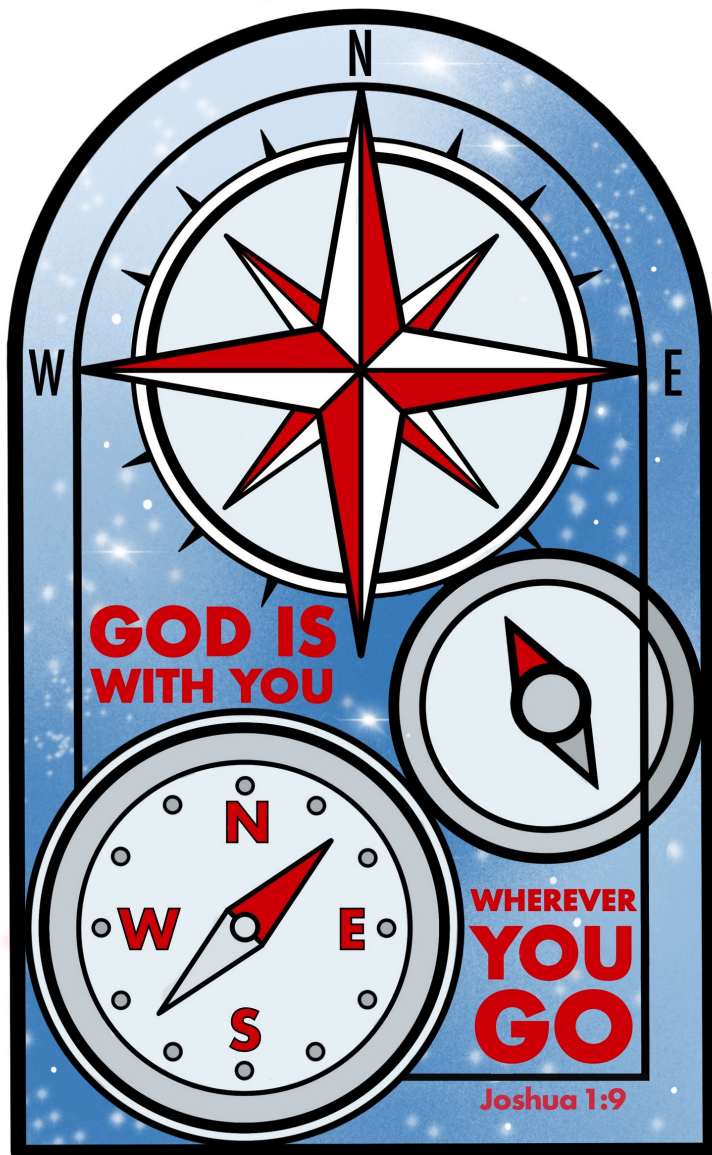


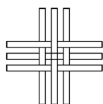
Parish Magazine

St. Leonard's and St. Luke's Churches



August-September 2026

Suggested donation **£1.00**



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Welcome

Ordinary - but challenging

In the church year, we are now well into that long season - it seems to go on forever - variously called 'Trinity' or 'Ordinary time'. Each of those labels tells us something about the approximately six months between Pentecost and Advent Sunday.

'Trinity' reminds us that with Pentecost, God has made Himself known to us in all His fullness (or at least as much as we can bear) as Father, Son and Holy Spirit. 'Ordinary time' tells us that this is the season where, now armed with the insights and power of the Holy Spirit, we can revisit the life of Jesus with new eyes, new heart, see new things in the faith and see new opportunities to serve God.

This is the time when those words of Jesus (John 15:15) 'I have made known to you everything I have learned from the Father' come into play. It may seem a long season, it may feel like the drudgery of 'Keep on keeping on' without the excitement of Christmas, Easter and Pentecost to lift our spirits, but it is ordinary time charged with the knowledge that we have everything we need in the resources of God. The love of the Father, the words and works of the Son and the power of the Spirit will energise us as we 'keep on keeping on' through this long season.

This long season up to the end of November is a reminder that working out our love for God in our community is probably more about perspiration than inspiration. Few are called to be heroes of the faith, but all are called to faithfulness, and somehow or other, with the transforming power of the Spirit, we are all able to keep on keeping on, doing little things with great love.

*Thomas Smith, Leysian Missioner at
Wesley's Chapel and Leysian Mission in London,
and a Methodist preacher.*

Parish News

St. Leonard's Building Project

Work continues in St. Leonard's to complete the toilet extension, kitchen installation, access ramp and Chapel refurbishment. Each week there's something different to spot!

If you would like to contribute to a particular part of the reordering please consider these:

- Five new internal doors with an average cost of £900.
- The extension block will be covered in insulation and flint. We will need 412 blocks each of which costs £86.
- The Ramp will cost £400 per metre, or if you like £40 for a full hand width!
- Decorating the chapel and the new block will each be about £3,200.
- Heaters will cost £600 each.
- Half a square metre of the Glass Partitions comes to £650 (the total will be £15.7k).

In the kitchen we need:

- A dishwasher (£1500),
- A fridge (£250),
- A microwave (£150).
- The units will cost £4709, so that's £80 per foot
- The servery itself will be about £10,000.

We also want to upgrade the AV technology in St. Leonard's including new screens and better quality cameras for livestreaming. This will cost in the region of £30,000. If you would like to contribute towards this specifically please include 'Tech Fund' with your donation so we can ensure it is allocated to this aspect of the project.

You can contribute to the costs of the work through:

- the jar at the back of St Leonard's,
- the contactless card reader,
- directly to the church bank account
- Through the Parish Giving Scheme or Stewardship .

Please write 'Reorder' or 'Tech Fund' as a sign to us to restrict this gift to the reordering. If you are a UK tax payer please do remember to Gift Aid your donation. Every little helps.



If you'd like to know more details about any of this please talk to Mark Gill or Rev. James Hollingsworth



Sundays 2nd, 9th, 23rd & 30th August at 11.15am near the Martello Tower

Parish Lunch

Parish Lunch meet on Wednesday 2nd September in St. Luke's at 12.30 for a home cooked 2 course meal and fellowship. We ask for a payment of £6.00 to cover your meal. For tickets and information please call either Sue on 07866483605. or Julia on 01323 895073.

There is no Parish Lunch in August.

Life After Loss

The next sessions will be on Wednesdays 5th August and 2nd September at 63 Chyngton Gardens from 10.00am to 12.00noon. Anyone who has been bereaved whether recently or longer and would like to join, will be welcome. For details call Diana on 01323 891749 or Chris on 01323 658309.

Coffee, Prayer Ministry & Communion

The next services of Prayer Ministry with Communion will be at St. Luke's on Tuesdays 11th, 25th August and 15th, 29th September at 11.00am.

Coffee will be available from 10.00am to 12.00 noon.

Mothers' Union

On Friday 25th September there will be a visit to St. Andrew's Church, Beddingham followed by Tea at Middle Farm. then on Friday 23rd October Diana Woodcock will talk about her ministry, everyone welcome. 2.30pm at St. Lukes.

The Mother's Union is 150 this year!

Two of our members attended a celebration service at St. Paul's Cathedral, along with MU members from around the world, to celebrate 150 years of Faith and Family. The service was led by the Archbishop of Canterbury.

Seaford Parish Women's Group

The Women's Group meet on Wednesday 12th August for Afternoon Tea in Arlington Tea Rooms and Monday 21st September for a Board Games Evening at St. Luke's.

Lectinary

August

Sunday 2nd: 9th Sunday after Trinity
Romans 9.1-5 and Matthew 14.13-21

Sunday 9th: 10th Sunday after Trinity
Exodus 2.1-10 and Matthew 14.22-33

Sunday 16th: 11th Sunday after Trinity
Exodus 3.1-15 and Exodus 4.1-13

Sunday 23rd: 12th Sunday after Trinity
Exodus 5.6-22 and Exodus 12.1-14

Sunday 30th: 13th Sunday after Trinity
Job 38.22-41 and John 1.1-18

September

Sunday 6th: 14th Sunday after Trinity
Psalm 148 and Romans 8.18-25

Sunday 13th: 15th Sunday after Trinity
Genesis 1.1-27 and Matthew 6.25-31

Sunday 20th: 16th Sunday after Trinity
Psalm 42 and Philippians 2.12-18

Sunday 27th: Harvest Festival
Deuteronomy 28.1-14 and Luke 12.16-31

Parish News

Caring for our Environment in Seaford Parish Churches

We have a new group. It's called 'SAINTS' which stands for Saints Action in Nature Team. So far, we have run an event called Churches Count on Nature, looking at plants, birds and minibeasts that are present in St Leonard's Churchyard.



We were blessed with great weather, and it was really good fun- for those of a younger age who came and looked at and identified bugs, as well as for the rest of the age span. If you missed it this year, do look out for it next Spring! Perhaps the best thing was joining up with Seaford Natural History Society and Seaford Action for Nature, who were a massive help in identifying species. In all, we identified 52 different plants in the churchyard, which was amazing: who knew there was such a variety of plants there, all telling their own story of God's wonderful creativity. The data has gone off to God's Acre, who use the



information to get a snapshot on biodiversity across the whole country.

The next step is to focus our services from 30th August to 20th September on "Creationtide": a time to celebrate God's creation, God's big plan for renewing the whole world, and to consider our part and responsibility in that. As an introduction to that focus, we are planning to show the film, "The National Emergency Briefing" in St Luke's on Sunday 9th August at 3.00pm. All are welcome and we will have some folk to quiz on the film there as well. Posters and fliers will follow soon.

We are a small, friendly group, and looking for others to share in fellowship along with creation care. If you are worried about the climate crisis, love wildlife and nature, enjoy gardening or are a 'twitcher', please do get in touch. You could call me 07890 265585 or find me in either of our churches one day and chat.





2026 LINK TO HOPE SHOE BOX APPEAL

It's time to start thinking about filling a Shoebox that will be distributed to a family or an elderly household by Link to Hope.

The Link to Hope Shoebox Appeal 2026 brings practical help, dignity, and hope to families and elderly people living in poverty across Ukraine and Eastern Europe — not just children. Each shoebox supports an entire household or an elderly person facing isolation or hardship.

Every shoebox contains a carefully selected mix of practical and thoughtful items for all family members, including toiletries, stationery, family games, gifts for mum and dad, sweets, soft toys, and seasonal essentials such as hats and scarves — each one a message of care and compassion.

Running since 1992, the Link to Hope Shoebox Appeal has sent over 1.1 million shoeboxes to hundreds of locations, supporting communities affected by poverty, conflict, and economic hardship.

The appeal is simple to take part in, with individuals, families, schools, churches, businesses, and community groups all playing a vital role to help transform lives across Ukraine and Eastern Europe — one shoebox at a time.

Link to Hope deliver shoeboxes to some of the poorest people in Ukraine, Moldova, Bulgaria, and Romania, reaching families and elderly people living in poverty across Eastern Europe. Unlike many other shoebox appeals, they provide shoeboxes for entire families and older people, not just children, so that no one is left out. This approach helps ensure dignity, inclusion, and practical support for everyone in the household.

Link to Hope are a small but well-established UK charity, who carefully deliver each shoebox. They take transparency seriously and carry out spot-checks to help ensure that shoeboxes reach the right people. Above all, they believe that sending a shoebox is a way of sharing care, kindness, and hope from people in the UK to those living in poverty or conflict, given freely and without discrimination, regardless of background, colour, creed, or religion.

There are leaflets available in both churches for you to take away which provide you with a list of contents and instructions. Charity shop finds in good condition are as acceptable as new. Hats and gloves or scarves can be bought or hand knitted. Perhaps join with a friend and fill a box together. We will need the boxes returned to church by the end of October.

My Walk with God

Janice Bartholomew



I've been thinking about my faith journey which began in childhood and continues now today. It hasn't been marked by one life-changing moment but rather it has grown gradually with some more significant moments that have stayed with me over many years.

Growing up near the sea, in West Sussex, I spent a considerable amount of time on the beach. I don't have siblings, but I had lots of cousins to share with in building settlements in the sand or to swim with - although I was equally happy alone watching the tide coming and going. I certainly wasn't pondering life's big questions but there has always been something very special about living by the coast. The sea has had a way of reminding me that there is something much bigger than ourselves.

Whatever is happening with the sea I find that watching it for a while generates some space and the space helps to connect with God.

On Sundays my parents took me to church which, as far back as I can remember, was a familiar and comfortable place. Sundays gave me a sense of belonging and stability long before I understood what faith really meant.

I was confirmed at St. Richard's church in Aldwick shortly before my tenth birthday. That seems remarkably young and although I felt the seriousness of

the occasion, I'm pretty sure I didn't fully understand the promises I was making at the time. My faith was my Mum's faith and my parent's example. I certainly hadn't yet discovered what I believed for myself.

That came much later and was significantly fuelled by participation in a pilgrimage to Taizé in 1985. More about that another time. As I encountered new experiences and began asking my own questions about God, I came to understand that my faith doesn't need to be about having all the answers. Instead, it was about discovering God, who is present with us through every stage of life, inviting me into a relationship, rather than simply asking me to accept a set of rules and beliefs.

My confirmation was a point on my lifelong journey of faith. God had been at work all along, even when I wasn't aware of it. The seeds planted by my parents, my church family and those Sunday mornings were quietly taking root.

I'm grateful for that gentle beginning. It reminds me that faith often grows slowly, nurtured by love, encouragement and God's endless patience. We all travel at different speeds, but God walks with each of us wherever we are on the journey.

Lunchtime Concerts 2026

2026 sees the nineteenth series of Saturday Lunchtime Concerts at St. Leonard's Church. Since 2007 there have been 176 concerts from a range of accomplished musicians. The concerts remain free and self supporting by the donations given at the end of each concert by the generous audience.

Saturday 15th August at 1.00pm **D'Arcy Tronkwon (organ)**

D'Arcy is celebrated for his artistry, flair, and commanding presence at the organ. His performances in international celebrity series and festivals captivate audiences around the globe and have established him as a worldclass artist and received outstanding acclaim. This season, he returns to Seaford for his 10th recital, a milestone appearance that promises to be both inspiring and exhilarating.

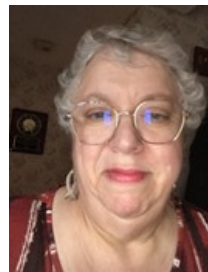


Saturday 19th September at 1.00pm **Julia Kemp (soprano) & Rosemary Kemp (piano)**



Julia Kemp, former choral scholar of Trinity College, Cambridge, currently teaching Music and singing with the New Cambridge Singers and Vox Cantab.

Rosemary Kemp, scholarship pupil and prize winner at Royal College of Music, London, taught piano and keyboards in East Sussex and Brighton & Hove prior to retirement. She still plays locally.



Coming Up...

Saturday 17th October: The Hammig String Quartet

Saturday 21st November: Adam Heron (piano)

Celtic Saints celebrated in August & September

Derreck Lee-Philpot

Oswald (605-642) August 5th

Oswald is best known for bringing Christianity back to Northumbria. When his father, King Aethelfrith, died the throne was taken by Edwin, his uncle, and 12-year-old Oswald fled to Iona. He remained there in safety until Edwin was killed and Oswald returned and claimed his kingdom for himself. He became part of the monastic community, trained by the saints of Iona to follow the old paths and those who had learned Christ's ways long ago. Thus Oswald found himself praying for God's guidance and timing.

Soon the difficult decision was made: Oswald would return to Northumbria, reclaiming his throne and crown and heritage by battle. He would bring an end to years of fighting and division, giving life back to his people. He planted a wooden cross in the good ground of Heavenfield, setting it up as a waymark. Then he and his companions knelt together at the turn of the road, at the foot of the cross, and prayed. Oswald won his kingdom back and set about uniting Northumbria in peace. The victory in the Battle of Heavenfield made many ask questions about the God of the Christians, whom Oswald served, and he sent messengers to seek missionaries from Iona to bring the Christian message back to his kingdom. Unfortunately the mission failed, and those involved returned to Iona.



St. John's Cross, Iona

Nevertheless, Oswald continued to pray and trust, and it wasn't too long before Aidan came with a band of helpers, and a very different attitude to the task. Oswald gave them the tidal island of Lindisfarne as their base, just across the water from his own stronghold at Bamburgh. He himself joined in the mission, going along willingly to interpret what Aidan was saying (imagine a King acting as translator for a Christian missionary!), since the Northumbrians did not understand the Gaelic Aidan spoke. Under Oswald the Kingdom of Northumbria is said to have spread out

to its greatest ever extent, reaching the Firth of Forth to the north, the Irish Sea to the west, and the Rivers Trent and Humber to the south.

Oswin (?-651) August 20th

A Christian king of the southern part of Northumbria known as Deira, Oswin was 'a man of handsome appearance and great stature, pleasant in speech and courteous'. He was a great friend of Bishop Aidan (see August 5th and 31st) and tried to give him a horse to speed him on his journeys. Aidan gave the horse away to the first beggar asking for alms! Oswin was not happy and chided Aidan, saying that he could have given a less important beast to the beggar. Aidan challenged him, asking if the foal of a mare were more important than a child of God. Realising that he was referring to the beggar, Oswin agreed and sought Aidan's forgiveness.

Oswin was assassinated on the order of his cousin, King Oswy, who wanted to be king of all Northumbria. Aidan was heart-broken at his death, and in time Oswin came to be revered as a martyr. The sites of twelve monasteries, including Whitby, were given by Oswy, hoping to make reparation for the killing!

Ebba (?-683) August 25th

A sister of Oswald (see August 5th) and Oswy, kings of Northumbria, Ebba probably married into the royal house of Wessex. She was widowed and returned to Northumbria, where she became a nun. She was consecrated by Aidan (see August 31st) and lived at the monastery at Ebchester near Newcastle. Later she became the founder and abbess of a double monastery at Coldingham, situated on what is now St. Abb's Head, which was

subsequently named after her. The land was given to her by her brother Oswy as an offering which he hoped would help to atone for his murder of Oswin (see August 20th). She ruled there for thirty years, but not very strictly; so when the abbey burned down soon after her death in 683 it was seen as a judgement on the prayerlessness of the remaining nuns and brothers. Nevertheless, Ebba is described by Bede (see May 26th) as 'a pious woman, and a handmaid of Christ'.

Aidan (?-651) August 31st



It was a long journey from Iona to Northumbria, but Aidan had brought it on himself. When King Oswald (see August 5th) had invited Iona to send someone to declare the love and truth of Christ to his people, Cormac had been sent, but after a few months he returned home complaining about the stubborn, uncivilised people he was supposed to serve. Aidan quietly enquired if he perhaps should have spoken more gently to them, giving them the milk of the Gospel as to small babies. As he spoke in this fashion, he should not have been surprised when

those around him said, “Well, you go and see what you can do”. Aidan was welcomed by the King and given the Holy island of Lindisfarne – Aidan’s own choice – as a base for his activities. He valued its peace and solitude when the tide was in, cutting it off from the mainland; and also the ease with which he could travel across when the tide was out, to consult Oswald in his royal castle of Bamburgh, just across the water, and to teach and preach among the people.

Full of the inspiration of the Wild Goose, the Spirit he had encountered on Iona, Aidan was keen to encourage Oswald to set an example as a Christian monarch. On one occasion he joined the King for the Easter feast and many splendid foods were set before them on solid silver dishes, while outside a crowd of hungry, destitute people pressed at the gate, asking for food. Oswald ordered that the feast should be taken to the people and the silver dishes be broken up and distributed among them. Aidan, in his delight, grabbed hold of the King’s hand and raised it up, declaring, “May this hand never perish.” After his death, Oswald’s hand was preserved in a silver casket at Bamburgh.

Aidan started a school for English boys, training them to be priests, so that Northumbria would not be dependent on Ireland or Iona for its ministers. Among his pupils were Boisil of Melrose (see July 7th), Wilfrid (see October 12th) and Cedd (see October 26th). Aidan also redeemed many children from being sold into slavery and educated them. Aidan lived simply and was not keen to follow the example of the people of rank, with their riches and their horses. He walked

everywhere so that he could speak directly to the people he met, without appearing to be high above them. When Oswald’s successor, Oswin (see August 20th), gave him a horse, thinking to ease Aidan’s travelling, he gave it away to a beggar who asked for help, along with its saddle and bridle. Oswin was not happy and chided Aidan, saying that he could have given a less important beast to the beggar.

Aidan challenged him, asking if the foal of a mare were more important than a child of God. Realising that he was referring to the beggar, Oswin agreed and sought Aidan’s forgiveness.

Matthew the Apostle (1st century) September 21st

The Celts of old shared the Eastern Orthodox position and remembered Matthew on November 16th, but his modern feast day is Sept 21st. He is traditionally recognised to be the writer of the Gospel which bears his name and is identified with Levi, son of Alphaeus, a tax collector from Capernaum. In the Gospels the phrase ‘tax collectors and sinners’ is commonly used to encompass those who are despised by respectable Jewish society. To some extent the tax collectors deserved this treatment: they worked for the hated Roman occupying power and often took more than the Government demanded in order to line their own pockets. The story of Zacchaeus, a chief tax collector, told by Luke, gives some indication of the feelings against them. Also, when Jesus chose to eat at Matthew’s home the religious leaders saw it as a questionable thing to do, but Jesus expressed his mercy for Matthew and those like him.

Matthew was with the other disciples on the Day of Pentecost, but then disappears from the Biblical record. He is said to have remained in Judea and told the story of Jesus to the Hebrew people for fifteen years before visiting other countries to spread the message. Islamic tradition declares that Matthew and the Apostle Andrew took their message to Ethiopia. Some traditions hold that he was martyred for the faith. In Christian art, including the Lindisfarne Gospels, Matthew is given the symbol of the winged man.

Michael and all angels September 29th

In pagan times it was believed that the great sea god Manannan (in the northern Celtic lands) or Manawddyn (in Wales) defended the people from evil on land and on sea and guided the souls of their dead across the sea to the land of light. It was not a big step from this for Christian Celts to embrace Michael, the 'Prince of Light' who defends God's people against the devil and guides their spirits to heaven. His feast reminds us that we live in 'this vale of sorrows' – in a place of spiritual conflict between heaven and the powers of darkness.

Perhaps because they are physically close to the skies, high places have been seen by Christians as strategic sites to claim or capture. In such places believers stand against 'the prince of the power of the air' – the fallen angel Satan. Michael and all good angels are called on to contend on our behalf.

All over Celtic Britain, Ireland and Brittany, there arose many dedications to Michael, including St. Michael's Mount, Mont St. Michel, Skellig Michael, the parish of Michael on the Isle of Man, the church on Glastonbury

Tor of which only the tower remains, and many other churches. Some of these are on hills and other high places; some are by the sea, over which Michael was said to carry the souls of the dead safely to the Kingdom of light. Thus Michael is seen to be important at the time of dying, contending with the Accuser. This explains Michael's frequent occurrence in the orally transmitted prayers and invocations of the Hebridean people, among others. This idea of Michael as the receiver of the souls of the dead is also reflected in the Afro-American spiritual 'Michael row the boat ashore'.

He is the patron saint of Cornwall and is also linked with St. George, his earthly counterpart in slaying dragons, symbols of the devil.

If the Accuser reminds sinners of their past, Michael teaches us to remind the enemy of his future!



Celtic Cross on Lindisfarne, next to chapel and priory.

Book Reviews

James Hollingsworth and Derreck Lee-Philpot



Awaken: The Lord is doing a new thing by Anne Calver & John McGinley

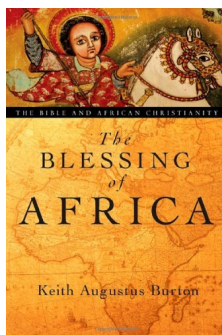
This is a very simple book calling the Church to awaken her curiosity. The solution is not to be found in programmes but in grasping our

calling. “If you want to build a ship, don’t drum up people to collect wood ... but rather teach them the endless immensity of the sea” (a quote from Antoine de Saint-Exupery d1944). We do this by crying out to God, seeing ourselves in the Bible, being open to the supernatural; and to repent of the pride that blinds.

Blaise Pascal (d1662) French polymath secretly sewed into his jacket his own conversion: “Fire! God of Abraham, God of Isaac, God of Jacob, not of the philosophers and scholars, God of Jesus Christ! Joy Joy Joy! May I never be separated from Him.” Would that we all sewed into our jackets such a reminder of our conversion. Surely he was reminded of that joy every time he wore his coat. So, we are called to make our whole lives an act of worship. Let love be at the heart of everything.

It’s a great book for a Home Group or some friends to read and then come together to chew over. There are questions at the end of each chapter.

John tells the story of David Livingstone (I presume), who he describes as a medical missionary, who found himself desperately praying for protection one night. Livingstone finally preached the gospel to the chief who had threatened to kill him. After the chief had come to faith in Jesus, Livingstone asked him why no one had come to kill him that night. The chief told him that they had come but they had found thirty-nine giant warriors surrounding his compound. When Livingstone returned to his home church, the service register showed that there had been 39 people at the prayer meeting that night. JH



The Blessing of Africa – Keith Augustus Burton, IVP Academic.

Don’t bother. I know that sounds really rude and I can see that the author has worked really hard and I couldn’t possibly write a book as

good as this but. His opening chapter

explains how quite unashamedly he will refer to the land of Cush, Misrayim and Canaan all the way through. Now if you're sufficiently biblically literate then you'll be fine but clearly I'm not so I found the book hard work.

The other problem I had with this book is that the 3rd part explores early Christian heresies (I know this bit) and it left me disappointed. If he'd handed it in as an essay, it would pass but I wanted a more North African angle on the struggles.

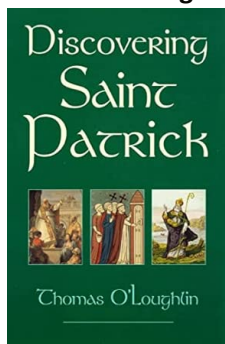
I had hoped that the whole book was going to be on how the gospel had remained in Africa and gone south. It didn't just bounce up into Europe and wait for a thousand years before the white missionaries came to the African Continent. He gives some tantalising morsels about the church in Nubia even after the 'Islamic absorption' (p128). He suggests that some of the success of Islam can be seen by comparing its graspable simplicity versus the in-fighting of Christians making their doctrines ever more ridiculously complicated (I think he has a point: Monophysitism would be one of the simpler variations). I didn't know that Mary is the only woman named in the Qu'ran.

The Portuguese Roman Catholic slave trade started up in 1520, though slavery in Africa had been going on for centuries before through eastern Islamic slave trade. Burton concludes that to some chiefs this was simply opening up another (western) slave market. He is right to berate British arrogance having brought slavery to an end when you consider how very slow our Parliament was to abolish it.

His conclusion is full of hope. Burton notes that by 2003 there were 360m Christians in Africa. A quick google suggests that that figure could be over

600m by now. I pray that that is true, and perhaps that they might send some to be missionaries here. JH

Discovering Saint Patrick by Prof Thomas O'Loughlin



"I am Patrick. I am a sinner ... I am the son of the deacon Calpornius, as he was the priest Potitus who belonged to the village on Bannavem Taburniae". So begins The Confessio of St.

Patrick. I loved this book because it was written by the professor who took me through my MA so I'm prejudice. O'Loughlin writes without the usual poetical guff that scholars feel the need to flower their research with.

Dating Patrick turns out to be more complicated so whilst most want to have Patrick arriving back in Ireland in 432AD. Loughlin pushes for 450+. This is after his capture from somewhere in England (no one knows where the village of Bannavem Taburniae was), his time in slavery, his escape, return to his parents before then going off to France to get ordained to be the Missionary Bishop for Ireland.

Please take note of three things. Firstly the extraordinary working of God's grace on his life. Yes the awfulness of slavery, but the gift of forgiveness that transformed Patrick and brought him back to this dangerous land.

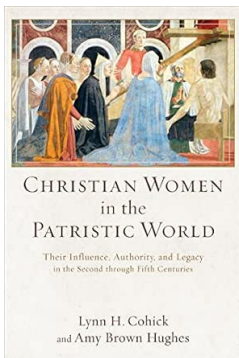
Secondly, note that Patrick doesn't plant churches with parishes and buildings. His mission across Ireland left plenty of Christians, left a handful of monasteries (a completely different model of Church to what you and I are

used to). It's good for us to remember that our way of doing Church isn't the only or the right way.

Thirdly, please be grateful to the Irish Saints. There are plenty of them but without Patrick they wouldn't have set sail for Iona and started the mission in the North of England, all long before the Roman monk Augustine had brought the Gospel to Canterbury (597). We today are beneficiaries of these Irish evangelists preaching and praying through so much of England. Thank you Lord for them. JH

1066 And All That. Sellar and Yeatman.

This book was a Good Thing in the 1930s. I roared with laughter when I read it in the 1980s but I realise now that I need to know my history of England quite a lot better than I do to find it funny on every page. I think I will stick to reading Horrible Histories or Nick Page's A Nearly Infallible Guide to the History of Christianity. You'd be welcome to borrow my copy. JH



Christian Women in the Patristic World by Lynn Cohick and Amy Brown Hughes

This is a fabulous book. Its very unlikely you'll find yourself having to write an essay for which this will be useful. So, you need to already

have a desire to delve deeper into the likes of Thecla, Monica and Macrina (these are the more well-known names). This is less a history book about what they did and more an in-depth reflection on their influence on the Christian zeitgeist of the early Church to

5th century. Here we find that Helena (mum to first Christian emperor of Rome, Constantine) was an ordinary woman working in the stables before she married Constantius. She later built the Churches of the Holy Sepulchre in Jerusalem and of the Nativity in Bethlehem.

Thecla was a fictional disciple of Christ. The stories of her faith, commitment, miracles, teachings, showed that the Christians of 150ad-250ad had rejected the patriarchy of the Greek/Roman culture and her work may well have been the first prose we have written by a woman in Latin. I'd suggest you start with The Acts of Paul and Thecla. JH



Meditations by Marcus Aurelius

Marcus Aurelius? Never heard of him!

That's not surprising, unless you are a Roman historian or Classic scholar... no? Me neither!

So, a quick refresher. Marcus Aurelius (26th April 121-17th March 180) was Roman Emperor from 161 to 180 and a Stoic philosopher. He was a member of the Nerva–Antonine dynasty, the last of the rulers later known as the Five Good Emperors and the last emperor of the Pax Romana, an age of relative peace, calm, and stability for the Roman Empire lasting from 27 BC to 180 AD (thank you Prof Google!)

He never intended to write a book.

'Meditations' is simply that, a series of thoughts committed to paper as he reflected upon life from a Stoic

perspective. They were intended solely for his own use, for his own guidance and self-improvement, to remind himself to stay focused on virtue, accept the natural order of the universe, and manage the stresses of leadership.

He never meant his jottings to be published, and that is what makes them so appealing.

They are not polished or honed writings, just a series of notes, some a sentence, some a paragraph long, sometimes linked thoughts, often individual musings. But all of them focus upon the 'inner person and how that person should live. They are the thoughts of a person placed into power against their will and how to live with the stresses and strains of such a life

Meditations is not about being

Emperor and how difficult that might be. It is how to live rightly, whoever you are, wherever you may be.

I often found it took days to get past a single page. Not because it is a tough read, but because his questions prompt questions and reflections of my own.

This is not a racy read, or an action thriller, it is a slow burn which takes time and quiet to appreciate and get the most of.

It is also quite challenging as you are not spoon-fed in the journey, but met with a series of statements and then left to work through them at your own thoughtful, reflective pace.

Find a quiet place, a flask of tea, a plate of your favourite choccy biscuits and enjoy. DLP

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Ten years in the life of Seaford Parish, a retrospective...

Derreck Lee-Philpot

At 7pm May 19th 2016 I was formally licensed to the Parish of Sutton-cum-Seaford as Associate Priest. It was a highly charged service of commitment, taking vows and oaths of allegiance to both Queen and Bishop. They were not lightly taken, and that service along with the interview on 21st Jan 2016 was what my time here at Seaford was built upon. Both the interview and the service address by Bishop Peter Wheatley were focussed upon the topics of change and growth.

I got the call from +Richard (now of Hereford) the day following my interview. It came right in the middle of a service in a residential care home chapel! Unfortunately I hadn't put my phone on 'silent' and the not so subtle strains of the 'Ride of the Valkyries' were heard in the midst of the intercessions! I am not sure what the elderly residents thought, or even +Richard as I ignored the call, only returning it after the service when he offered me the post on behalf of the parish. And so it began.

I trust I have met the aims of my appointment, change and growth. Change in the sense of transformation as a result of meeting and having an ongoing relationship with Jesus, and growth as a result of walking closely with Him and as a consequence knowing Him more.

The one big inhibitor to this must be the

awful years of the Covid19 pandemic and the repeated lockdowns. The first lockdown of early 2020 hit at the worst possible time. In November 2019 Rev Paul Owen had announced he was retiring and leaving the parish the following January. That Christmas and New Year of 2019/20 was a bittersweet one as we said goodbye. We had recently lost our youth and family worker so there were fewer 'hands' to cope with a very lively busy parish.

We had only just got used to the interregnum (vacancy) when Stefan arrived as our new Children Youth and Family Pastor with wife Alice. Their arrival was the fulfilment of plans made before Rev Paul's leaving. As Stefan arrived C-19 was making itself felt and a few restrictions were now in place, on 17th March I met with the Churchwardens to finalise the arrangements for Easter services to work around the restrictions. Then, at 5pm that evening, the Prime Minister announced that there would be a complete lockdown of the country and emergency legislation would be passed in Parliament. A week later we were in lockdown, not meeting friends, churches closed, only essential services functioning, a very dark time.

Funny thing about the lockdown, I don't think I ever worked so hard, and I wasn't alone. The two churchwardens, Fred Bass and Bob Carrington both

worked like Trojans keeping in touch with folk, homegroup leaders kept tabs on their groups. There must have been countless hours spent on the phone.

Then there was Stefan, who came to be a children/family worker, and ended up as director/producer/cameraman/editor, using his past film and media skills to produce DVD, YouTube uploads, getting 'services' out to people. I did services in my bedroom, garden, porch, nowhere was off-limits! People did readings, and intercessions from their gardens, John Baker recorded organ music from home. The 'Pastoral Letter' was born at this time, and is still going strong with multiple contributors.

Stefan went beyond all that to take a leading role in SVET (Seaford Volunteer Emergency Team) delivering food, essential medication and support for the vulnerable in town assisted by others in the church. It was a truly bonkers time, a dark time for many, but a time when so many people worked so hard to keep the church community together. It was exhausting, that year I only took 17 days leave. I'm not complaining, but it is (I believe) a reflection of many in the church who committed 'above and beyond' that year to whom we should be grateful, as without their efforts coming back into church would have been so much harder.

There are others too that hold in my memory. Our beloved Rev Pauline Lucas who was taken to glory so dramatically and unexpectedly. With her down-to-earth manner, raucous laugh, and open heart she was a joy to work with in my early years. There were others, like Lionel Rolfe who seemed to live forever and reached an age that I aspire to! In

his time he wrote regular parish magazine articles on the 'Great Verses of Scripture' with a delightful insight. Bertie Keenan is another that made an impression, his constant encouragement was a delight and his exhortations as he left St Luke's on a Sunday morning of 'Keep on keeping on', or, 'Preach the gospel, Preach the truth' still echo in my ears some Sunday mornings. He took his own advice, even near the end in a care home he constantly told the staff about the glories and wonders of his friend and saviour Jesus.

In the Parish we have always been blessed with a wonderful group of PTOs, some of those here when I arrived are still ministering and it is a delight to experience. Readers (LLMs) too offered faithful service of preaching, pastoral care and prayer/healing ministry. It is wonderful that we also have a recent tranche of retired priests (now PTOs) that are becoming increasingly involved in the life of the parish. At times at St Luke's I have found myself preaching to as many as seven PTOs in the congregation – I sometimes feel I am going to be 'marked' (a-la-Strictly) at the end of the service!!

We also have three Authorised Lay Ministers (ALMs) that have or are being certified in various portfolios and all looking to serve the parish. In addition, we have our curate in training Carole and more recently self-supporting Associate Priest Janice, both I am sure will continue the example of service set before them.

After much hard work by Churchwardens and others, the process for finding a new incumbent was complete in Spring 2020 and following

interviews James arrived and was licensed on the 24th Sept 2020. This was the period of facemasks in church, but at least the churches were open for use!

With Stefan now able to take on his role properly the work amongst children and families has grown apace. Holiday Club, that week of joyous, noisy, exuberance began in October 2021 with 'Razzamatatz Robots' and Holiday Club has been a fixture ever since.

Children and their families have played an increasing part in St Luke's over the years. And the fruit of our labours is becoming more evident. Alpha Courses, daytime Alpha Courses for those 'Tots families' who couldn't attend evenings, Youth Alpha, have all brought a harvest of baptisms (adult and youth/child) and confirmations, they have been a joy to experience. Our attendance at New Wine, May Camp, and this year's weekend away, Church Together, continue to thrive.

In the background determined moves were made to develop the Parish vision (from before my time) of an internal re-ordering of St Leonard's to update facilities. Driven by James, assisted by multiple others to bring the vision to fruition. We have started to see it now take shape and hopefully finished in September. With the new facilities we will be able to have a Sunday School in St Leonards in the upgraded Holy Spirit Chapel. The congregation at St Leonard's will then face the question of whether actually having a Sunday School is just a nice idea, or whether we are ready for the changes that come with children's involvement in a Sunday service. Something which St Luke's have already done and have seen the fruit.

I have probably missed some events and people out of this retrospective look at parish life - but it has been a decade and if you do feel you have been missed out please forgive me.

Since the first day Corrinne and I arrived we have felt a wonderful sense of welcome, there were some who said they didn't expect a priest like me, a few even made it clear that they didn't want a priest like me! But that is to a degree to be expected we are not all the same, and I trust that over the last decade through all that has happened I have overcome some of the reservations of the few, because we have had a wonderful time with the many of you that have become friends as well as parishioners. It has been a privilege for Corrinne and I to share your lives through good times and difficult times this past decade, we wouldn't have wanted to be anywhere else, with anyone else.

Lastly, looking back to that interview in January 2016, it is my hope that I have fulfilled the mandate given in that interview panel that I might be a catalyst bringing change, transformation and growth to both individuals and the broader church community. I believe I have both preached and demonstrated it consistently. If not, there is still time!

We are not going anywhere, we have now moved into 'Heimat', 53 Alfriston Road, Seaford, BN25 3QD, phone 01323 420021 and are getting settled. I have been granted a PTO, so after a short break through July I shall be back on the rotas from August after returning from New Wine.



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Bygone Church Press

Seaford.

SERIOUS ACCIDENT.—An accident occurred at the Church, Seaford, just before eight o'clock on Sunday morning, when Mr. George Simmons, the vergier and sexton, received severe injuries. Having opened the church and made his preparations he proceeded to toll the bell for service, which is done from the floor of the sacred edifice, a rope being attached to the proper bell-rope in the ringing loft. On the Saturday evening the bells had been rung and were left "up." It has always been the custom that when the bells were left in this position, one should be lowered and the rope from below attached ready for tolling, but on Saturday evening this was not done. Simmons accordingly on Sunday morning went to the ringing loft and fastened the rope to the seventh bell, but did not notice that all the bells were in position for ringing. On coming down below he proceeded to toll and for this purpose placed his foot in a loop at the lower end of the rope. No sooner did he pull than the bell came round with a heavy swing, and, being unprepared, he was lifted up by the rope for some distance and then precipitated to the floor, falling on his back with considerable force. On the accident being perceived, assistance was obtained, and Simmons was carried to his residence. Medical aid was at once obtained and Dr. Morgan, on examining the sufferer, found that no bones were broken though the spine was injured. Only a very short time since Simmons had much trouble and anxiety as two of his children met with accidents and broke their legs, while a third had her arm broken. The accident that has now happened to the head of the family is even more serious, and he has the heartfelt sympathy of all in his afflictions.

From the Bexhill-on-Sea Chronicle, 5th May 1888

A series of extracts from newspapers of the past, some serious, some amusing, some inspirational.

2026004



Prayer Diary

This prayer diary offers a focus for personal and corporate prayer

I will lift my eyes to the hills. From where does my help come from? My help comes from the Lord who made heaven and earth. (Psalm 121: 1&2)

Please pray for our Mission Partners

LINK TO HOPE

- For a good response to this year's Show Box Appeal
- That gifts for the boxes will be thoughtfully collected and returned to our churches on time.
- Those who pack and transport the filled boxes for Ukraine, Moldova, Romania and Bulgaria.
- For those who have been helped by Club Link's Emergency Funding;
Victoria – emergency Caesarian
Maria – received a food parcel having not eaten for two days
The Viallie family given accommodation when they were left homeless
Andrej – treatment when he was diagnosed with cancer.

LAMA – Life and More Abundant Ministries

- For the Gomez Family as they mourn the unexpected loss of Peter's older brother, Ely including their 103 year old Mum.
- Thanks that the ministry team have permission to go into the Home for Girls in nearby Agoo where there are 37 girls in Protective Custody (most have been sexually abused or exploited) Pray His Presence will bring them hope, healing and new life. That in time the visits will be able to increase from once a month.
- The 17 boys recently baptised at RRCY, making a total of 49. The House Parents and Social Workers who are also looking to be baptised.
- For D awaiting transfer to Mimitinlupa prison.
- For J on his transfer to Muntinlupa Adult prison and that he will hold onto his faith in Jesus: he has had his Bible confiscated. Pray for his protection and quick release. He was on fire for Jesus at RRCY and was a great encourager to the other boys, pray God will raise up a successor.
- For R who was expecting to be released but this has not happened, so he has asked for prayer for his parents and grandmother who have been traumatised by this turn of events.

Remember our SEAFORD SCHOOLS

- For pupils' safety during the summer holidays and for families who find this a difficult time.
- That staff will have opportunity for rest and refreshment
- Those awaiting the results of their recent exams, including SATS, GCSEs and A levels.
- Those applying for university places and the school staff that support them.
- All those who are transitioning to new schools, colleges, work or apprenticeships in September.
- Those who are struggling to cope with the next phase in their education.
- Those starting school for the first time.
- Staff who are retiring.
- Staff taking up new appointments.
- For all to settle in their new environments at the beginning of the academic year especially those with special needs.
- Give thanks for all that is good in our local schools and for the hard work of staff, volunteers, governors and trustees.

SUNDAY

- That each of us would know our role in carrying out God's mission.
- For the deepening and strengthening of our faith and spiritual growth as we gather to worship week by week.
- All those who lead our various services, the clergy, musicians, choir, bell ringers, readers, intercessors, the stewards, tech teams, the vergers and all who attend. For those who sit near you at services.
- The Prayer Ministry Teams at St Leonard's and St Luke's.
- The children, families and all attending St Luke's and the Sunday morning Beach Services near the Martello Tower during August: that there will be opportunities for fellowship and outreach.
- Those who can no longer attend services regularly because of health difficulties or frailty. Those who watch services online.
- Those living and working in Alfriston Road, Sutton Mews, Alfriston Park, Seafeld Close, Old Nursery Close, Kammond Avenue.

MONDAY

- That our world leaders will act with wisdom, integrity and humility to guide nations towards peace, justice and the common good.
- That God will provide protection for the vulnerable, compassion for the marginalized and stability in those regions facing conflict.
- For those suffering for their Christian faith living in fear of their lives oppressed by governments or other religions for believing in Jesus.
- Those who mourn the loss of a loved one.
- That each of us will look out for our neighbour.
- For God's peace, mercy, and healing amidst the chaos and suffering.
- For those living and working in Cradle Hill Road, Sutton Road, Harrison Road, Meadow Way, Sheep Pen Lane

TUESDAY

- King Charles and Queen Camilla as they lead the working members of their family in carrying out their Royal duties.
- For our members of Parliament and those taking on new roles in government – that they will act with wisdom and integrity to bring stability to the country at this time.
- The Welsh and Scottish Parliaments and the Northern Ireland Assembly in their regional responsibilities.
- Those working within the local Emergency Services: Ambulance, Coastguards, Fire and Rescue, Lifeboat volunteers and the Police.
- For all who visit St Leonard's during the week and those who greet them.
- The Coffee Morning Services at St Luke's
- Those living and working in Sandore Road, Sandore Close, Bromley Road, Blue Haze Avenue, Richington Way.

WEDNESDAY

- Our MP James MacCleary: that he will serve the Lewes constituency with diligence and honesty.
- For the members of East Sussex County Council, Lewes District Council and Seaford Town Council,
- The local GP practices and pharmacies as they deal with accidents, emergencies, routine appointments and liaising with the different local hospitals and health services.
- Our local nursing and care homes remembering those who go from the parish to provide regular worship services.
- Those needing help and support in their own homes and those who care for them.
- Those in the church family currently in hospital or receiving regular treatment. The families of those several children who have serious illnesses.

THURSDAY

- Rev James, Rev Carole and Rev Janice as they minister to the parish and beyond. For Rev Lucy's complete recovery following treatment and surgery.
- Our Churchwardens and Assistant Wardens.
- Our Admin Assistant and Bookings Secretary, Charlene and Facilities Manager, Tony. Our Verger Heather and those who undertake the cleaning.
- All Home Groups and their leaders co-ordinated by David & Tricia Robertson
- The retired clergy who live and/or assist with worship in our parish.
- Those living and working in Eton Close, Harrow Close, Roedean Close, Benenden Close, Rugby Close, Dulwich Close, Millfield Close.

FRIDAY

- Stefan and Kim working with our Children, Youth & Families.
- The 'Parish Together Weekend' – an event for everyone in the church family 14 – 17 August. For a joyous and safe weekend.
- The Tots Treats meetings on either a Wednesday or Thursday during August. For safety in all their activities.
- Our youth groups Sparks and Ignite meeting weekly on Fridays at St Luke's, but taking a break over the summer returning in September. Those youngsters digging deeper into faith at Fuelled on Sunday evenings.
- The regular Sunday evening youth services attended by groups from Seaford Parish, Newhaven Parish, Barcombe Parish and Seaford Baptist Church.
- Those living and working in The Peverells, Lexden Drive, Pitt Drive, Barn Close, Coxwell Close.

SATURDAY

- Those visiting and staying in our town that they will be safe on the beaches and cliffs.
- Those taking holidays elsewhere.
- The monthly Open Church Coffee Mornings in St Leonard's providing a welcome for all who come along.
- Those grieving and those attending the 'Life after Loss' Coffee Mornings.
- The Parish Lunches on the first Wednesday in the month at St Luke's. The team preparing and those who attend.
- For Mark Gill as he co-ordinates the projects to update St Leonard's. Safety for the workforce and all using the church. Wisdom to manage the diary and events during this work.
- Those living and working in Vale Close, Vale Road, Etherton Way, West Dean Rise, East Dean Rise.

Tickets and information can be found here
tinyurl.com/spcweekend2026 or ask Kim and Stefan.





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Completion of £2m affordable housing scheme in Seaford

Charlie Grimble

On 14 May 2026, almost 162 years after the foundation stone was laid at Fitzgerald Almshouse in Croft Lane Seaford, a group of people got together to celebrate the completion of a full refurbishment of one of Seaford's treasured Grade II Listed gems, the Fitzgerald Almshouse.

What all those local people had in common was the use of their talents and skills over the past 10 years to use the amazing endowment left by the amazing John Purcell Fitzgerald to bring the 14 flats up to 21-century standards, whilst keeping the rents truly affordable (£104 per week ain't bad!). Centrepiece however, were the 10 Residents who had put up with being on a building site while, block by block local contractors implemented the improvements devised and specified by G3 Architecture of Sutton Park Road. Some Residents were so attached to their homes that they were willing to endure 2 moves in order to get back into their original flat on completion of the works. 2 even moved out temporarily to accommodation in the town, supported by the Charity, in order to speed up and simplify the renovation works. It was noted by Charlie Grimble, the Chair of Trustees, in his speech that the period of occupancy by 4 Residents totalled more years than his life so far! One, Doris, had lived there for 34 years, another, John for 20 years, a third,



Margaret for 21 years and a couple, John and Liz had lived there for 15 years! No prizes for guessing how old Charlie is, but he is not 86!

Three local builders carried out the work, Flats 1-4 and 10-14 were done by Greve & Son, Flats 5 & 5A were done by Brian Huntly, and Flats 6-9 by Bishop & Levett. All made their mark in particular ways, removing rusted satellite dishes because TV comes now either through the phone line or by a communal aerial; completely rebuilding a set of chimneys that were taken down in 1995; restoring flint panels that were crumbling; creating sloped ramps where steps were before; restoring stone corbels around windows, because the old ones had eroded under the impact of Seaford's tough marine environment.

All flats are now fully insulated, walls floors and ceilings, ensuring low running costs. External lighting has

been improved using low-energy LED lighting, and all flats whether studios or 1-bedroomed, are to long-established space standards used for Council housing since the 1960's. Proof of their popularity is that on completion, we had 4 flats to let, and all went to over-60s who lived in Seaford and who would have been homeless had not the Charity made them an offer they were happy to accept.

This work was overseen during the last decade by a group of local volunteer Trustees whose life skills have made a real difference to this gem of a property.

To top it all, we were delighted to welcome the Mayor of Seaford at the time, Councillor Maggie Wearmouth, to celebrate with us. John Purcell Fitzgerald was also Bailiff of the Town way back in 1853, and so she was able to represent the partnership between

the Charity and the local authority in this important work of relieving homelessness within the town.

We all hope that this project will see these 14 flats used well over the coming decades, thanks to the quality of the work undertaken by all who gathered in the sunshine on that Wednesday in May.



Cathedral's Annual Light Experience

illuminating Art offers a journey through four centuries of artistic imagination - from the drama of the Baroque to the luminous colour of the Impressionists - alongside references to pioneering developments such as early photography, the age of steam and the beginnings of animation.

Running from 23 – 31 October 2026, this year's experience builds on the success of the inaugural event during the Cathedral's 950th anniversary year, when more than 14,500 visitors stepped inside an extraordinary world of light and sound, seeing the building in a completely new way.

The 2026 Light Experience will explore the theme Illuminating Art.

Created using large-scale projection and an original score by composer David Harper, Illuminating Art will see the Cathedral's architecture, from its Norman stonework to its soaring nave - reimagined as a canvas for digital art. Visitors will move through a series of immersive environments, where light and sound respond to the building's form and scale.

To book tickets go to:

<https://www.ticketsource.com/chichester-cathedral/e-djkpjx>

People's Emergency Briefing

On the climate and nature crisis

Seaford



Film screening and discussion with a
panel of experts

St Luke's, Walmer Road, BN25 3TH
3pm 9th August 2026

16

www.nebriefing.org

People's Emergency Briefing: You need to see this

John Huggins

We are showing a film in St Luke's that reports on the climate crisis threatening our world. You can get tickets using the QR code or by collecting a hard copy from the back of either St Leonard's or St Luke's. (Please note the age classification.)

As a recent Bishop's Report says, as Christians we are called to live in the light of the final renewal of all creation. That hope enables us to overcome any fear and apathy and live lives that mimic the God who made our planet and who made it 'good' (as repeatedly exclaimed in the Genesis 1-2 creation passage).

The televised emergency briefing on the climate and nature crisis, was run in London and delivered by independent experts, as the essential first step to unlock the wartime-scale response now required.

This new film, presented by naturalist Chris Packham, draws on this material and is being screened in communities and workplaces across the UK to raise awareness and build public support for action. The Church of England is publicly supporting this and urging congregations to attend. Hannah Mann, Environment Programme Manager of the Church of England, says,
We are asking churches up and down the country to host, support and participate in screenings, so that every community has the opportunity to hear the facts and be part of the response.

The UK faces a growing climate and nature emergency. Yet most people have never been fully briefed on what it means for our lives, our economy and our future. The 50-minute film combines authoritative scientific content from the Westminster event with reactions from members of the public and some more familiar faces - designed to help audiences process the information on a more human level. It will deliver the frank facts about the threats, but also the enormous benefits if Government leads genuine emergency action.

There is clear evidence that urgent action will strengthen our economy, resilience, and quality of life, and for us as Christians it is part of our mandate to care as God cares. The National Emergency Briefing exists to help create a societal tipping point towards the action now required. You can help make it happen. Please get your tickets and come along.

Book your free tickets by scanning the QR code or
at <https://www.tickettailor.com/events/seafordparishchurches/2299229>
For more details please contact Rev. John Huggins
on eco@seafordparish.org.uk

Tower News

Donato Tallo

The bells of St Leonard's Seaford make a marvellous sound but they don't just ring themselves and neither are they electronically controlled! The heavenly sound that parishioners, local residents and visitors alike regularly hear is thanks to the dedication, devotion and commitment of the faithful and merry band of ringers who keep those beautiful eight bells ringing.

The long established tradition of change bell ringing is alive and well in Seaford and we form part of the wider Sussex County Association of Change Ringers. We practice each week on Tuesday evenings from 7.00pm and after our ringing activities many of us retire to one of the local hostleries to continue our fellowship and put the world to rights!

In addition to our regular Tuesday evening practice night ringing we ring for the main 9.30am Sunday service each week at St. Leonard's calling the faithful to prayer and reminding them of the church's presence in the local community.

Throughout the week members of the band often join ringing practices at other towers in addition to attending association events across the county. As well as regular ringing we also ring for special occasions such as ringing in the new year, ringing for St George's Day and more recently ringing for the licensing of Revd Janice Bartholomew (a



member of the ringing band) as a self supporting minister at St Leonard's.

Members of the tower often ring for weddings when requested and likewise for funerals. At times of sorrow and joy, celebration and reflection church bells have role to play and its great to hear that so many people appreciate the sound.

As part of the open church initiative on the last Saturday of each month we have open ringing where we are often joined by ringers from other towers. While we usually engage in some splendid ringing throughout the morning the tea and cakes down in the church half way through are often a highlight for many!

Our recent summer social away from the tower was held in early July by the kind invitation of Geoff and Helen Hanlon at their home in Seaford. Those who attended enjoyed great fellowship, delicious food and fine weather!

We have some very experienced ringers in our tower as well as individuals who are working on improving their skill and technique. We cater for all ringing abilities and our tower is both a welcoming and inclusive one. We would love to hear from anyone who wants to find out more about bell ringing.



While the Seaford band take our ringing very seriously we also do so in a kind and good humoured way and on the latter point did you hear about the bell ringers who fell into the pond?they got ringing wet!

With love from Wendy (Ogilvie)

A very happy birthday to all who reach the great age of 80 this year. The 'baby boomers' or post-war bulge have reached this milestone and there are a lot of us in St. Leonard's and St. Luke's. A word of encouragement, it's not all over yet, Moses encountered the burning bush when he was 80 and, as Bertie Keenan frequently used to say, 'The best is yet to come'. So keep going and many happy returns to you all.



Lewes, Seaford and District Branch



Please contact: Jean: 01323 892930

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DO YOU HAVE ROOM FOR A FURRY FRIEND?
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When You Pray, Does God Speak to You?

Michael Holmes

You may remember, for the March 2025 magazine, I wrote about meeting an angel, my brother, and mentioned St. Paul's descriptions of both our earthly bodies and our heavenly spiritual bodies. My brother visited me, in his earthly body, so that God might allow me to recognise him.

This time I ask about how you pray to God and whether or not, if you speak to God does he talk back to you?

Now I pray to God and I normally pray for family, friends, relatives and anyone I know who needs praying for. When praying to God, I say the Our Father, the prayer Jesus taught us. I do tell him what it is I want, before saying the Our Father. Having been brought up a Catholic, I also pray to Jesus' mother, Mary, I pray with the Hail Mary.

Mary, the mother of Jesus, is a very powerful person. She is so powerful that she got her son, Jesus, to do his first miracle, when, according to Jesus, it was not his time. She never told him what she wanted or what he should do; she just explained the situation and left it to him.

Most mothers are powerful people and it is not unusual for children to ask their mother to soften their father up, before they ask him for something. Even better if they can get mum to tell dad to do whatever they want. It is much simpler that way.

Now, when I pray for something or someone, it is not usually for me. In fact my praying for myself could be counted on two hands. However, some years ago, I had a major problem. Well, to me it was a major problem. The problem was so bad that, one morning at 2 am I could not sleep, I was up sitting in a chair and I told God of the problem and asked him what I should do? I had never done this before, I had always prayed, not talked, and never for me. To my utter surprise he spoke back to me and gave me the solution I needed. Having said that let me tell you the solution was by far not easy.

So, first, let us start with what the problem was, I was the treasurer of my church – St Mary's at Green Street Green, near Orpington, Kent and All Souls, a church hall in the village of Pratts Bottom. St Mary's was built in 1937. All Souls was a mission church of St Martin of Tours, Chelsfield and was built in 1890. Now these three churches are combined in a benefice, but, when I was treasurer, it was just the two churches and did not include the Chelsfield church.

The main vicar, he operated out of St Mary's church and the assistant vicar, she operated out of All Souls. When I became the church treasurer, the assistant vicar only had 1-2 years to go, before she fully retired. She had worked at the centre of the Rochester diocese for a number of years and was

considered somewhat senior. All Souls church was her fiefdom. She served All Souls and he served St. Mary's and neither did services at the other's church. She considered him junior to her. They may have disagreed with me, but that was my view as I saw it.

Now when she retired, the vicar at St Mary's appointed a new assistant vicar, Ruth, all the way from Cornwall. This was with no input from All Souls parishioners or PCC members. She had worked in and around nearby Biggin Hill and was happy to come, she was a close friend of the vicar. She did not know that the church owned a house in Pratts Bottom willed to them by a past parishioner. She had rented out her cottage in Cornwall and thought she would look to renting a place in Pratts Bottom. She was pleasantly surprised to find that she could move into a property without incurring any costs. She came, by the way, with her husband, John, who was a retired head teacher. She came as a part time assistant, 4 days a week, vicar, unlike the previous assistant vicar who was full time.

Everything started well, the previous assistant vicar had never wanted the property updated and, therefore, the PCC agreed to updating the property and this cost some £20,000+. The PCC had considered this a necessary investment.

Now the previous assistant vicar had been full time and was involved in nearly everything in the village, not all of it relating to religion, she was well known and well liked by both parishioners and other members of the village. She was very much missed. She had moved to Hastings, but, very often,

came back to visit. Indeed, our vicar had to ask the Bishop to stop her visiting.

Obviously both current vicars were now doing services at both churches.

Our new assistant vicar told her congregation that she would like the church at All Souls to be repainted. Surprise the congregation told her, in no uncertain term, NO. I told her that every two years the village had a gift day, one was due soon, and they got some £10,000 to £12,000 and that would well cover the cost of the repainting. These gift days were where the villagers gave money for the church. Many may not go to church, but felt they could be hatched, matched and dispatched from the church. Well come the gift day they got £1,000. This was definitely another snub.

Now my first two grandchildren went to the local Pratts Bottom primary school where there were only 60 pupils. Rumour had it that the local council wanted to shut down the village school, on the basis that there were too few pupils, but the council was afraid of the villagers. Pratts Bottom is a lovely village and LV Insurance did a television commercial there and was asked to contribute £1,000 to the school which they did. The television programme Mr. Bates and the Post Office used the new village hall as the meeting place for all the postmasters. I am sure they would be asked to contribute probably to the school.

My son told me and showed me that there was a Whats App called School Mums. I saw some of the comments shown to me by my daughter-in-law, these noted that she (the new assistant

vicar) had demanded a £20,000 revamp of the house that she was moving into and she had also demanded a redecoration of the church. There were other comments suggesting that she was not much liked in some places or, rather, the previous assistant vicar was much better.

To quote my son "This village is very nasty and it all stems from your church". Both my son and daughter-in-law knew I was the treasurer and knew that the comments were wrong and unjust, but that people did not want to know.

I hope by now you can envisage my problem.

In their dislike of the new assistant vicar the Church Warden resigned and Ruth's husband John had to take over. I remember taking John out to the local garden centre and having coffee and cake; we had a long discussion concerning the problem and the way ahead on this very delicate matter. Ruth thanked me and told me that John had been very much down, but had shown much improvement. They had the vicar and the treasurer on their side.

So, one evening, in the early hours of the morning I suffered a minor asthma attack. It was sufficient for me to go downstairs, use my inhaler and take a lemon sip with whisky. I sat in a reclining chair and decided I had better speak to Jesus and ask his advice. At 2.00am in the morning. I told him the problem and asked what should I, as his church treasurer, do about it?

What, exactly, did Jesus say to me? He said, "My church is not a cathedral, but it does need some tender loving care. My vicar is being persecuted and I am

angry, if this does not all stop, there will soon be no church for your parishioners to attend."

I was shocked, I wrote down the words and, in the morning, I contacted the vicar at St Mary's and asked to meet him urgently. I told him what had happened. He asked me to describe to him what Jesus' voice was like and I said it was my voice. The vicar suggested that I might be just talking to myself, more especially since I had a lemon sip with a shot of whisky. I stated that this could be the case, but, given what was said, it was something that I would not really say. He recognised this, he said it might just be Jesus, but just to be sure, he suggested that, next time I talk to Jesus, I should ask for a bible reference. I spent the next two days asking Jesus for a bible reference and getting nothing back. I was beginning to think maybe the vicar was right; I was just talking to myself. On the third day I was playing in a golfing tournament and having a very good game. There were some 60 people in the tournament and all had put £1 in a pot. So either a hole in one or a 2 (probably on a par 3) would win the money. If there was no hole in one but more than one 2 the pot would be shared. The 16th hole was downhill and the last par 3. I took aim at the pin, slightly hooked the shot, ended just off the green, some 40-50 feet from the pin. So I looked at the putt and said to myself and Jesus, if he was listening.

"OK I have had a great game today, thank you, now if I down this putt, I will give the church all the winnings, but you have to give me a bible reference". To my utter surprise the putt went down and, at the end of the game, two people had got a 2, no hole in ones, so the church got £30.

So now it was up to him to give me the bible reference. I was never sure whether he did or not. However, my thought was – you said you were an angry God, so, therefore, I will Google “angry God” and take what comes up, but only what comes up at the front of the Google and not the whole quote.

I was never sure whether he said this to me or whether it was a thought that entered my head. Sitting at home, in the quiet, I Google “angry God” and up came Numbers 11:1 as follows Numbers 11:1 states: "Now the people complained about their hardships in the hearing of the LORD, and when he heard them his anger was aroused..."

That was what came up, just that, so I went into the Google in full and it quoted Numbers 11:1: "Now the people complained about their hardships in the hearing of the LORD, and when he heard them his anger was aroused. Then fire from the LORD burned among them and consumed some of the outskirts of the camp."

So reading this, I envisaged that it fitted with what he said to me earlier. He was angry, however, if I take the full verse, then fire burned from the Lord. He did say "...if this does not all stop, there will soon be no church for your parishioners to attend".

The bible reference seemed to fit with what I thought Jesus said to me. I went off to speak to my vicar. To my surprise he roared with laughter. I wondered what he thought was funny. His view was that he should not be surprised that Jesus knew about Google and the Internet. He believed that Jesus had spoken to me and he thought I was very blessed. I felt very embarrassed, a case

of why me? Again he laughed and quoted Luke Chapter 5 to me – “I have come to call not those who think they are righteous, but those who know they are sinners and need to repent”. I told him “... that doesn’t do a lot for me” and he said “... you say you feel embarrassed, but I just want you to know God does not always choose the righteous”.

What I found surprising was that no matter how many future attempts I made of the term “angry God” I could not get up Numbers 11:1.

So, it was obvious that Jesus wanted the church repainted and he wanted the parishioners to stop persecuting Ruth, our Associate Vicar. So it was my job as the treasurer to get the church repainted.

Our vicar told Ruth what had happened and Ruth asked to talk to me. We had a long discussion and I saw that she and her husband were probably on cloud 9. From then on she referred to me as “her treasure”. Both of them felt that their prayers were being answered. She asked me what I was going to do. All I said was “.... If you look closely you will see that the Holy Spirit is sitting on both my shoulders; I will go into battle for the Lord, in full armour”.

Well I suppose saying it was easy, but now I had to do it. Should I ask Jesus for help? I decided “NO” he had spoken to me and, therefore, I knew what he wanted, so I got on and did it.

First I collared the All Souls ringleaders to the problems. I told them that I had prayed for solutions and that Jesus had spoken to me, I told them what he had said and I gave them the bible

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reference. Then I told a lie. I told them that Jesus had shown me the entire school mum's Whats App messages. I also suggested that some of the All Souls parishioners were on the app as well. I told them that the church was going to be repainted and they had a week to discuss matters with all the All Souls PCC members and I would be back to talk to you all next Sunday after the service.

So the next week I had them all together. The ringleaders had done their job. I told everybody that the next PCC meeting will have an Any Other Business section and that I would propose that All Souls be repainted, I expected one of them to second the motion and all of them to vote in favour. Standing there they reminded me of the Sadducees and Pharisees, but then

I am told that I do have a sense of humour.

And so it was done.

There is a final part to the story. When Ruth retired they threw a big party for her that's members of St Mary's and All Souls churches. I was watching them and, to some extent, it made me feel sick. I thought "... what a bunch of hypocrisy."

Ruth came up to me and asked "Treasure what is the matter?" So I told her. I have always remembered her answer to me.

"Is that what you see my Treasure? I shall pray for you.

I just see God's power".

Poetry Corner

Selected by Jim Holmes

The Nightingale and the Glow-worm {extract}

William Cowper {1731-1800}

Hymn writer

A nightingale, that all day long
Had cheer'd the village with his song,
Nor yet at eve his note suspended,
Nor yet when eventide was ended,
Began to feel, as well he might,
The keen demands of appetite;
When looking eagerly around,
He spied far off, upon the ground,
A something shining in the dark,
And knew the glow-worm by his spark;

So, stooping down from hawthorn top,
He thought to put him in his crop;
The worm, aware of his intent,
Harangued him thus right eloquent -
Did you admire my lamp, quoth he,
As much as I your minstrelsy,
You would abhor to do me wrong,
As much as I to spoil your song,
For 'twas the self-same pow'r divine
Taught you to sing, and me to shine,
That you with music, I with light,
Might beautify and cheer the night.
The songster heard his short oration,
And warbling out his approbation,
Releas'd him, as my story tells,
And found a supper somewhere else.

LIFE AND MORE ABUNDANT MINISTRIES

Lesley Gomez

Worship - Prayer - God's Word - Evangelism - Chaplaincy - Training

Dear Friends,
Interesting that Light was the first thing God spoke into existence, "Let there be light!"

And there was light - before the sun and the stars, because the Hebrew word for light here is about the Divine Presence breaking into darkness. I read this from a post on Instagram.

And that is why we bring our worship to particular places, because Jesus lives in us and we are His light, we are bringing Jesus into places where darkness has settled in.



Thank you so much for your support! We stand in awe of God's faithfulness as we see Him moving. The same

God who opened the door for us to walk into the Regional Rehabilitation Centre for Youth- is the same GOD who has now opened the door for us to minister at the Home for Girls in nearby Agoo. 37 girls are here for Protective Custody (most have been sexually abused or exploited). Every person who has stood with us in prayer has a part in what God is doing. He is proving once again that when His people pray He

makes a way. It has been difficult to contact the home to request visits - we cannot go in weekly but have been granted monthly, so have our foot in the door! We long for them to encounter the Living God, experience His love, peace and forgiveness.

Our hearts are filled with gratitude and expectancy, we know God goes ahead to prepare hearts and remind these precious girls that they are seen, known and deeply loved by Him. His Presence will bring hope, healing and new life.

Only GOD can do these things! A young woman from church, Nina, joins our team to minister to the girls, she went to school with Michael and Jeli, and is part of Michael's Home Group who meet at our house every Thursday.

Muntinlupa Prison



We visited J at RRCY before he was transferred to Muntinlupa Prison in Manila, he was nervous and tearful (we were more tearful!) but glad that his family had been allowed to

travel with him. He quoted Scriptures he memorised that help him to hold on to Jesus and His strength. We prayed together and left feeling he encouraged us more than we helped him!

After a couple of weeks, I was at our house when he video-called Michael. He was allowed an hour of internet use for a fee. He told us the guards had confiscated his Bible; it is not allowed. This is the boy who always wrote the Scriptures on his hand so he could study them again after Chapel. He said he is the only one wearing a white T-shirt in his area, obviously feeling vulnerable as the only Juvenile inmate.

It was good to see him, he looked well. We plan to visit soon. Please join us in praying for his protection and soon release.

Regional Rehabilitation Centre for Youth

We have baptised another 17 boys at RRCY, 49 in total. The Houseparents and Social Workers will be next.

Pray for D who is now awaiting transfer to Muntinlupa. R asked for prayer for his parents and Grandma. He was expecting to be released but that has not happened, as a result both his parents suffered mental breakdowns, and Grandma has made several attempts to take her life. Jesus come into that situation, we pray and change it around!

Pray that boys would take the place of J, who was nicknamed Pastor, praying with staff and boys, encouraging them in their faith and sharing Bible verses, he was on fire for Jesus! Our prayer is that when J is released he will train as a Chaplain with us.

What we need

Michael's car is in the process of being repaired - thank you for helping! I planned to appeal for funds to fix the roof and general repairs and maintenance as we approach typhoon season but last night Judith messaged me to tell me we had received a gift of over 4000 GBP! Arnold is also available to start the work - so prayer is answered again! Faithful GOD!



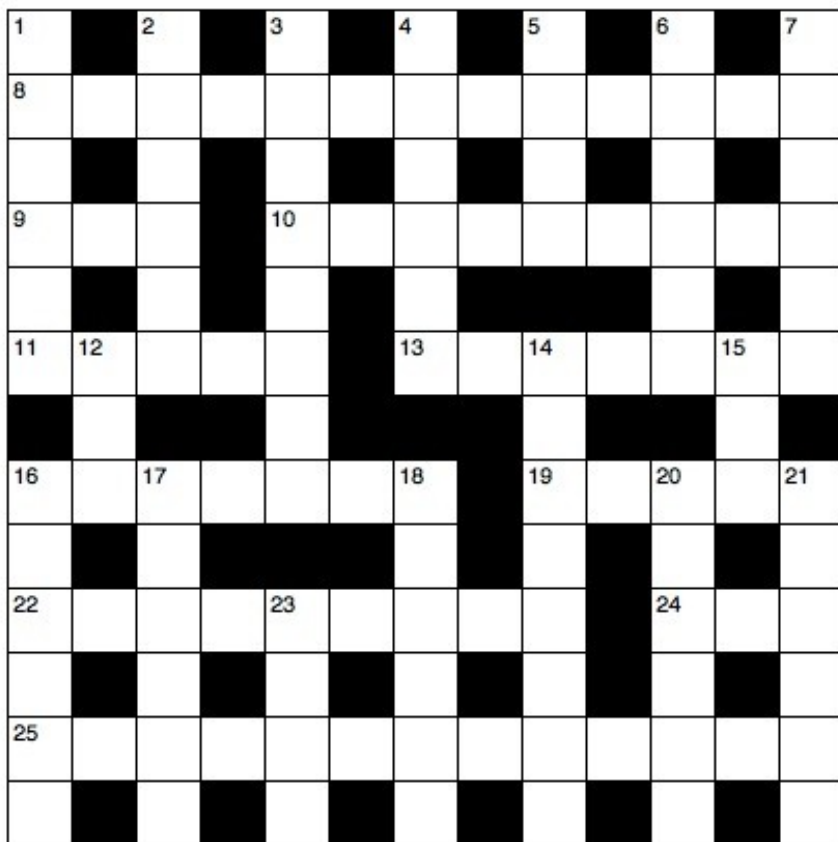
Family news

We had sad news on 7th July, Peter's older brother, Ely, died unexpectedly. As I write this, Peter has left for Tarlac this morning with his mother to attend the wake. Pete's Mum is 103 and lives with us, she understands what has happened. It is a complete shock, please pray for the Gomez family.

Mattheo will be 4 years old in November. He has started Nursery at the Episcopal Church (UCCP) nearby, for 2 hours a day. There is still no news of Kevin who we lost touch with after the accident. We plan to try to find him when we visit Manila.

On the 9th July we had an earthquake but no damage here to report.

Crossword



Across

8 One of the titles given to the Messiah in Isaiah's prediction (Isaiah 9:6) (6,2,5)

9 International Nepal Fellowship (1,1,1)

10 Single(1Corinthians7:27)(9)

11 Aleksandr Solzhenitsyn's seminal book about Soviet prison camps, The — Archipelago (5)

13 Treachery(2Kings11:14)(7)

16 Of India(anag.)(2,3,2)

19 'God has put us apostles on display at the end of the procession,like men condemned to die in the — ' (1 Corinthians 4:9) (5)

22 Follower of a theological system characterized by a strong belief in predestination (9)

24 'Put these old rags and worn-out clothes under your arms to— the ropes' (Jeremiah 38:12) (3)

25 They brought together all the elders of the Israelites in Egypt (Exodus 4:29) (5,3,5)



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Down

- 1 The season when kings 'go off to war' (2 Samuel 11:1) (6)
- 2 Simon Peter's response to Jesus by the Sea of Galilee: 'Go away from me, Lord; I am a — man' (Luke 5:8) (6)
- 3 Beaten with whips (1 Kings 12:11) (8)
- 4 'You shall not — adultery' (Exodus 20:14) (6)
- 5 Encourage (Hebrews 10:24) (4)
- 6 Service of morning prayer in the Church of England (6)
- 7 'Take and eat this in remembrance that Christ died for you, and — — him in your heart by faith with thanksgiving' (4,2)
- 12 Run(anag.)(3)
- 14 Member of 17th-century party that denied the right of autonomy to the Church (8)
- 15 'We will triumph with our tongues; we—our lips'(Psalm 12:4) (3)
- 16 Earnings(1 Corinthians 16:2)(6)
- 17 'I rejoice greatly in the Lord that— —you have renewed your concern for me' (Philippians 4:10) (2,4)
- 18 How Paul described Philemon (Philemon 1)(6)
- 20 Multiple territories under the rule of a single state(Daniel 11:4)(6)
- 21 'You have been unfaithful; you have married foreign women,—to Israel's guilt' (Ezra 10:10) (6)
- 23 This month(abbrev.)(4)

August

Sunday 2nd	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Luke's
	11.15am	Beach Church	Nr. Martello Tower
Sunday 9th	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	Prayer@7	Venue TBC
	11.15am	Beach Church	Nr. Martello Tower
Tuesday 11th	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 12th		Women's Group	See page 5
Friday 14th		Parish Together Weekend begins	
Saturday 15th	1.00pm	Lunchtime Concert	St. Leonard's
Sunday 16th	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Luke's
Saturday 22nd	10.00am	Church Open Cafe	St. Leonard's
Sunday 23rd	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	11.15am	Beach Church	Nr. Martello Tower
	7.00pm	St. Luke's@7	St. Luke's
Tuesday 25th	11.00am	Prayer Ministry & Communion	St. Luke's
Sunday 30th	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Luke's
	11.15am	Beach Church	Nr. Martello Tower

Parish Magazine

Items for the October-November edition of the magazine should be sent to by Tuesday 8th September to: magazine@seafordparish.org.uk



September

Wednesday 2nd	12.30pm	Parish Lunch	St. Luke's
Saturday 5th	9.30am	Messy Church	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 6th	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion & Glow	St. Luke's
Tuesday 8th		Magazine copy date	
	8.00am	Holy Communion	St. Leonard's
Sunday 13th	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	Prayer@7	Venue TBC
Tuesday 15th	11.00am	Prayer Ministry & Communion	St. Luke's
Saturday 19th	1.00pm	Lunchtime Concert	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 20th	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion & Glow	St. Luke's
Monday 21st	7.30pm	Women's Group	St. Luke's
Friday 25th	2.30pm	Mothers' Union	See page 5
Saturday 26th	10.00am	Church Open Cafe	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 27th	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	St. Luke's@7	St. Luke's
Tuesday 29th	11.00am	Prayer Ministry & Communion	St. Luke's

Open Church Cafe

St. Leonard's Church

Saturdays
22nd August and 26th September
10.00am to 12.30pm

Crossword Solution

ACROSS: 8, Prince of Peace. 9, INF. 10, Unmarried. 11, Gulag. 13, Treason. 16, In aid of. 19, Arena. 22, Calvinist. 24, Pad. 25, Moses and Aaron.

DOWN: 1, Spring. 2, Sinful. 3, Scourged. 4, Commit. 5, Spur. 6, Matins. 7, Feed on. 12, Urn. 14, Erastian. 15, Own. 16, Income. 17, At last. 18, Friend. 20, Empire. 21, Adding. 23, Inst.

Regular Services & Groups

Services in St. Leonard's Church

Sundays

- 8.00am Holy Communion: a quiet said service
- 9.30am Holy Communion: a service with choir and hymns
- 11.15am The Meeting Place: a service of praise and prayer for healing (1st & 3rd Sundays)

Wednesdays

During building work there are no mid-week services. See calendar.

Services in St. Luke's Church

Sundays

- 9.30am Holy Communion: a service with hymns (1st and 3rd Sundays)
- 9.30am Family Worship: informal worship (2nd and 4th Sunday) with bacon rolls from 9.00am
- 7.00pm Prayer@7: a short time of worship followed by prayer (2nd Sunday)
- 7.00pm St. Luke's@7: Contemporary worship (4th Sunday)

Tuesdays

- 11.00am Prayer Ministry and Communion (Tuesdays following the 2nd and 4th Sundays) followed by refreshments

Sunday	Glow (children's group)	9.30am	St. Luke's	1 st and 3 rd Sundays
	Fuelled	6.00pm	St. Luke's	Weekly
Monday	Women's Group	7.30pm	St. Luke's	3 rd Monday
Tuesday	Bell Ringers	7.30pm	St. Leonard's	Weekly
	Tots	9.30am	St. Luke's	Weekly*
Wednesday	Parish Lunch	12.30pm	St. Luke's	1 st Wednesday
	Tots	9.30am	St. Luke's	Weekly*
Thursday	Choir	7.00pm	St. Leonard's	Weekly
	Mother's Union	2.30pm	St. Luke's	4 th Friday
Friday	Sparks	5.45pm	St. Luke's	Weekly*
	Ignite	7.45pm	St. Luke's	Weekly*
Saturday	Messy Church	9.30am	St. Leonard's	1 st Saturday

*Term time



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Revd. Janice Bartholemew		revjanice@seafordparish.org.uk
Revd. Carole Darling		revcarole@seafordparish.org.uk

Children, Youth & Family Missioners

Stefan Bracher		cyfw@seafordparish.org.uk
Kim Cuthbert		kimc@seafordparish.org.uk

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Liz Morgan-Jones	01323 890644	liz@seafordparish.org.uk

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		prayer@seafordparish.org.uk

Safeguarding Officer

Martin Waite		safeguarding@seafordparish.org.uk
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Home Groups

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Fortnightly News		news@seafordparish.org.uk
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Magazine

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