations so too there are some developing changes to the pattern of our services. Please see page 45 for full details and also keep an eye on the weekly news for late additions and amendments.

Home Communion...

but not as you know it!

As we emerge from lockdown residents in some of our local care homes are still limited as to how many visitors they can see and so it was not possible to find a slot to take Home Communion on a one to one, face to face basis to a member of our church. Instead, this lady, now into her nineties, asked if it was possible to take part in a service via Skype as she was familiar with this technology that she used to keep in touch with her family. So that is what we did. A

service sheet and consecrated wafer were delivered to the home several days ahead so that they could be 'quarantined' before being needed and then on the day as we went through the service it was possible to share the sacrament on both sides of the screen at the same time. We have been able to hold three services in this manner.

If you would like receive communion at home, either in person or perhaps by a virtual means or know someone who might, then do please contact either of the clergy or Wendy Ogilvie to make arrangements.

Seaford Parish Women's Group

4th October: Board Games evening

18th October: Talk by Rev Lucy on "Probate, Prayers and Pulpit"

1st November: Soup & Sausages

15th November: Getting ahead for Christmas

6th December: Stopover Gift Service

20th December : Carols & Mince Pies

New members welcome. The meetings are held in St. Luke's at 7.30pm, however the venue and times may vary.

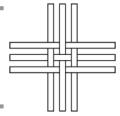
Mothers' Union

8th October: Favourite hymn or worship song

12th November: Desert Island Discs

10th December: Christmas Crafts

All meetings start at 2.30pm in St. Luke's.



Parish Men's Meal

We were very glad and grateful to be able to resume our Parish Men's Meal last month. Twenty-five of us met at Diella's when, after dinner, our speaker was our vicar, Rev'd James Hollingsworth. We are now planning our next meeting for Wednesday, 20th October. Once arrangements are settled, details will be in the pew sheets, the weekly news sheet and circulated to those who generally join us. If you have not been to a meeting before and would like to do so, please telephone me on 894548 and I will ensure that you receive, personally, full details by email.

Keith Carlisle

Memorial Service

The re-scheduled Memorial Service for Rev Pauline Lucas will now take place on Saturday 13th November. Further details will appear in the weekly news.

Wednesday Parish Lunch Club

After a long enforced break, the Parish Lunch Club is opening its doors again at St. Luke's, on Wednesday, October 6th, at 12.30 for 12.45 pm. We will try out a pilot scheme menu as the kitchen at St. Luke's has yet to be upgraded for cooking for large numbers. We are planning a menu of soup, substantial sandwiches and pudding. Please advise us of any dietary issues.

Our first meal on October 6th will be free but you must please get a ticket

from Sue Saunders at St Leonard's or Tony Gubbins at St. Luke's, so that we know numbers to cater for. Subsequent tickets will cost £6.00. We welcome your feedback for future suggestions and menu ideas and look forward to seeing you again on October 6th. Ann Fenwick 01323 893318.

Shoebox Appeal 2021

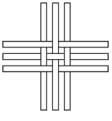
We are now entering the final few weeks of this year's appeal. Please get your completed shoe boxes to either St. Leonard's or St. Luke's by 31st October. If you need them to be collected, give me a call. Contact details are below.

We have already been given knitted lap blankets, scarves, hats and gloves. Many thanks to our knitters who have been working hard throughout the year.

Cash donations are also appreciated to assist with transport costs as your gifts are sent to bring smiles to disadvantaged families and elderly people in Moldova, Bulgaria, Romania and Ukraine.

If you have access to the internet have a look at the Link to Hope website - linktohope.co.uk - where you will find details of the many projects which they support. Thank you for your continued support.

Hazel Bramley on 01323 892883,
07890 726957 or by email
bramleyd620@btinternet.com



Parish News

The Order of St. Richard

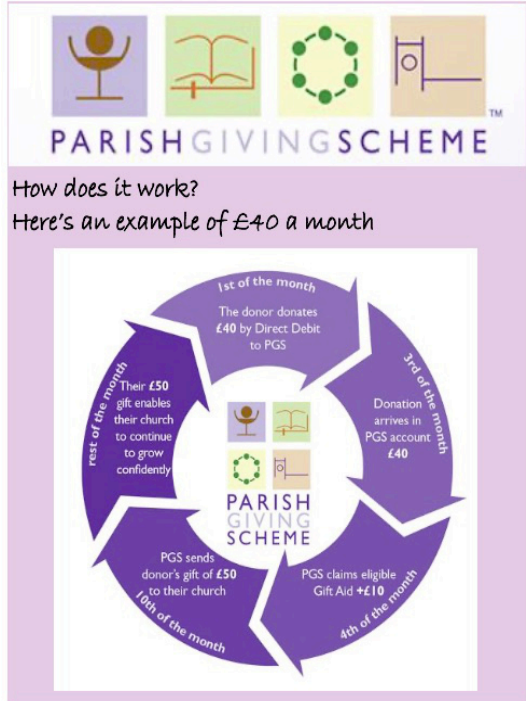
We are delighted to be able to announce that Kate Steer and John Baker have been awarded the Order of St. Richard by the Chichester Diocese. These new awards are made in recognition of outstanding and distinguished service to the parish over many years. Kate and John will receive their awards at a ceremony in Chichester Cathedral on 9th October. Congratulations!

Faith in Sussex

The diocesan magazine is now available to read online at www.chichester.anglican.org/faith-in-sussex. You will find it packed as always with news, views, features, and pictures, sharing stories from around the diocese and the wider Church. Its pages aim to serve the goal of bringing us together as a diocesan family around a commitment to mission and growth

Parish Giving Scheme

Are you part of the Parish Giving Scheme? Find out more...



Find out more about the Parish Giving Scheme at www.parishgivingscheme.org.uk

From the Registers

Funerals

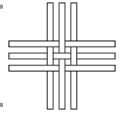
Gwenda Stanton - 94
Robert 'Bob' Geering - 80
David Backhouse - 92
Joyce Barker - 98
Lt. Col. (ret.) Anthony Feek - 81
Prudence Mclean - 83

Weddings

Robert Ellis and Emily Keith

Baptism

Ramona Murphy
Phoenix Hooker
Emerson Parker



Saturday Lunchtime Concerts

The 2021 season of Saturday Lunchtime Concerts successfully recommenced in August, albeit rather later than anticipated and continues with two more concerts...

Saturday 16th October at 1.00pm

Ross Morris (classical guitar)

Ross is performing with Glyndebourne during October, while in Sussex he will give a Solo Classical Guitar concert in St Leonard's Church.

<https://www.facebook.com/pages/category/Musician/Ross-Morris-Classical-Guitarist-1603896306543223/>

Saturday 20th November at 1.00pm

St Cecilia's Day Concert

Retiring Collection to Christian Aid

Fiona Hosford (harp)

An experienced harpist, Fiona has performed throughout the UK. Having studied the piano, violin and singing, when Fiona began the Harp at age 6 it soon became apparent that the other instruments were secondary to her interest in the Harp. As well as her LRSM, Fiona has a BA(Hons) at Brunel University in Textile Design and she has carved her own musical niche with clientele and her extensive repertoire served her well. Now based in East Sussex, Fiona procures her own work contracts and is often described as having strong sense of humour and a sympathetic musical ear.

<https://www.harpist.uk.com/>

All these Lunchtime Concerts start at 1.00pm and last approximately an hour, they remain free and self supporting from donations given by our generous audience.

For more information go to: www.seafordparish.org.uk

Booking will not be required unless Covid regulations change

Getting to Know me: Part 7



James Hollingsworth continues his story...

I started this off with the intent that it might become a dialogue. You would read my monologue and then say to me...Ah, sorry to hear about (see previous editions where I've talked about my Mum dying and later my Dad) or to say 'I wanted to be a fighter pilot too when I was young' and so you'd tell me your story of your vocation and how you have journeyed through life.

I think the next part would be for me to tell you something about my Curacy.

A curacy is a churchy word for an apprenticeship. Mine was in Mildenhall which is east of Cambridge. In those days there was one town church surrounded by a dozen village churches which came together to make one team benefice. When I started there, we had five vicars and me. One returned to Hong Kong to minister there. Another suddenly died. And so, there was three and me looking after a baker's dozen.

This has for some Dioceses become increasingly normal. Particularly in Suffolk it would be quite possible for a lone vicar to be overseeing a patch of 8 churches or so. And this is why I am so grateful to all of you who volunteer and help in small and large ways with time and with money. You are literally lightening my load and taking burdens off me. Thank you so much.

I wonder what you think. You see, with 12 churches only five of them had any sort of Sunday school, and even at that only a few children at each of those five but if we could come together we could make for one big fun Sunday group where each leader could take a rest and we could do some quality children's work. But no. No one was interested in coming together. Perhaps you're not surprised. Perhaps you think I shouldn't have tried. Ho hum.

The key thing about Mildenhall is that there are about 20,000 Americans there. That number maybe smaller now but the two airbases of Lakenheath and Mildenhall have a large number of our

friends from over the pond. These USAF people, when they come to Church make for fabulous worshippers and PCC members as they are constantly on the move and keen to make a difference and make something happen. They are Can Do people.

The annual Airshow, that stopped after 9/11, was a key ingredient to the local economy. For a moment the small 10,000 sized town would be tripled. Schools would hire out their football pitches as camping sites and make enough money from the weekend to buy themselves a new minibus. It was really horrible when it stopped. My house was about 100 yards from the runway so we would lie in our garden and watch the aircraft do their dance above us. Its not possible to live there and be ambivalent about aircraft.

There's an estate in the town which at least 20 years ago was still known colloquially as the London Spill-Over estate. A couple of generations earlier this estate was built and used to house post war Londoners. Whoever designed the roads made it really clear that you're not wanted here. All the roads from that estate point outwards away from town. In order to drive to town, to church, from this estate you had to leave town, drive round the by pass and come into town. I'd never seen town planning such an effective tool as a divider.

Curacies have a date when they end. Vicaring doesn't usually have an end date. So as the clock ticked louder and louder for my departure, I started thinking: What to do about the youth group? I'd been leading a group of

about 20 kids and half a dozen helpers in which we did silly things and had a God-slot. I bought up three months' worth of silly things and prepared three months of boil in the bag God-slots so that the team could continue in my absence. Within a fortnight of my leaving they dropped it completely. I cried.

I'm not sure what the morals of this story are – something perhaps about letting go as you move on and allowing God to be God and trying your best but being prepared to accept that actually your best might not be good enough.

Perhaps the moral of this is about being conscious of designing things to be welcoming and the ease with which we can keep our comfy status quo and new comers to town can be made to drive out of town before they come in!

Perhaps it is about enjoying the company of Americans, or the company of people who will only stay 3 years tops before they are moved on and enjoying the present gift for what it is. People come into our lives and we don't know if they will be staying long or passing through but here's a chance to enjoy them for now.





The Single Consecrated Life

Diana Woodcock

I have been asked by several people to explain exactly what this life is all about. It is a person's response to a call from God to live out their Christian life under the vow of celibacy enfolded in a life of prayer which includes being obedient to God and living a simple uncluttered life.

This way of life dates back to the early church having its roots in the 3rd Century Desert Fathers and Mothers who led prayerful lives in devotion to God.

SCL is open to men and women who are single, divorced or widowed. A period of discernment with the help of a Spiritual Director, the SCL Deans, the Bishop and various resources can lead to the taking of the first vow. After a further period of discernment, about

three years usually, a lifetime vow is received by the Bishop who continues to support and encourage. As a friend says, it is like being a lay nun, so maybe that sums it up!

For me this has been the completion of a circle. Having taken first vows as a Novice in 1969 and then being led in another direction for fifty years, I felt called to complete what I started. I was amazed at the number of people who came to the service at St. Leonard's and the numbers who have watched it on YouTube. I have felt truly blessed. I am thankful for all the support I have received from many including the Bishop during this time and I ask for prayers that I will continue to listen and hear what God is calling me to do.



Improve your fitness at Horder Healthcare Seaford

Horder Healthcare is renowned for providing high quality musculo-skeletal healthcare services but we are also dedicated to keeping you fit and healthy to delay problems from occurring. From our clinic in Seaford we offer a range of fitness classes led by trained instructors and physiotherapists. Classes are aimed at those already suffering from muscle and joint pain in order to improve strength, balance and flexibility.

To book a class or discover the range of classes available:
Call 01323 810926 or visit www.horderhealthcare.co.uk

Horder Healthcare
Sutton Road
East Sussex, BN25 1SS
Registered charity number: 1046624

HORDERHEALTHCARE
SEAFORD

When did you make your faith your own?



true colours; their disguise dropped away and rather than being the family members who had died, they appeared demonic to me; it was very frightening. I cried out the most needed prayer, 'Jesus please save me' and He did, I went from the grip of these evil beings to safety in Him.

Wendy Ogilvie

Jesus Please Save Me!

As a girl of about 12, I remember standing outside the Green Man pub, Putney with our youth group listening to a very pretty girl called Hazel give her 'testimony'. Why did she have a story to tell, I wondered. Fast forward to when I was around 25, I too had the opportunity to tell a Spiritualist Church full of people, my own story of how my faith became my own, or put another way, when I realised Jesus had died for my own personal sins.

I'd been a church-goer all my life; Sunday School, Confirmation, Church Choir, I'd even met my husband who was at the time a server, however, considering all this, my actual 'testimony' was quite dramatic;

My parents believed in a dual-faith; traditional CofE but laced with spiritism which had crept into our family when a very gifted uncle had died when only 24. So when my father died suddenly aged 42, it brought my mother great comfort. When my mother died suddenly aged 56, I considered for myself what I believed and I decided to go along the traditional Christian route. It was only when I tried to turn whole heartedly to Christ and renounce the spiritism, that these 'familiar' spirits showed their

The Verger and the Rainbow

I have been a Christian nearly all my life but there are two significant incidents on my journey of faith. The first of these was some years ago in Broadstairs, Kent. I was really unhappy at work and things were not going well in my life. I didn't feel that I could see a time when things would be better. I wanted to run away, to disappear - perhaps even not to exist. I hadn't been to church for a while. Sadly I felt my problems were bigger than my faith. I wandered into my local church. It was empty except for a verger who was casually sweeping the aisles. I sat and I prayed to God for help and guidance. The verger came over sensing my situation he put his hand on my shoulder and said 'Are you troubled my son?'. I felt an overwhelming sense of the presence of Christ in this old chap in a black cassock with a sweeping brush in his hand. I felt a surge of love and God's peace. He listened patiently to me as I listed my troubles. He offered no advice - he simply listened and finished with a whispered prayer. Afterwards I knew that something had changed in me. I went away knowing that God loved me. I felt lifted out of my despair.

A second and probably even more powerful experience was 14 years ago. There were circumstances in my life which were bringing pain - not only to me but to others and I just didn't know where to turn. Relationships were broken. I didn't know whether or not they could be fixed. I was driving back home and had an immense sense of sadness and isolation. I pulled over at the side of the road and prayed to the Father. I needed guidance. I needed reassurance. I needed something at that moment. Just then a beautiful rainbow appeared across the sky - something inside me said this was a message from God. The rainbow - a symbol of God's covenant with man. It spoke to me of relationships repaired, built on love and trust. It spoke to me of hope. In time all things were made well.

I see my faith life as a journey - there are mountains and valleys. But I know that the peace of God is always there. God is watching, listening, and helping me on my journey. Of that I have no doubt.

Brian Millar

There is no greater thing

Picture the scene; it's the mid 1960s - a teenage girl around the age of 15/16, setting out on life, having just left school and working for what was Bristol Sidley (later to become Rolls Royce). Life being a new adventure for her, new friends, more grown-up activities to tempt her - parties, drink etc. Could life get any better?

Well, an evening spent with a group of young people from a Baptist Church

Youth Club certainly was to be a new beginning. That evening was spent going carol singing around the pubs in Watford Town. She was encouraged to attend this youth club which resulted in a boyfriend and going on a youth weekend in Muswell Hill.

There it was that her exciting new life began; the words spoken from the Bible, people's love and care all pointed her to an exciting moment when she realised that Jesus had entered her life. Never has she looked back, of course there have been the usual ups and downs of life - but with Jesus close at her side, she has coped.

There is no greater thing in life than to belong to Jesus.

Linda Parsons

Jesus Enables us to Serve

"If you own anything of value you look after it and it requires maintenance and looking after. Such has been my life of faith as I grew up in the Church of Ireland and knew Jesus from about 17 and served with CMS from 1983 to 2013 in Nepal. When we learned Nepali, our language teacher said you have to make it your personal property and so with faith it becomes a part of you because it is Jesus who enables us to serve him."

Mark Gill

Others will have their own story to tell, why not tell yours using this same heading?

CHILDREN
FAMILIES
YOUTH

Stefan Bracher



What a start to a brilliant academic year so far! Since I last wrote to you we were in great need for extra volunteers, we have had one or two since then, however our Sparks group numbers have risen to 22 (as of start of September). This is brilliant and it means that we are up by an extra 7 from before the Summer, but it also puts us in a really tight position for leaders. If one person from the team is ill, it could mean the group will not be able to meet.

However, this group also is in desperate need of being split and becoming two separate more age-appropriate groups. So even if you don't think you can be useful, please speak with me and we'll look at the best way that you might be able to help out. This is to continue to help our groups grow and develop more, allowing more children, young people and families to hear all about Jesus.

Razzamatazz Robots October Half Term Holiday Club

This academic year will also see our very much anticipated Razzamatazz Robots Holiday Club, focusing on the theme of creation (and yes we are going to be making junk model

robots!). This will be free for all children during October Half Term (Monday 25th to Friday 29th), doors opening at 9.45am (starting at 10am) and will run until 12.30pm each day. There will also be an evening service for parents to attend on Friday 29th from 6.00pm-7.00pm. There will also be the opportunity for families to have a **free** packed lunch each day, as half terms and holidays are often difficult financial times for parents, especially with the pressure of Christmas looming!

So, there are three things I would like to encourage you to think about:

Can you help with holiday club?

We are in great need for volunteers to give up half of their day of the October Half Term to help with something like; a craft table, making refreshments, help tidy up, help with groups, play a part in our dramas and a ton of other roles. It is preferred that you volunteer for the whole week (as that helps the children get to know you and makes it feel familiar for them), but if you can only manage a few that is still great and we would still love your help! To give you an idea we need 25 helpers each day!

Are you able to financially support our lunch fund or holiday club?

We know how difficult it can be for parents when half terms are around, especially if they already struggle with meals during school times. We don't want any child to go home feeling hungry and we don't want parents feeling the pressure of trying to find the extra money for lunches. So if you are able to donate £10 to help with the covering the cost of approx. 10 lunches, that will be amazing. If you would like to you can also donate towards to the cost of running the holiday club.

Can you pray?

We know some people cannot physically help, but can you pray for the holiday club? Please pray:

- That we will get the number of volunteers needed to run the event.
- That we get a good number of children to the sessions.
- That they will not go home hungry.
- That they will take away even just a slither of the word of God.
- That they will feel able to come to Sparks and have their holiday club seed watered and that it turns into an amazingly huge tree!

Please call, email or speak to me about anything to do with holiday club (see details at the end).

Other Groups

Our other groups have also been going well. Tots' Treats in both St Leonard's and St Luke's have been increasing in numbers and since the schools have gone back, we have seen an even bigger increase. Much more and we might have to create a booking list! A

fairly good place to be! The tots will also be taking part in the flower festival and show casing some brilliant flower stamp and hand paintings.

Ignite has currently met back once since the start of the academic year. A great session with some good laughs and a smashing game of dodge ball!! Over the summer the group had been busy trying to complete their 1.2 million steps challenge. They had a really good try at this huge challenge and almost got there (as an estimate 800,000 steps completed). If you have sponsored the group thank you very much, it is much appreciated. If you are happy to let the group have your donation, despite not able to complete the huge challenge, that would be amazing, you can give your donation to me for sorting. The youth will then be deciding what they would like to spend their funds on to help improve things for the children, youth and family work in the Church.

Messy Church had a brilliant first session back at the start of September looking at 'Fresh Starts'. We tried the tables in a slightly different set up in this session where we can speak with families better by having separate craft tables that the families can walk around. In October we will be looking at harvest festival as a theme. Keep your eyes peeled for a good selection of Messy Church events/services across Christmas too!

And finally if you have seen the top of my head looking slightly burnt, it is because we had a fantastic day down at the Mayor's Charity Initiative at Martello fields (and I forgot a cap!). Alice, Sally and Diana helped out with

our very busy target practice prize winning stall. We didn't raise any additional funds, but we did have a fantastic day promoting our children, youth and family groups as well as our holiday club. For the whole 6 hours we were down at the fields, we had about 20 minutes where we didn't have anyone there! – Keep an eye out for next year if it runs!

If you are interested in helping out or would just like to find out more, please call or email me on the details below (don't worry I won't force you to help out if you feel it is not for you come the end of our chat).

God bless.

Stefan Bracher (Children, Youth and Family Missioner)

Razzanatazz Robots Holiday Club

October Half Term 2021
(25th - 29th), 10am-12.30pm
St Luke's Church, Seaford, BN25 3TH
For Reception - Year 6 Aged Children

Dramas Games Fun
Prizes Bible Stories Crafts
Optional Free Packed Lunches
Free

To book a place
scan QR Code or email/call
cyfw@seafordparish.org.uk
07506 143 476

St Leonard's
& St Luke's
Churches
www.seafordparish.org.uk

General Synod

James Hollingsworth

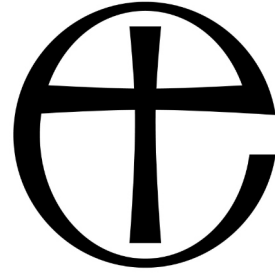
By the time you're reading this, we will be into the middle of the elections for the Church of England's General Synod.

Each CofE Church is governed by a PCC, disciples elected at the annual meeting. Representatives of each PCC gather locally to talk about what's going on in their parishes and to hear what the broader church is about: that's a Deanery Synod. Representatives of Deanery Synods gather to form a Diocesan Synod. And then the next layer of Church government is General Synod.

So it's a big deal. General Synod voted about women bishops; perhaps they will vote on gay marriage. They discuss disinvesting from companies who are dragging their heels about becoming more ecological and they discuss incredibly nit-picky small print detail to do with the minutiae of canon law.

I've sat on it for a term (5 years, though thanks to Covid its been a 6th year) and I've really enjoyed it and I could re-stand for re-election but I've got enough on my plate what with being in a new parish and being the new Rural Dean. I'm content.

But there are lots of candidates who are standing. Perhaps over 50 from



THE CHURCH
OF ENGLAND

this Diocese seeking to be elected to either the House of Laity or the House of Clergy. Only the clergy in this Diocese can elect their clergy representatives to General Synod and likewise only laity, or rather only the laity of the Deanery Synods.

There's only five vacancies for Clergy and eight for Laity from our Diocese, so I'm really impressed that people are getting keen on governance and committees.

Do pray and pray and pray because this is a key moment in our denomination's history and who gets elected will set the tone and agenda for the next 5 years and will drive through their issues. Pray for wisdom, pray for godly, kind, listening, bold, disciples.

By the 14th October we should have our election results.





Safeguarding Is Everyone's Responsibility!

Ruth Saunders tells us more...

Over recent years, we have been bombarded with distressing and sensational headlines about the abuse of children and vulnerable adults. We have heard amongst many, of Jimmy Saville and the BBC, religious organisations including Chichester Diocese, undercover filming of abuse of both older people and those with disabilities in residential care, the grooming of vulnerable young women by groups of men, the power used by men in the film industry to abuse aspiring young people, and increasing numbers of women and some men, killed by their partners. We have been shocked and unbelieving, but as the stories fade back into history, new ones appear.

As a result of these serious concerns, that some organisations had failed and were continuing to fail to protect children from sexual abuse, the Independent Inquiry into Child Sexual Abuse was set up by the then Home Secretary Theresa May in July 2014. Since then, it has taken evidence from hundreds of people around the country, including from Chichester Diocese which had shown that it had investigated and managed complaints

of abuse in a way that kept the perpetrators safe rather than the victims.

It is easy at times, to feel that this has little to do with us directly and there is nothing we can do to help – that it involves people in particular places we have little to do with, that it all happened a long time ago, that it cannot possibly happen again, and that it has been exaggerated, investigated and sorted and it is time for us all to move on. But that is far from the reality. Behind all the headlines, reports and numbers are individual children and adults who have been or are being, abused and hurt, and the likelihood is that you will know some of those people personally. That's the important point for us all to hang onto, and because they are individuals, then we can help.

I was a social worker for Lambeth, when Carol was rejected by her parents and taken into care. For some years she lived in a children's home called Shirley Oaks, where, we now know from the Inquiry, that hundreds of children were abused. Carol and I have now been friends for over 40

years, and it was only last year that she told me she had been abused there. She said that she had not wanted to tell me, as she didn't want to upset me, and although happily married, she is still traumatised by those events and in long-term therapy.

I have worked with Margaret, who had lived a full life, bringing up a family and managing a demanding job, but it was only when she developed dementia in older age, and lost some of her mental boundaries, that she spoke about her child-hood abuse for the first time and the unhappiness it had brought her all her life.

Being continually shouted at and told that you are no good at anything, either by parents or teachers, can end in people having a low opinion of themselves and no self-confidence with which to tackle life's challenges. We remember the good teachers and the bullying teachers for the rest of our lives.

Alice who had dementia, died in hospital of starvation, because she was not physically or mentally able to eat the food put in front of her without help, and no-one noticed. She could not tell anyone that she was hungry. Visitors to Bob's home, were concerned that he would not put the

heating on and was always cold. His family, who were 'looking after' his money, didn't give him enough of his own money, to pay the bills.

As Safeguarding Sunday approaches, it is right that we remind ourselves that we all have a role in making people safer, and that the effects of abuse can last a life-time.



If we see anyone shouting at a child or an older person, we can perhaps, engage them in conversation - they may be at the end of their tether, and safeguarding is often about giving people the help they need to manage a situation.

If we are visiting people in hospital or residential care, we can check that everywhere and everyone is clean and comfortable, that no-one is being shouted at and that people are getting the help they need. If there is anything we are unhappy about, then we can speak to the staff, and if we are not satisfied, can speak to the Care Quality Commission.

If we learn about domestic abuse in a family, there are organisations that we can put people in touch with confidentially. Even when we don't know the answers, we can find out and we can all listen.

Should we learn that an older person has given their home carer their pin number, we can speak to someone about how to help.

The Diocesan Safeguarding Team has asked each church to display a poster to further encourage any victim of church-related abuse to come forward and receive the help they may need. If we know anyone who has been abused and would like help, the poster is up in the church for us to refer to. And there are organisations who work

with victims from other settings – talking does help.

We can therefore make a difference and we have a responsibility to be alert to anything we feel is not right. Many people have had to continue to suffer, because someone who had concerns, did nothing. If you think something is not right, then please do come and speak to me or one of the clergy – it may turn out to be nothing, but it may change someone's life.

Safeguarding Sunday Prayer

Loving Father God,

We come to you in the knowledge that you hold all your children in unconditional love.

We lift to you those who are vulnerable and in need of protection.

Give them your safety, comfort and peace.

We cry to you for those who are hurting and whose trust has been broken.

Give them your healing, restoration and justice.

We bring to you those who seek to forgive others who have hurt them.

Give them your strength, courage and hope.

For those who by their actions or attitudes have caused hurt and harm to others,

lead them to seek your forgiveness and to enter into true repentance.

Thank you for all who give their time, knowledge, and skills to make our communities safer.

Give them your wisdom, guidance and grace.

For ourselves, we ask you to give us your heart for the vulnerable, the oppressed, the voiceless and the forgotten. Help us to see them as you see them; to value them as you value them, and to nurture and protect them as you desire.

Help each one of us play our part in creating safer places for all your people.

In your name we pray,

Amen

NORVETT

ELECTRONICS



Established 1955

- Your local electricians for all domestic and commercial wiring, fault finding, installation and repairs.
- Industrial, agricultural and landlords works.
- CCTV, security lighting and burglar alarms.

ALFRISTON 01323 870485

enquire@norvett.com

www.norvett.com



@NorvettElectronics

@NorvettUK

Hourly
and
daily rates

From Home to Garden Property Maintenance

- Internal & External
- All Household Repairs
- Painting & Decorating
- Garden Maintenance
- Grass & Hedge Cutting
- Border Care & Planting
- No Job Too Small
- Fully Insured

For a FREE quote call Darrel on 07778 356955 or 01323 810893
www.hometogarden.co.uk

This advertising space is available. To find out more about our advertising rates please contact the Parish Office

admin@seafordparish.org.uk

SHANNON ELECTRICAL SERVICES

Electrical Contractors

18 Chesterton Drive, Seaford,

East Sussex BN25 3RH

Telephone: (01323) 893458

Mobile telephone: 07926377198

Email: Shannon.es@sky.com



Domestic , Commercial, Industrial,
Installations, Part P registered

Because every life is unique

...we are here to help you make your farewell as personal and individual as possible, and to support you in every way we can.

Cooper & Son, 19 Clinton Place

Seaford BN25 INP

01323 492 666

Also at Heathfield, Lewes & Uckfield

www.cpjfield.co.uk

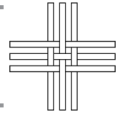


C.P.J. Field.

More than a funeral director since 1690.

Inc. Cooper & Son

Prayer Diary



This prayer diary offers a focus for our personal and corporate prayers and may be incorporated into our own Prayer and Bible Study times. Each month sections highlight prayer pointers for our mission partners.

I will lift my eyes to the hills. From where does my help come from? My help comes from the Lord who made heaven and earth. (Psalm 121: 1&2)

This prayer diary offers a focus for our personal and corporate prayers and may be incorporated into our own Prayer and Bible Study times. Each month, sections are featured on our Mission partners (1st and 4th pages).

We live in challenging and changing times so in this edition, there is a theme for every day of the week with suggested current topics for prayer. Feel free to use as many as you wish.

I will lift my eyes to the hills. From where does my help come from? My help comes from the Lord who made heaven and earth. (Psalm 121: 1&2)

Pray for Mission Partners during October

WAVES

- Praise for the family centre being open again.
- Pray for much needed additional suitable volunteers to run it.
- Pray for the future of the centre to meet the real needs of families in Seaford.
- Pray or wisdom for the trustees in running the Charity.

Bible Society

- Pray for the work in Africa where the need for Bibles increases as Christianity grows at an exponential rate reaching the poorest, most troubled families, peoples at war, those who've been displaced, and marginalised communities.
- Teams in Jordan and Lebanon bringing the Bible to life for refugees fleeing war in the Middle East as they offer Bible-based trauma healing to refugees as well as food and other essentials.
- The society is also actively responding to the need for Bibles amidst war and conflict in Syria.
- The Bible is a global bestseller, pray for those in England and Wales, for whom the book remains a mystery.

Mission Direct

Mission Direct are not running any trips abroad in 2021 but plans are well underway for 2022 when Rewired plan to return to Zimbabwe with the team in country for two weeks from the 2nd July. Chris plans to travel out a week before to make the final arrangements.

Give thanks for:

- Sustained, strong partnership with the United Baptist Church of Zimbabwe
- Our excellent partners working in these challenging times
- The life of service of Amos at Kumbayah School in Lusaka, Zambia who recently died with Covid 19. The team worked with Amos for many years & had great respect & admiration for his work within the church & community.

Pray for:

- God's blessing and protection on future work of Mission Direct and Rewired
- Peace, safety and good health in these difficult times, especially for Alick and Garikai in Mutare, Zimbabwe.
- For those undecided as to whether to volunteer next year that they will step out and embrace all that these experiences have to offer.
- The work being undertaken by Mission Direct in UK to support those partners from a distance to meet desperate need.

Sunday - The Church Worldwide

- Pray for leaders of churches and ministries, for wisdom as they serve those in their care and for their families as they support them.
- A renewed desire and hunger for the Word of God to change lives and make us to be more like Christ.
- As God's people come to worship today, pray that we might know his presence, hear his voice and receive his blessing.
- Christians living under the threat of persecution, imprisonment, or death for following Jesus. For those displaced from their homeland.
- That the young, elderly and vulnerable will find protection, respect and acceptance in the Church, especially as we remember Safeguarding Sunday on 10th October.

Monday- The United Kingdom

- For the Prime Minister, Houses of Parliament, leaders of the devolved houses and advisers in their quest to lead us safely and effectively in these days.
- NHS and social care personnel dealing with the challenges of Covid alongside efforts to restore provision of full healthcare services. For those whose mental health has been affected by the pandemic.
- For integrity in the media and news agencies in sharing and reporting information.
- In our multicultural, diverse nation, may God raise up peacemakers to bridge divisions and may the Church pursue unity in diversity within communities.

Tuesday - Our Parish

- James and Derreck for wisdom as they continue to lead safely into the future.
- That we will all seek to understand God's plan for this parish and embrace and work together to bring this into being.
- Growth in the financial health of the parish.
- All who are sick that they might know God's peace, healing and wholeness.
- Give thanks for all who have been able to return to church and continue to pray for God's continuing blessing for those who join online.

Wednesday - Children & Young People

- For Stefan as he leads the work, for vision, encouragement and good health
- For more helpers who can join the enthusiastic and committed teams.
- Give thanks for all attending Tots, Sparks, Ignite and Messy Church. As numbers increase, pray that each one will find their place within God's family here, a place of joy and acceptance.
- Pray for Razzamatazz Robots Holiday Club (25th to 29th October). For all the children who attend, for times of fun and friendship as they come and learn together.
- For stamina and fitness for the helpers and supporters and that they establish a good rapport with the children and families.
- For God's protection over the whole time.
- That God's love will be known through stories, songs and seen in action.

Thursday - For those living in...

7th October:

Jubilee Gardens, Argent Close, Queensway, Maple Fields, Balmoral Close.

14th October:

Monarch Gardens, Sovereign Close, Sandringham Close, Belvedere Gardens.

21st October:

Normansal Park Avenue, Chalvington Close, Normansal Close, Seagrove Way.

28th October:

Sutton Drove, The Byways, Parkside, Byedown.

4th November:

Hindover Road, Hindover Crescent, Haven Brow, Rough Brow, Short Brow.

11th November:

Milldown Road, Sutton Road, Mill Drive, Parkside Road, Gildredge Road.

18th November:

Grove Road, East Albany Road, Stafford Road, Mercread Road, Guardswell Place, Vicarage Close

25th November:

Meads Road, Cornfield Road, Middle Furlong, Highlands Road, Cornfield Close.

Pray for the leaders, helpers and guests attending Alpha this evening

Friday - Seaford

- For local businesses and tradespeople and those returning to work
- Local schools, for staff and students engaging in learning. For those home learning.
- Churches of Seaford - for leaders and people, for God's guidance and blessing.
- Care Homes - protection from infection for staff and residents.

Saturday - The World

- Give thanks for the natural world. Continue to pray for leaders of all nations that we might all become wiser stewards of our world.
- Those trying to rebuild lives in a new country, for refugees and asylum seekers.
- For nations where health services struggle to cope with Covid cases, and vaccines are limited. Pray that wealthier nations soon share what they have.
- Continue to pray for our Mission partners abroad living under lockdown.

Pray for Missions Partners during November

Diocesan Family Support

- Pray for the 15 Family Support Work Practitioners in the Diocese especially Phillippa Fleming working in Newhaven, Lewes and Seaford as they engage with those in need & the families they help.
- The CEO Martin Auton-Lloyd; Elaine Waight, Director of Services; Nikki Kerr, Director of Fundraising & Marketing; Gemma Cannon-Arthurs, Trusts & Grants Fundraiser; Spencer Farnham, Garton House Administration Officer. The latest staff members appointed in July - Jo Wilkins, Fundraising Team Administrator & Miranda Sinyard, Practitioner Team Administrator, based in Brighton & providing behind the scenes support to their respective teams.

Cambodia Action - Sara & Pola

- Give thanks and praise that after all the challenges and delays their new house has progressed so quickly. The structure is finished and the internal fixtures and fittings started.
- Pray for patience as the family continue with online classes and meetings in the temporary house 2 metres away from the construction site.
- That their local international church will be able to find a suitable property to rent at the right price.
- For M'lup Russey - successful funding applications and to meet potential new donors.
- For the staff facing the prospect of a 50% cut in activity and redundancy unless new funding is found to implement their new strategic plan.
- Guidance for the management team recruiting new Board Members to increase the skill set, strengthen capacity as they seek to restructure the organisation.



Eco- Church Team

Lucy Hollingsworth

Thank you to all those hugely enthusiastic people who met in August for our first Eco Team meeting. We shared our hopes and areas of interest in all things Eco. Thank you to all those who then emailed me at revlucy@seafordparish.org.uk. I now have a good list of people and ideas, but am very happy to receive more.

The plan is that we will meet again in October at a time and a place yet to be decided to work out what eco projects we can make a start on or bring back to life and who wants to take care of which projects. Suggestions so far include a tidy up and replant of the garden at the back of St Luke's, litter picking, a fair trade stall and an eco-tip of the week in the notice sheet.

Eco Church is a scheme run by A Rocha UK equipping churches to care for God's creation through their worship, buildings, land, community engagement and individual lifestyles. <https://www.churchofengland.org/about/environment-and-climate-change/eco-church>

If you are interested then watch the webinar recording 1. An introduction to and overview of Eco Church.

Any questions please ask me. Thank you!

Rev Lucy

Enoch's Walk...

Did you ever hear the little child's story? - her interpretation of Enoch's walking with God? She said 'Enoch used to go for long walks with God, and one day they went for an extra long walk, and they walked on until God said to Enoch, "You are a long way from home, you had better just come in and stay"; and he went in'.

Author unknown.



Nicola Ferguson

“Christian Aid has been working in Afghanistan for over 30 years and we will not desert now. We’re doing all we can to continue distributions of food and emergency supplies to the most affected communities”.

Subrata De, Country Manager in Afghanistan, Christian Aid.

Christian Aid are supporting many thousands of displaced people in regions likely to be hit hard by famine, where over 1.8 million children are malnourished. With the help of local partners money raised, with your help will:

- Provide food packs for poor and marginalised households facing starvation
- Special nutrition for pregnant/lactating mothers and children below 7 years
- Provide clean water and hygiene kits, create awareness on COVID-19 pandemic

If you feel able, please visit www.christianaid.org.uk to make a donation online or contact Colin Pritchard if you wish to make a donation locally. **Thank You.**

Breathing in fresh air
Breathing out frustration
Breathing in God’s love
Breathing out fear
Breathing in the joy of Christ
Breathing out stress and strain
Breathing in the power of the Spirit.
Breath of God in us
Renewing and restoring us
Transforming and empowering us
To be the people of God
In this time, for Your world.
Amen.

www.caid.org.uk/harvest

Our local, forthcoming dates for your diaries, here in Seaford are as follows:

Friday 5th November 2021 - Cross Way Church Lunch

There will be two sittings: 11.45 - 12.45pm & 1.15 - 2.15pm. Tickets £7.00

Saturday 20th November 2021 10am-12 - Christmas coffee morning to include stalls & mince pies - Chyngton Methodist Church

Friday 21st January 2022 - Christian Aid Quiz - 7pm - Cross Way Church

Friday 18th February 2022 - Lunch at St Peter's Church

There will be two sittings: 11.45 - 12.45pm & 1.15 - 2.15pm. Tickets £7.00

Christian Aid Week - 15th - 21st May 2022

Christian Aid Service - Sunday 15th May 2022 at 6pm - Venue to be confirmed.



**Each Saturday at 8.30am you
can join with others on Zoom
for a time of prayer.**

Meeting ID: 731-3210-2295
Passcode: IUWEx6



Lewes, Seaford and District Branch



Please contact: Jean: 01323 892930

**HAVE YOU GOT ROOM FOR A
LONELY PUSS WHO'S BEEN
LIVING ON THE STREETS?**

Neutering

We can also help towards the cost of
neutering your cats and kittens.

Please phone 01273 813111 (Option 3)

and leave a message including your phone number
so that we may contact you.



DO YOU HAVE ROOM FOR A FURRY FRIEND?

-PHONE FOR UP-TO-DATE INFORMATION IF YOU CAN HELP

St. Leonard's Hall Update

James Hollingsworth

Back in the August/September magazine, I wrote to you about our need to sell the hall. Since then, we have asked our Church architect to look into how we might be able to sell it with various development plans. He has come up with two plans, one that has four town houses, another that could have two town houses & 4 affordable apartments. The version with six dwellings would no doubt command a higher price however in order to for that to be feasible we need permission to access some of the land round the back of the Hall. We have written to the land owner to see if he might be kind enough to grant this.

The answer to this letter will then begin a series of steps leading towards the sale of the Hall which we hope to complete within a year. It will need amongst other things the blessing of the Diocese and so a section 119 report will be completed by one of their approved surveyors.

Meantime, turn your eyes outwards to how other Churches have achieved this. We've been recommended to go and have a walk around St John Sub Castro in Lewes, or Chailey Church on the road north of Lewes towards Haywards Heath, to see how they have adapted their church buildings for the good of the community.

And turn your imagination in towards St Leonards itself, to ponder where and how we might site a kitchenette, some accessible toilets, meeting spaces and

storage. Also, look to God in prayer for we will need His help every step of the way if St Leonards is to be again a blessing to the whole community.

The Hall itself stands idle meantime, this must appear to be a frustration to all but as such it is actually saving us money. We have moved the Parish office to St. Lukes and have minimised running costs. Opening it even temporarily would require some funds, money we just don't have because we must prioritise the Church itself.

Our wonderful 11c Church is in continuous need of repair and we are already applying for a faculty for some key repairs regarding the Tower and several stained-glass windows. These are things that we have been talking about for a while but we cannot delay any longer. They will cost a considerable amount of money but this is essential work that must be begun.

St. Luke's is a key part of this whole project as it becomes our administrative centre, our main location for community hires as well as keeping its role as a centre of worship in Chyngton. St. Luke's is a real asset to the parish and makes all this possible as we look to refurbish St. Leonard's, the oldest building in the town, and realise St. Leonard's true potential not only as a centre of Christian faith but as an accessible community space for all in the heart of Seaford.



Paul Hill

WORK 4 YOU

- PAINTING/DECORATING
- EXTERIOR/INTERIOR
- GENERAL MAINTENANCE
- KITCHEN INSTALLATION

- FENCING
- FREE QUOTE
- NO OBLIGATION
- FULLY INSURED
- ANY JOB CONSIDERED

2 Harbour View Close Bishopstone Seaford
East Sussex BN25 2SE
Telephone: 01323 890321 Mobile: 07763 169845

Swindells
SWINDELLS
CHARTERED ACCOUNTANTS

TAKING CARE OF BUSINESS

"TIMELY, QUALITY SERVICE
AT A FAIR PRICE"
CLIENT TESTIMONIAL

TAX PLANNING | ACCOUNTING | CORPORATE FINANCE

www.swindellsaccounting.co.uk
Uckfield: 01825 763366 Seaford: 01323 892549



Terry Howell

Loans

We help people who are homeless or threatened with homelessness in Lewes District to rent a home in the private sector. Our clients are people who must be able to live independently but have little or no savings.. Our loans, averaging £1400 are interest-free with repayments at an affordable rate even as little as £20 per month. We have made 70 loans so far this year and are on track to make over 100.

Grants

We give grants to those who are moving into housing with some basic needs they cannot afford . The money pays for white goods; or basic furniture e.g. bed or chair; or even floor covering. Our grants are for a maximum of £400 and average £250. We made 56 grants so far this year but because the average cost is low compared to the cost of loans and the repayment rate is very good at 90% , we are glad to help more than we budgeted for.

A Great Loss

Pippa, our Client Manager has had to suddenly retire because of ill health. She has an auto-immune disease which is made worse by the stress at work.. We therefore decided to give her immediate sickness leave. This is a great blow to us because she has given her all to the job and received many richly-deserved testimonials from tenants for her help and support. She always went the extra mile to help

those who were finding life hard. She was responsible for our very successful concert at Glyndebourne which not only raised £36,000 but also extended our profile to a wider public. She has been a great support and help in many ways and put her heart and soul into the job and we are very grateful and thankful for her input to HOMELINK.

Holding the Fort

We have been able to carry on thanks to Gary our recently appointed Client Manager being willing to extend his working hours from two days per week. He has been doing a thorough and competent job as Client Manager and in addition provided great help in supporting financial applications by HOMELINK to other charities. In order to save work by reducing the number of unsuitable people being referred to us , Gary has devised a mnemonic GLAD for referring clients to us whom we are GLAD to help with loans. This stands for:: G – a Guarantor is needed: L- there must be a Local connection: A- Assets less than £2,000 available: D- debts must be less than £15,000 and properly managed. These conditions are not rigid and special circumstances are taken into account.

Next Steps

We are advertising for a Client Manager to replace Pippa. Applicants will be interviewed on 28th September. The number of applicants is not yet clear but we have one good applicant already.

We think we have found someone to head the financial side of our work with the support of Gabrielle our Finance Manager. We have been looking for a voluntary Treasurer since January without success but we now believe our prayers have been answered, We expect final acceptance of the role and its title should be in place by the time you read this.

The Mayor's Charity Event

We had a stall as one of the Mayor's charities with a well-decorated Gazebo and information. We collected £52 with gift aid. We also received one of the top draw prizes of £250 from the Mayor's Fund. We spoke to a number of people who had never heard of us - so it was a summer's day well spent.

Annual General Meeting

Join us at 3.00pm on Saturday 2nd October at St.Luke's to hear more about our work and to say goodbye to Pippa.

For Your Prayers

- Give thanks for success in finding a lead Trustee for finance

- For the appointment of a new Client manager to replace Pippa
- For Gary as he helps people and as we try to reduce Gary's workload
- For all those in need of help into housing.



HOMELINK is a registered charity led by a Board of Trustees and run by a Management Committee, all of whom are volunteers. Other volunteers help in a number of roles.

Homelink employ a part-time Service Manager and a part-time Assistant Service Manager who manage all aspects of the application process.

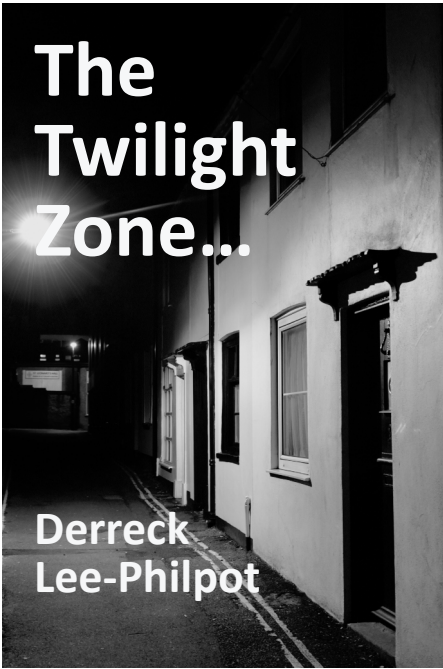
HOMELINK's office is in the House of Friendship in Lewes, and interviews are conducted in Lewes, Newhaven and Seaford.



Just for Interest...

This is a photograph of the old font in St. Leonard's Church taken during a Flower Festival many years ago. I was christened here in 1942 by Rev. Maxwell and my mother was also christened in St. Leonard's many years before. My father was christened at St. Andrew's, Bishopstone as he came from Tidemills.

Graham Tubb



The Twilight Zone...

Derreck
Lee-Philpot

Do you remember the 1960s TV series 'The Twilight Zone'? It was a heady mixture of sci-fi, suspense, supernatural drama, horror, and psychological thriller. It was one of those programmes that children like myself used to clamour to stay up for, but parents (who often didn't 'get it') would rather we didn't and would insist on bedtime - just as the spooky opening sequence of music began!

It focussed on subjects that lay between reality and utter fantasy, topics that were in the 'grey area' of knowledge and experience, that were somehow unsettling and exciting at the same time. The places between safe daytime and the imagined horrors of night.

In a way that is our current experience in our Church and national life. We seem to be leaving the time of enforced lockdown, soaring hospital admissions, distressing illness and death, and we approach a new phase where we can stride confidently into the future that God holds for us.

But for now, we are in neither place. We are in a Twilight Zone where the consequences of Covid-19 still heavily influence our lives and thinking, neither are we in the place of complete freedom and release through the wonders of vaccination. We seem to be in a kind of mid-place limbo where we are unsatisfied with our present and yearn to move forward, trying to forget the Covid-ruled recent past, and yet hanker for what we think we remember pre-Covid times were like.

It's a very strange place to be.

How are we to navigate through this somewhat unsettling time?

Firstly, we are not travelling alone. We have the support, prayers, and presence of fellow believers upon this journey.

It is this sense of togetherness and unity that characterises people's relationships when living through times like the present.

Also, God is with us.

Or, should that be that we are with God?

It's a subtle, but important difference. Do we assume that He walks with us, i.e. on our terms, in our way?

Or, do we walk with Him on His way, on His terms, walking the paths lesser trod. When Jesus came to earth He

took a path never trodden before, one that was exhilarating, challenging, world-changing, one which eventually led to His death.

In the Twilight Zone we find ourselves in we are walking a path lesser trod and we are finding our way step by step. There are some exciting times ahead, the selling of the hall to re-order St Leonard's to further meet the needs of the broader Seaford town community, the growing of our Children's ministry, the children's half-term holiday club and others. There are also the challenges of coming to grips with an annual £50,000 deficit that will not go away without a planned, concerted and radical response.

Some of these things may even be a little scary, but standing together, walking in His way, in His footsteps, the scariness may be akin to the feeling when you get to the top of a roller-coaster just as you tip over the edge. It's scary, but also exhilarating. Life with Jesus in those three years must have been a little like that!

None of these things will be world-changing, but some may be town-changing and our fervent prayer should be that what we do together as the Household of Faith will change individuals lives as Jesus is revealed in the midst of all that we do.

Chris's Catering

CATERING FOR ALL OCCASIONS

**AFTERNOON TEA • PARTIES • WEDDINGS
FUNERALS • DINNER PARTIES
MEALS DELIVERED DAILY (choose your menu)**

FOR A FREE CHAT ABOUT YOUR PERSONAL EVENT

CALL CHRISSY ON 01323 890096 or 07970 751839



Life And More Abundant Ministries

LAMA

LESLEY GOMEZ

Dear Friends,
Thank you for your constant encouragement and help.

We just celebrated our granddaughter's first birthday! Where did that year go?!

And now we are in the "ber" months, so Christmas music is already playing on the radio! ...*Christmas blessings to you all...!*

Yet, we are still in strict quarantine because Covid cases continue around us.

Fortunately, Peter he has been allowed travel to Tarlac, where he stayed with his sister Myra and Mother while he supervised the renovations to Wowie's family home quite near there.

He has been there more than 2 weeks with occasional visits here at LAMA House. There are several check-points to navigate and permits, Covid tests etc. Peter hasn't been vaccinated yet, the rest of our family had the Jansen vaccine. Still, we found it almost impossible to travel to Baguio last week, the first time in 2 years! We tried unsuccessfully to get my netbook repaired. Such a hassle I have decided not to go again, having passed through

three check-points, questionnaires, temperature checks, registering online despite having vaccine ID's. *Exhausting!*



Wowie lived at LAMA House for 12 years, his mother abandoned him at age 7 due to mental illness. He has special needs. He was a ray of sunshine all the years he was with us.

God wonderfully answered prayer when an aunt visited us to tell us she knew where to find Wowie's family. They have needed a lot of help but are doing fine with the help of another Aunt and the community officials. Peter visits often.



When we saw the state of their house, we promised to help renovate with funds left over from a previous 'disaster appeal' following a typhoon. It is typhoon season here now and it has been difficult to keep working but the house is up.

Here are pictures of the work done with £4000 and a carpenter and labourers from that area.



One of the main purposes of Life And More Abundant Ministries is to spread the Gospel of Jesus Christ, particularly in places where there is no church presence and among those living in extreme poverty. Peter is trying to link a local Pastor with them, after starting Bible Studies in the home of the carpenter. We pray the Pastor will catch the vision and continue to share the Gospel there, it is not an easy place.

We regularly provide groceries and clothing, blankets, etc. Peter dedicated the house last Sunday, the carpenter brought a friend who works as a chef to cook the special 'pancit' (traditional noodle dish). As is the custom, absolutely everyone came from the barrio to celebrate! We will be keeping in touch with them there and helping wherever we can.

Before the pandemic Michael, Simon and Ana (with LAMA boys) were bringing Worship to the Regional Rehabilitation Centre for Youth, where around 150 boys are detained on criminal charges. The Presence of God was tangible in the Chapel services, most of the boys responded to the Gospel, in God's Presence their souls were restored and bodies healed, court cases resolved.

The Centre Head noticed the difference this made and has asked Michael to continue the worship services virtually, we are not allowed to visit in person. With approval, they plan to expand this to DSWD Home for Girls in Agoo, and Home for Special Needs in Tarlac and other centres.

The DSWD in our region have begun to set up a Half-way Home for Children in Crisis, a Home for Women and Children escaping Domestic Violence and a Rehabilitation Program for Recovering Addicts where we also hope to bring worship and prayer ministry. We hope to reach more young people and children this way - when allowed to visit.

Many thanks for all you do, Peter, Lesley and family

SEAFORD

HEARING CENTRE



01323 899 655

4 Dane Road, Seaford BN25 1LL.

**Your local, independent
hearing care centre**

FULL DIAGNOSTIC HEARING TEST

4 STEP PLAN

- 1 - evaluation
- 2 - fitting
- 3 - follow up
- 4 - aftercare

WAX REMOVAL SERVICE

Exclusive LYRIC
24/7 invisible hearing

Hearing aid trial period

Extended warranties

Hearing aid repairs

Batteries & accessories

Tinnitus evaluation

Noise protection

Privilege Card
discount scheme

Home visits available

www.hearingcarecentres.co.uk



Geering Electrical

Certified Domestic Electrician

Dave Geering

07971 072115

geeringelectrical@gmail.com

Your local Electrician - No job too small

Interior and exterior lighting

Extra sockets. General repairs.

Energy efficient LED lights.

**Call Dave for a consultation &
estimate - 07 971072115**



Friends of
Eastbourne
Hospital

Help us help them help you

*Join us and help support
the Eastbourne DGH*



Thank You!

01323 438236

www.friendsdgh.org.uk
esh-tr.friendsdgh@nhs.net

**Do you need help or a
break in caring for your
loved one?**

Companion sitting
Night care
Help with personal care!

For details or a chat
please phone
07970751839

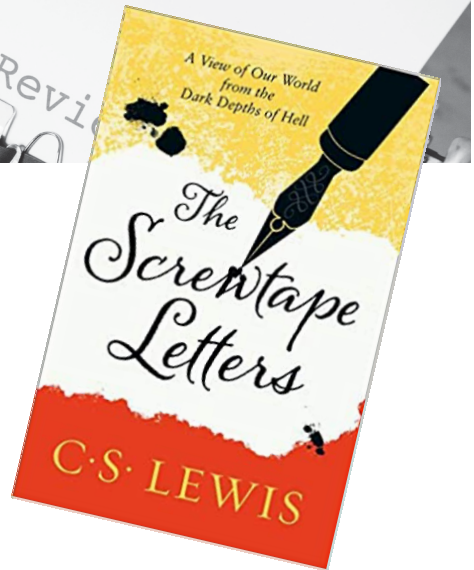
Book Review

‘The Screwtape Letters’ C.S.Lewis.

If you ever wanted to know how to train a demon to tempt, deceive and achieve the damnation of humanity this is the book for you!

It may be read in a variety of ways, as a light-hearted, whimsical look at the training of an apprentice demon (Wormwood) by his senior ranking Uncle Screwtape. Always amusing, sometimes ‘laugh-out-loud’ funny the story charts Wormwood’s progress via the letters of guidance from Uncle Screwtape – it’s great fun having to guess at Wormwood’s actions as we never see his written responses only Screwtape’s.

We may also read it as a tiny one-person battle in the great spiritual warfare that rages all around us in the heavenly places. It’s a battle that Screwtape, Wormwood, and ‘Our Father Below’ (Satan) have already lost as the ‘Enemy’ (Jesus) has already defeated them. A defeat that the demons have not accepted and so continue to oppose and undermine the work of Christ and the Church. The techniques used are revealed in the thoughts of Screwtape as he passes his experience and advice to lowly Wormwood.



Read like this we can put ourselves in the place of the human characters, then it reveals itself as a much more challenging and at times discomfoting read as we see ourselves mirrored in the story. Indeed, you may find some of the scenarios painfully familiar. The lessons contained here are just as valid and important for all believers today as when first penned in 1941.

In Screwtape, C.S. Lewis is by turns imaginative, dark, and playful as he reminds us of Paul’s words...

“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly places.” (Eph 6:12)



Macro Problem, Micro Solutions

Corrinne Lee-Philpot offers a few suggestions...

Looking at our deteriorating environment with rising CO² levels causing global warming, destruction of the world's rainforests, increasing wastelands due to over-farming, landfill sites the size of towns, I am desperately trying to 'do my bit', but...

Am I just re-arranging the chairs on the Titanic?

What difference can I make?

What about all those people that don't bother?

What about the huge environmental damage done by the likes of China, India, America?

And don't get me started on the people who use loads of plastic bags in the supermarket, buy endless plastic bottles of still water, or drop litter because they cannot tell the difference between a litter bin and the floor!!

Sometimes it all seems too much, too difficult, and too late. Cue drooping shoulders, a loud sigh, and head firmly resting in seemingly powerless hands.

Up until five years ago I worked in a large department store, M&S if you are interested. During my time working there we (the hard-working shop-floor staff) were sent to a motivational seminar. One of the things which I remember from that time (maybe the only useful thing) was a story about a person walking along a beach which was covered in starfish and, in the distance, he could see someone picking up one starfish after another and throwing it back into the sea. "Why are you bothering?" asked the first man, "There are thousands of them, what difference can you make?" "Well" said the second man picking up another starfish and throwing it into the waves... "It made a difference to that one, and again to another, and another..."

I find this such a powerful little story if ever I feel overwhelmed and feel that I am sinking under the enormity of a task, or when I look (not for too long I must say) at the huge environmental

trouble of the world – not to mention all its other troubles.

I have to remind myself that within that vast, disturbing, tormented and stormy picture are the little cameos, our own personal, individual little lives which we live out in this tiny, beautiful, little place in England called Seaford. Perhaps I have zoomed in on one individual who feels they are on the beach rescuing starfish.

OK, so what difference can I make? I'm sure we all ask ourselves that question a various times.

I am pretty sure that most people are aware of the general things like recycling, not wasting food or resources, re-wilding, re-using etc. Let's do what we can in those areas, there is a lot of information to be had out there.

Here are a few things that I myself have found helpful and also I suppose very specific to us in Seaford.

In 'Scoop and Weigh' Broad Street for example you can take your egg boxes to refill when purchasing eggs, and plastic boxes for refills of lots of different things like; nuts, muesli, sweets etc, the manager Julie is very pleased to help.

The 'Seaford Health Store' in Church Street will do refills of 'Ecover' washing up liquid and fabric softener and a few other such things – well worth checking out.

A couple of other useful tips to consider, try using the shower caps which are often given away in holiday

hotels instead of clingfilm to cover food bowls to protect the contents from flying insects – they are also reusable!

Or, how about using soap and shampoo bars instead of plastic bottled toiletries.

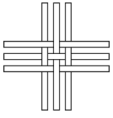
You can now buy toothbrushes (among other things) made of bamboo rather than plastic, these are becoming more widely available. If you do use plastic toothbrushes you can extend their life by cleansing them in your dishwasher with your other washing up.

If you have an interest in, or suggestions to share come and join the Eco-Church meetings that Lucy is arranging to address these questions, let's find a way together through this complex situation.

I feel that we can only live the one life that God has given each of us to the best of our ability, giving and receiving encouragement and laying our hopes and concerns before God in prayer. We can only live and be answerable to the Lord about our own, personal story (*no-one else's*) and the way we have written it.

I'll finish with the 'Stoics Prayer' which is dear to my heart.

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference." Amen.



October Calendar & Lectionary

| | | | |
|---------------------------|---------|-----------------------------|---------------|
| Sunday 3rd Harvest | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |
| | 6.00pm | Songs of Praise | St. Leonard's |
| Monday 4th | 7.30pm | Parish Women's Group | St. Luke's |
| Wednesday 6th | 12.30pm | Parish Lunch Club | St. Luke's |
| Friday 8th | 2.30pm | Mothers' Union | St. Luke's |
| Sunday 10th | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |
| | 4.00pm | Wholeness & Healing service | St. Leonard's |
| Wednesday 13th | 11.00am | Holy Communion | St. Leonard's |
| Saturday 16th | 1.00pm | Lunchtime Concert | St. Leonard's |
| Sunday 17th | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |
| | 3.00pm | Memorial Service | St. Leonard's |
| | 7.00pm | St. Luke's@7 | St. Leonard's |
| Monday 18th | 7.30pm | Parish Woman's Group | St. Luke's |
| Sunday 24th | 8.00am | Holy Communion | St. Leonard's |
| | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |
| Wednesday 27th | 11.00am | Holy Communion | St. Leonard's |
| Sunday 31st | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |

3rd October: Harvest Sunday

Reading: Psalm 126

Gospel: Matthew 6:25-33

10th October: 19th after Trinity

Reading: Hebrews 4:12-16*

Gospel: Mark 10:17-31*

17th October: 20th after Trinity

Reading: Hebrews 5:1-10*

Gospel: Mark 10:35-45*

24th October: Last after Trinity

Reading: Hebrews 7:23-28*

Gospel: Mark 10:46-52*

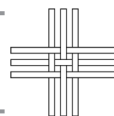
31st October: All Saints

Reading: Revelation 21:1-6*

Gospel: John 11:32-44*

**Denotes standard Year B Lectionary readings.*

November Calendar & Lectionary



| | | | |
|--------------------------------|---------|-----------------------------|---------------|
| Monday 1st | 7.30pm | Parish Women's Group | St. Luke's |
| Wednesday 3rd | 12.30pm | Parish Lunch Club | St. Luke's |
| Saturday 6th | 3.30pm | Messy Church | St. Leonard's |
| Sunday 7th | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |
| Wednesday 10th | 11.00am | Holy Communion | St. Leonard's |
| Friday 12th | 2.30pm | Mothers' Union | St. Luke's |
| Sunday 14th Remembrance | 9.30am | Holy Communion | Both churches |
| | 10.50am | Prayers at the War Memorial | |
| | 11.30am | Civic Service | St. Leonard's |
| Monday 15th | 7.30pm | Parish Women's Group | St. Luke's |
| Saturday 20th | 1.00pm | Lunchtime Concert | St. Leonard's |
| Sunday 21st | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |
| | 7.00pm | St. Lukes@7 | St. Leonard's |
| Wednesday 24th | 11.00am | Holy Communion | St. Leonard's |
| Sunday 28th | 8.00am | Holy Communion | St. Leonard's |
| | 9.30am | Holy Communion | Both churches |
| | 11.15am | The Meeting Place | St. Leonard's |

Parish Magazine Copy Dates

Items for the forthcoming editions of the Magazine are most welcome and should be sent to magazine@seafordparish.org.uk

December-January edition: Tuesday 16th November
February-March edition: Tuesday 18th January

7th November: 3rd before Advent

Reading: Hebrews 9:24-28*

Gospel: Mark 1:14-20*

21st November: Christ the King

Reading: Revelation 1:4-8b*

Gospel: John 18:33-37*

14th November: Remembrance Sunday 28th November: 1st Sunday of Advent

Reading: Micah 4:1-5*

Gospel: Romans 8:31-39

Reading: 1Thessalonians 3:9-13*

Gospel: Luke 21:25-36

SEAFORD & NEWHAVEN FUNERAL SERVICE



Turn to us for help and support.
In your time of need we will take care of all the
arrangements.

Rosemary Barker Dip FD

- ◆ Available 24 hours a day
- ◆ Memorial Consultants
- ◆ Provider of Dignity Funeral Plans ◆



Tel: 01323 893889

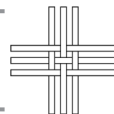
**22 SUTTON ROAD, SEAFORD,
EAST SUSSEX, BN25 1RU**



Part of Dignity Funerals Ltd, a British Company.

**Email: seafordfuneralservice@dignityfunerals.co.uk
Website: www.dignityfunerals.co.uk**

Regular Services



St. Leonard's Church

Sundays

8.00am Holy Communion (4th Sunday)
9.30am Holy Communion (also online)
11.15am The Meeting Place (also online)
7.00pm St. Luke's@7 (3rd Sunday)



2nd and 4th Wednesdays of the Month

11.00am Holy Communion

Saturdays

8.30am Parish Prayers (on Zoom) Meeting ID:731 3210 2295 and
Passcode: 1UWEx6

St. Luke's Church

Sundays

9.30am Holy Communion

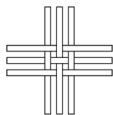


St.Luke's@7 on Zoom: Meeting ID 958 6190 8489 and passcode SL@7

For all the latest news and details of any changes please see the
weekly news sheet or subscribe to our news email at
www.seafordparish.org.uk/latest

Church Online...

www.seafordparish.org.uk/online



Parish Directory

Clergy

| | | |
|---------------------------|--------------|----------------------------|
| Revd. James Hollingsworth | 01323 893508 | vicar@seafordparish.org.uk |
| Revd. Derreck Lee-Philpot | 01323 893391 | dlp@seafordparish.org.uk |

Children, Youth & Family Missioner

| | | |
|----------------|--|---------------------------|
| Stefan Bracher | | cyfw@seafordparish.org.uk |
|----------------|--|---------------------------|

Parish Office- calls can be taken Monday to Friday 10.00am to 12.00 noon

| | | |
|------------------|--------------|----------------------------|
| Charlie Christie | 07391 787130 | admin@seafordparish.org.uk |
|------------------|--------------|----------------------------|

Lay Readers

| | | |
|---------------|--------------|--|
| Kate Ranger | 01323 899300 | |
| Wendy Ogilvie | 07779 248730 | |

Alan Thomas

Churchwardens

| | | |
|------------|--------------|----------------------------|
| Fred Bass | 01323 893054 | fred@seafordparish.org.uk |
| Lisa Hazle | 07889 183435 | lisah@seafordparish.org.uk |

Deputy Wardens

| | | |
|-----------------------------|--------------|----------------------------------|
| Janet Kent (St. Leonard's) | 01323 490050 | janet@seafordparish.org.uk |
| Paul Waller (St. Leonard's) | 01323 872088 | |
| Tony Gubbins (St. Luke's) | | lukedeputy1@seafordparish.org.uk |

Parish Treasurer

| | | |
|-------------------|-----------------------|--------------------------------|
| Stephen Gauntlett | Contact Parish Office | treasurer@seafordparish.org.uk |
|-------------------|-----------------------|--------------------------------|

Safeguarding Office

| | | |
|---------------|--|-----------------------------------|
| Ruth Saunders | | safeguarding@seafordparish.org.uk |
|---------------|--|-----------------------------------|

Hall Bookings

| | | |
|---------|--------------|-----------------------------------|
| Vacancy | 07391 787130 | hallbookings@seafordparish.org.uk |
|---------|--------------|-----------------------------------|

Magazine

| | | |
|--------------------------|--------------|-------------------------------|
| Distribution | 01323 892883 | David and Hazel Bramley |
| Editor: Malcolm Anderson | 01323 891252 | magazine@seafordparish.org.uk |

Thinking of Selling?

Book your **free**
valuation today



8 DANE ROAD, SEAFORD, BN25 1LL
INFO@SEAFORDPROPERTIES.CO.UK
WWW.SEAFORDPROPERTIES.CO.UK
01323 899779

Seaford Chiropody & Podiatry Ltd



HCPC Registered chiropodists

**Professional foot care for people, including those
with diabetes and poor circulation**

**Shoe measuring and fitting service,
Specialised shoes (up to 8e width) and hosiery**

**Clinic and home visits
01323 890430**

Care in your own home in the Peacehaven, Newhaven, Seaford & Lewes area

A realistic alternative to residential care



- Specialist care in the comfort of your own home
- Flexible care arrangements to suit your wishes
- All staff are trained, police checked & fully supervised
- Each customer has a named contact in our office
- Dependable, programmed care visits
- Full member of the UK Care Home Association
- Self-funded, Direct Payments, Individual Budgets and Social Services funded customers
- Experienced reliable live-in carers
- Dementia specialist team



tel: 01273 616494

email: lewes@bluebirdcare.co.uk

web: www.bluebird.co.uk