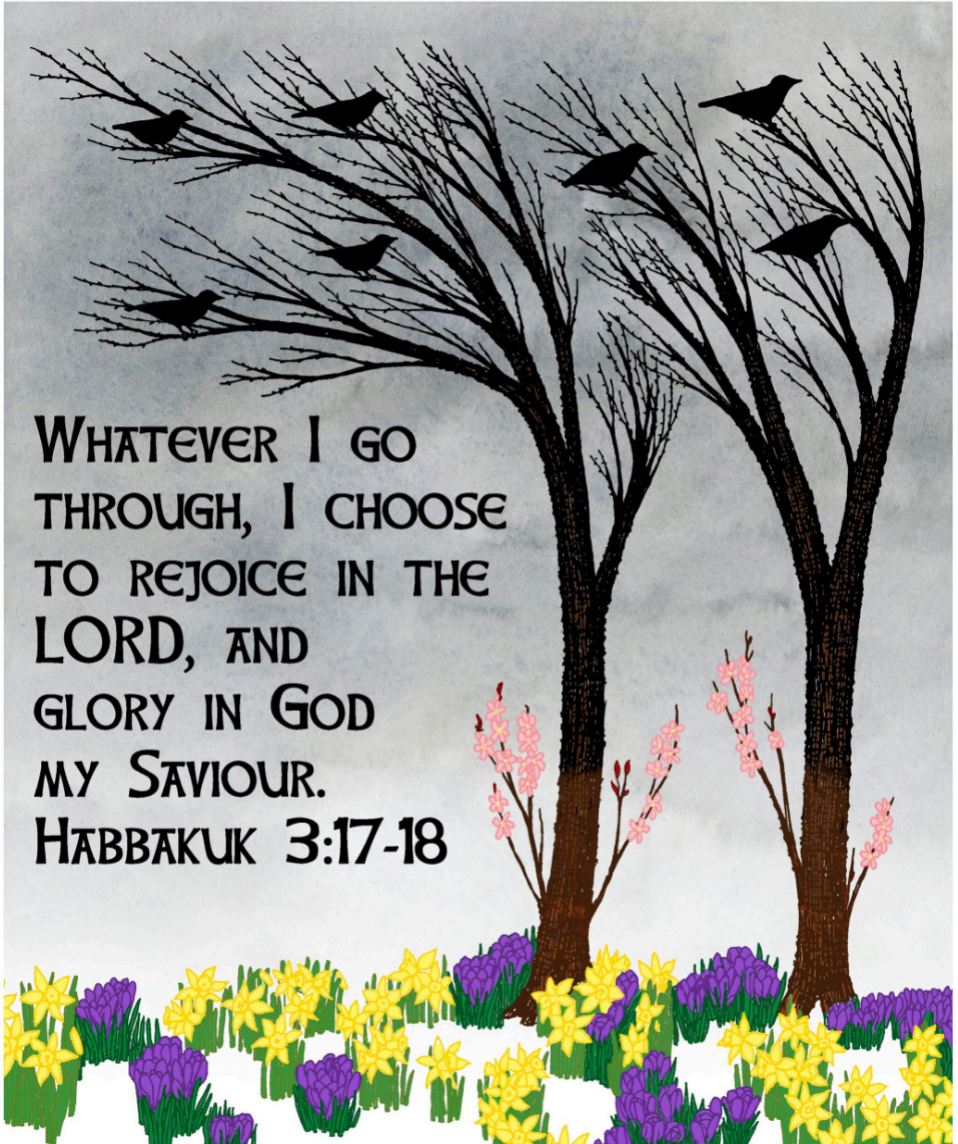


Parish Magazine

St. Leonard's and St. Luke's Churches

February-March 2025

Suggested donation **£1.00**





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Welcome

Love in Action!

'Dear children, let us not love with words or speech but with actions and in truth.'
(1 John 3:18).

The writer Gary Chapman describes how love can be expressed in 5 different 'languages': words of encouragement, quality time, gifts, acts of service and touch. Do you have a preferred language of love? As we think about St Valentine during February, let's consider how God's love language is expressed in the word *agape*. This is exclusively found in the New Testament and is uniquely defined by Jesus: *'This is how we know what love is: Jesus Christ laid down His life for us. And we ought to lay down our lives for our brothers and sisters.'* (1 John 3:16). Jesus' giving of His life on the cross provides the model for how we can demonstrate God's love in our relationships with others.

It is self-giving: are we ready to put the other person first, as Jesus did when He died for us in our place. Are we generous with our time, words, money and service, whatever the cost?

It takes the initiative: are we ready to show love to those who don't deserve it or who we find hard to love? Do we have eyes of compassion to see their needs and a heart to love and serve them?

It is intentional: are we ready to get close to those in need around us, irrespective of the time we have or how we feel?

The story is told of Jesus asking a little child, *'how much do you love me?'* The child replied *'lots and lots and lots!'* Then they asked Jesus how much He loved them. Jesus stretched out His arms wide and said *'I love you this much'*, as they nailed Him to a cross.

Our love for God is the root; our love for others is the fruit, expressed through patience, kindness, courtesy, humility, unselfishness, good temper, gentleness and sincerity.

UCB Word for Today

Parish News

Revision of Electoral Roll

This year there will be a complete revision of the electoral roll which usually takes place every six years. Forms will be available towards the end of February. Please remember to complete all details including the section relating to GDPR.

St. Luke's @7

St. Luke's @7 meet for a time of worship and prayer on February 23rd and March 23rd. Some folks gather and share supper at 5.45pm with worship from 7.00pm. Everyone is welcome, if you want supper please contact Kate Steer.

Coffee, Prayer Ministry & Communion

You are welcome to join in our next Service of Prayer Ministry with Communion at St. Luke's on Tuesdays 11th and 25th February then 11th and 25th March at 11.00am. Coffee will be available from 10.00am to 12.00pm.

Parish Lunch

Join us for Parish Lunch on Wednesday 5th February at 12.30 in St Luke's. The cost of the lunch is £6.00 to include a hot main meal, dessert, tea or coffee. For more information and tickets please contact Sue on 01323 490415 or Julia on 895073. Please note the date for Parish Lunch in March will be on the Wednesday 12th. We look forward to seeing you, please book your place using the contacts above.

Life After Loss

The next Life After Loss sessions will be held on Wednesdays 5th February and 5th March at 63 Chyngton Gardens from 10am-12.00noon. Anyone who has

been bereaved whether recently or longer and would like to join, will be welcome, no booking required. For more detail please call Diana Woodcock: 01323 891749.

Seaford Parish Women's Group

We meet in St. Luke's, Walmer Road, on the 3rd Monday of the month, unless specified. Our AGM will be held on Monday 17th February starting at 7.30pm in St Luke's. A new committee will be elected and a discussion about the year ahead. The evening will include an upside down raffle and close with prayers. Members and non members are always welcome.

Mothers' Union

Friday 28th February, 2.30 at St Lukes

We begin the new year by welcoming back Rev. Brigid Hadfield. This year she will be sharing her Reflections on Psalm 1. This is an open meeting and we look forward to being joined by anybody interested in what will be an informative, thought promoting afternoon.

Do you shop on line?

We are part of Easyfundraising which donates money whenever you shop on line, if registered with them. After logging on, a percentage donation of the value of your purchase is added. It's easy to use and the app makes it even easier. There are numerous retailers registered so whenever you shop on line look there first and you never know a donation could be on the way to boost our coffers without costing you a penny. Try it! Just go to the Easyfundraising

website at www.easyfundraising.org.uk and search for St. Leonard's and St. Luke's, Seaford. There are over 50 people signed up so far and have raised just over £300.

Parkinson's Support Group

Come along to our drop-in social! Get a coffee from the bar and join us to enjoy a chat, find out about local activities and access useful support. We meet on

the second Wednesday of each month at The View, Seaford Golf Course, Southdown Road, BN25 4JS from 10.00am to 11.30am. Friends and Carers most welcome. For more details about the drop-in, or to find out about local support, email Mandy Gard (mandygard63@gmail.com) or Clare Carroll (clare@thecarrolls.org.uk). We look forward to meeting you!

The Mission Support Team invite you to a

RICH PERSON/POOR PERSON LUNCH

at St Luke's Church, Walmer Road, Seaford

Saturday 22 February 2025 at 12.30pm

Tickets £5, be prepared to be selected for a rich or poor person's meal!

There will be good fellowship and an opportunity to find out about the rich and poor people we support as a parish through our regular giving.



Open
Church
Cafe

St. Leonard's Church
10.00am to 12.30pm

Saturdays 22nd February & 29th March

2025 Year of Faith: *Nicene Creed part 2*

James Hollingsworth



We believe in one Lord, Jesus Christ, the only Son of God. 1700 years ago, over 300 bishops gathered at a small town south of Istanbul, called Iznik. Of course in those days it was called Nicaea and the capital of the empire was called Constantinople. They gathered because the new emperor Constantine, though new at being a Christian himself, wanted to have a unity of understanding of the Christian faith.

Perhaps it would have happened anyway, but it was certainly nudged along by a deacon called Arius from Alexandria in North Africa. He was trying to help people understand how Jesus related to God. He was a keen monotheist as all good Christians are. But he struggled to find language that would help most Christians to say that they believed in one God, the Father, Son and Holy Spirit. So he did what seemed sensible to him which was to flatten God. God was God but Jesus was just a smidgen down from God. Jesus was higher than the angels and humans but still when push came to shove Jesus was a Created Thing not a Creator.

But Christians from the earliest had worshipped Jesus as God. And you can only worship God. So Jesus has to be God. And Christians had always understood that our forgiveness comes through Jesus and we've always known

that only God can forgive sins. Ergo Jesus is God.

But Arius was getting popular because his way of understanding Jesus was simple. It was alas wrong, unhelpful, and undermining of any real hope for salvation and forgiveness.

So the bishops gathered and they put together a creed which is mostly the Nicene Creed that Christians say on Sundays around the world in multitudinous languages over 17 centuries. The creed in its 2nd paragraph emphasises how the Son relates to the Father: ...eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, .

There was a helpful Bishop called Athanasius who argued against Arius's thinking by saying that we will get all muddled if we start from our understanding of, say, Dads and making things, rather than to start with the God we find revealed to us in Holy Scripture.

Arius's God seemed to be a bit like an Architect who gets other people to get stuff and make things. But the Bible tells us of God who spoke all things into being. Likewise with Dads, I'm a dad, but once upon a time I wasn't a dad. So Arius said God's like that. God wasn't always the Father because that's not how being a parent works. Athanasius counter argued saying you need to start with the Bible and how God is revealed to us there, and so we find that God has always been, from eternity the Father, and that means that Jesus has always been the Son.

Some of you can make cakes, even marmalade. I'm impressed. But you would not say 'I gave birth to a cake'. Athanasius used this difference in language to explain how God the Father made stuff, the maker of heaven and earth, of all that is seen and unseen (see last month's mag for more on that) but the Son is begotten and this means that the Eternal Son is quite different to the stuff; it means He is of one Being with the Father. Hurrah so we arrive at Jesus being God and the Father being God because they are both eternally God, one God. Athanasius will later come up with a phrase, *treis hypostaseis, homoousia*, but I'll explain that another time.

Meanwhile, a friend of Athanasius' family called Apollinarius thought to

himself how whenever he sinned, the sin always started in his mind, but Jesus never sinned so perhaps Jesus didn't have a human mind. I've never found this sort of off the wall thinking to be helpful. In this case it leads to the unsettling thought that Jesus is not as human as you are. It took Bishop Gregory of Nazianzus, in Turkey, to correct this thought with the phrase 'the unassumed is unhealed.' Actually that is useful. What he meant by it was that our salvation requires Jesus to be fully human and not some alien. So anything in me that isn't also in the incarnate Jesus then that's not healed, not saved. And that absolutely needs to include my mind because that is where I start to sin. I need my mind saved! And that means I need to have a saviour who is also like me.

So the Church gathered in 381 at the city of Constantinople to chew this over and here they tidied up the Nicene creed a bit so that the creed that we say today is really the Nicene-Constantinopolitan creed. Actually there's one more change to be revealed but that will come in a few months time.

Next time I'll tell you a bit about Constantine himself and the next paragraph of the Nicene Creed For us and for our salvation.

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Plain old Curate!

Carole Darling

Curate – what’s that? What training do you do? These are questions that I am asked when I introduce myself as the curate. The words curacy and curate are unfamiliar to those outside the church and so I have to find a different description, like trainee vicar, to help explain the term curate.

I guess that Rev James would give you a summary from Church history, about how priests were given ‘cure of souls’ by the bishop. When, in medieval Europe, this included the legal freehold of church land, the parish priest was a “perpetual curate” (*curatus perpetuus*), an assistant would be a (plain) curate (*curatus temporalis*). I am a plain curate!

Eventually other titles were used. A Rector was the title given to a priest in possession of the tithe income. In parishes where the monastery had taken the tithe income, a portion of this income was set aside for a priest to occupy the parish, essentially acting on behalf of the monastery, in other words vicariously – hence “vicar”.

History lesson over, you may wonder what curacy involves. It is the practical phase of training, and involves learning on the job, doing many things for the first time and getting as much advice and guidance as possible from Rev. James, as well as Rev. Derreck and Rev. Lucy and many others including the many retired vicars in the parish. Hooray for Seaford Parish which is a rich training ground for your curate!

I also get to do monthly training as part of a group of eight curates who were ordained



last year. In this group of curates, there are two women; two are self-supporting, the youngest is twenty-six years and the oldest is me. Yes me!!! That was a surprise! Hence the title ‘plain old curate!’

It is always good to meet up with fellow curates because it is encouraging and fun. Last weekend, this little bunch of curates gathered for a weekend of training in Chichester. We are set in different churches, with different traditions, serving in different places: Angmering, Arundel, and Brighton, Lindfield, Horsham, Crawley, Bexhill and Seaford. The variety of people and contexts makes the learning all the better.

Training involves worshipping together, listening to lectures, participating in Bible studies and lots of discussion groups. We had some very helpful training from a former Head of Chaplaincy for Sussex NHS Trusts as part of the programme. A highlight last year was a lecture from bishop Ruth on preaching.

Training also involves essays! I submitted the first of four essays this

year. Yes! I still have to write essays as part of the training which will one day result in the completion of a degree in Theology from Durham University. These essays are actually very helpful because they ground what I do in Seaford with some good theological thinking and reflection. The first one was all about being a deacon, looking at scripture, tradition, reason and my own experience.

If you are interested, do ask me about my training, vocations or indeed what essay I am currently wrestling with! I wonder what training you would like to do, or what you are currently doing and how you are finding it. Do come and chat with me about it, I would love to compare notes! As followers of Jesus we are life long learners!

Repentance

I wish I could repent of all the things I've done,
All such sins and memories come under the Sun,
Some have faded the way old photos tend to,
Others are still there shiny bright and new.

These moments of my life jar my nerves, I do not tell myself,
They sit gathering dust and fester high on a crowded shelf,
I can only bring them to the Lord with arms held out,
Tearful eyes, heart of faith not fearful sobs of doubt.

Christ beside guiding my way with a touch of love,
Comfortingly soft and firm like a hand in a glove.
I walk through the blood of Christ, Holy Spirit deep inside,
Thank you, heavenly father for your forgiveness... I cried.

Bob Rice

Look back, and remember He was with you. Stand still, and realise He is with you. Walk forward, and trust: He will be with you always. – *Margaret Silf*

The self-sufficient do not pray, the self-satisfied will not pray, the self-righteous cannot pray. - *L Ravenhill*

We talk about heaven being so far away. It is within speaking distance to those who belong there. - *D L Moody*

Our prayers must mean something to us if they are to mean anything to God. - *M D Babcock*

The parable of the Shrewd Manager



JESUS OFTEN TOLD STORIES WITH HIDDEN MEANINGS



ONCE JESUS TOLD A STORY ABOUT A RICH MAN...

...AND HIS SERVANT, WHO MANAGED THE RICH MAN'S PROPERTY.

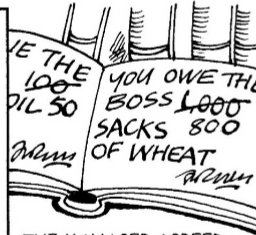


THE RICH MAN HAD HEARD THAT THE MANAGER HAD BEEN WASTING MONEY.

SO HE CALLED THE MANGER TO ACCOUNT FOR HIMSELF!



OH NO! I AM GOING TO GET THE SACK!!

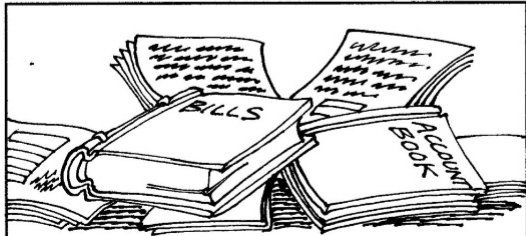
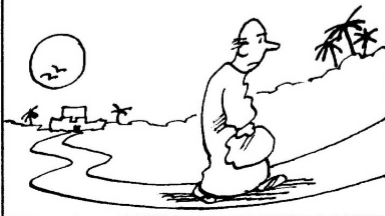


THE MANAGER AGREED TO LET THE RICH MAN'S TRADERS FIDDLE THEIR BOOKS!



SO THEY ALTERED THEIR DEBTS - AND STAYED FRIENDS WITH THE MANAGER.

JESUS EXPLAINED THAT THE MANAGER HAD BEEN WISE IN MANAGING HIS FUTURE... EVEN THOUGH HE WAS BEING DISHONEST.



JESUS WAS TRYING TO ENCOURAGE THE PEOPLE TO THINK ABOUT THEIR OWN FUTURES TOO. BUT IT'S A HARD PARABLE TO UNDERSTAND!

Poetry Corner: *Selected by Jim Holmes*

The Darkling Thrush

I leant upon a coppice Gate
When Frost was spectre-gray,
And Winter's dregs made desolate
The weakening eye of day.
The tangled bine-stems scored the sky
Like strings of broken lyres,
And all mankind that haunted nigh
Had sought their household fires.

The land's sharp features seem to be
The century's corpse outleant,
His crypt the cloudy canopy,
The wind his death-lament.
The ancient pulse of germ and birth
Was shrunken hard and dry,
And every spirit upon earth
Seemed flavourless as I.

At once a voice arose among
The bleak twigs overhead
In a full-hearted evensong
Of joy illimited;
An aged shrug, frail, gaunt, and small,
In blast-beruffled plume,
Had chosen thus to fling his soul
Upon the growing gloom.

So little cause for carolling
Of such ecstatic sound
Was written on terrestrial things
Afar or nigh around,
That I could think there trembled through
His happy good-night air
Some blended Hope, whereof he knew
And I was unaware.

Thomas Hardy



Written on 31st December 1900

The Love of Wisdom of Natural Things

Dr Ruth M Bancewicz

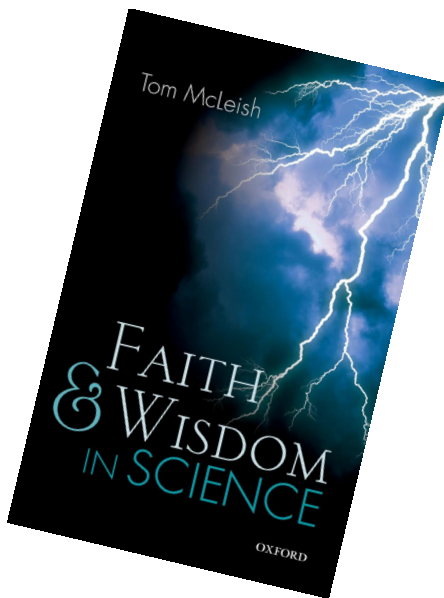
Some time ago a scientist was invited to speak at the Dewsbury Women's Institute. He spoke about his research on polymers, hoping that the women of this Yorkshire mill town would connect with his desire to develop new fibres.

One person in particular, a woman called Betty who had worked in a mill since the age of 15, listened as if her life depended on it, and peppered him with questions afterwards. She had always been interested in how things work, but until that day had not found anyone to answer her questions. Whenever she had asked about the processes that they were using in the mill, she was just told to get on with her job.

From the outside, science can seem a closed specialty, hemmed in by intimidating jargon. When McLeish described science as 'the love of wisdom of natural things', however, he realised he was opening a door. He was moved to see that Betty was not the only person who shed a tear when her questions were finally taken seriously, confirming that her enquiring mind was indeed probing in the right direction – only 50 years too late.

Hearing about people like Betty reminds me that science is a very

natural activity for anyone to be involved in. McLeish is convinced that there is a future in 'science therapy'. In his book *Faith and Wisdom in Science*, where this story appears, he asks the question "If a reintroduction to the activity of representing both inner and outer worlds in paint, music and drama can help to heal minds, what hope might there be for a participation in a gentle and contemplative science in restoring a broken or misunderstood relationship with the physical world?"



This story inspired me to run a number of hands-on science

activities with adult audiences in churches. I have extracted DNA from strawberries with a midweek group for older people, organised hands-on exhibits to liven up lecture or discussion events, and even had groups extracting DNA from their own cheek cells.

Every time I lead activities like these, I find that grown-ups are grateful for the opportunity to have a go at science themselves. I love helping church-based groups, in particular, to reconnect with science

and celebrate what they find. Science is not just for children and professionals – it is for everyone to enjoy and explore the world God made.

This series is written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

Just for Fun



"It's worth getting to church an hour early to grab a pew by the electric socket."



"It may well attract more young folk to join the congregation but I still prefer the old church notice board"

Children, Youth & Families

Stefan Bracher

We have had a brilliant couple of months, which have just whizzed past!



In **Tots' Treats** we have been looking at all kinds of stories, from

cheeky penguin stories to finding out why Jesus came to earth and what that means for us. At the same time we have been getting stuck into some amazing crafts, from finger painting to gluing and everything in between. The sand tray has been the big hit at St. Leonard's, whilst the kitchen area has been the big hit in St. Luke's (currently needing a bit of mend!). We have also had brilliant discussions with parents and carers about faith and there is a general relaxation around the topic of faith in both groups (St. Leonard's & St. Luke's). This has led to some expressing an interest in the Alpha course which started in January.

Unfortunately, we have had to reinforce an age restriction at Tots. Sadly we can no longer allow children older than 4 (school age) to attend the group due to the risk of injury to other, smaller children. However, they will be able to attend the group when we run in the school holidays as we have provision

for the older children to stay and play during those sessions.

The children and parents loved their Christmas party, as they got stuck into some food and games – like pass the parcel, listening to our Christmas story and then finally meeting Father Christmas and receiving a present!

Do please continue to pray for these groups and the discussions which happen on a weekly basis, as well as praying for the leaders who come and run the sessions.



Sparks has been bobbing along nicely. I am very pleased to say that recently the behaviour of the children has continued to improve since we shared and reinforced the rules which the Sparks children themselves came up with.

Sparks members got stuck right into their Christmas party with a buffet feast which was held for them too, as well as the classic Christmas party games or musical chairs, pass the parcel and of course snowball fight!

We are still in need for some volunteers to this group, so please do have a think to see if you can volunteer once or twice a month on a Friday evening for 2 ½ hours or if you'd like to see a night in action let me know and we can arrange for you to come along and see what happens and if this is something which you could give some time to. Email cyfw@seafordparish.org.uk or call 07506 143 476.



Ignite has continued to be popular, with new people continuing to join almost every week! In case you didn't know they love a good bit of basketball, followed by a good game of dodgeball. Both of which can get quite competitive throughout the evening. Recently we spoke about why we as Christians celebrate Christmas during our Christmas party for Ignite. In large they all listened and respected what we had to say on the subject, before getting stuck into some buffet food and fun and games.



Messy Church was a huge success over Christmas. We had hundreds of people come and get stuck into our Christmas Magic Messy Church, Messy Christingle and the Messy Crib service, as well as loads of our children join with the nativity on Christmas Eve.

We've got thoughts for this year already... but I won't tell you what they are just yet!

We met back together in January where we looked at new starts and what that means for us and how we can have a new start with Jesus in our lives.

Glow and Family Worship has been going along very nicely. We switch between the two at St. Luke's. On the first and third Sundays we have our Glow Sunday school and then on the second and fourth Sundays we have our Family Worship. This is a great opportunity for the Church family to come together. They have both been doing very well. On Christmas day we had 8 families come and join us, which is just amazing compared to a couple of years ago! We also saw Alex, Otis and Acer get baptised in January in a triple baptism. Continue to hold them in prayer as their faith continues to grow and they discover more about who God is.

Update - Assistant Children, Youth & Family Worker

As you know, we have been blessed with two grants and a PCC decision to use some legacy funding to employ an Assistant Children, Youth and Family Worker to help develop the church's children, youth & family work.

As I currently write we have engaged with Sussex HR to start to put the job advert together to find the most suitable candidate. We ask for your

prayers throughout this whole exciting time and ask for God's guidance. We are still looking to raise funds to support all of the groups continued running cost, which is projected to be £86,000, which will largely come from other smaller grants over the next few years. Please do continue to pray for this project as we continue to reach further into the community to help others explore God and ultimate turn to God and for them to really connect with God's love.

If you would like to volunteer with any of the groups, please do let me know by either completing the form using the link below, or by phoning/emailing me.

Volunteer form: <https://seafordparishchurch.churchsuite.com/forms/bxz0n0b8>

God Bless,

Email: cyfw@seafordparish.org.uk

Telephone: 07506143476



Messy Christingle





Christmas Parties



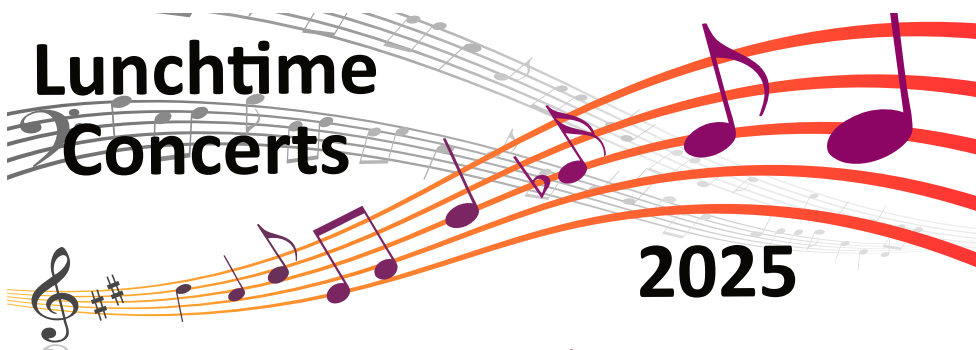
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Lunchtime Concerts

2025

February 15th

Simone Tavoni (piano)

March 15th

Joshua Ryan (organ)

May 17th

Neil Crossland (piano)

June 21st

Clare Beesley (flute) & Pete Churchill (piano accordion)

July 19th

Maggie Grimsdell & Pam Cragg (piano)

August 16th

D'Arcy Trinkwon (organ)

September 20th

Christine Buras (soprano) & Joshua Ryan (piano)

October 18th

Phil Hopkins (harmonica) & Rachel Fryer (piano)

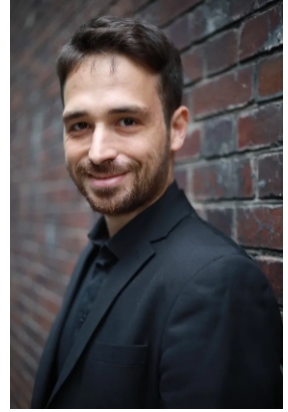
November 15th

Sussex Flutes

Saturday 15th February at 1.00pm

Simone Tavoni (piano)

The Italian pianist Simone Alessandro Tavoni has given recitals internationally including in the United States, United Kingdom, Denmark, Hungary, France, Spain, Malta, Estonia, Greece and across Italy. He was awarded a place on the BBC Pathway scheme during the 2015/2016 academic year and through this, he has had the opportunity to rehearse and perform as an orchestral pianist with the BBC Symphony Orchestra, and some of these performances have been played by BBC Radio 3. In 2019 Simone was selected as a Parklane Group Artist, as Keyboard Charitable Trust Artist and received the Luciano and Giancarla Berti full-ride scholarship to attend the Aspen Music Festival and School studying with renowned Professor Fabio Bidini.



Saturday 15th March at 1.00pm

Joshua Ryan (organ)

Australian organist, collaborative pianist, and conductor Joshua Ryan is a prizewinning graduate of the Royal Academy of Music. He is Organist and Assistant Director of Music of Hampstead Parish Church, Organist of St. Sepulchre-without-Newgate (the National Musician's Church), accompanist of Dulwich Choral Society. His recordings and live performances have been lauded as "impeccable" (British Music Society), "beautiful, wonderful, and full of colour" (BBC Radio 3), and "offers great clarity and panache" (Music Web International).

He has worked across Europe and Australia as a soloist, collaborative pianist, and continuo player with a vast array of conductors, singers, choirs, and ensembles including the BBC Singers, Academy of Ancient Music, London Mozart Players, Hampstead Collective, Sydney Chamber Choir and Allegri Ensemble.



All concerts are in St. Leonard's Church and last for about an hour, admission is free with a retiring collection. Pick up the full concert programme in church or download one from:
www.seafordparish.org.uk/saturday-lunchtime-concerts/

Something's not quite right...

David Farey

A news item recently caught my eye. It was about a teacher in a Christian faith school. She had been promoting traditional marriage values in her own social media posts, so the school sacked her.

This raises all kinds of questions. Traditional biblical values of marriage are what the Church upholds in its statements, and yet in practice those values are being steadily eroded. So, we can ask ourselves the question, how could a purportedly Christian school disagree with one of its staff upholding those values?

But it doesn't stop there, the news item that caught my eye was that the teacher had claimed unfair dismissal, and her claim had been turned down by the courts.

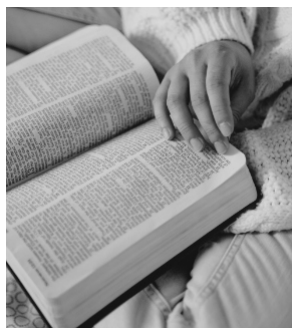
A school, like many institutions, is run by human beings and basic human errors of judgement are possible. But the institutions further up the ladder should be the protectors of the fundamental values which make up the foundations and fabric of society and how it functions.

We are living in a time when those foundations are being reshaped, but is what society is being reshaped into, something which we Christians of faith can agree with? This leads to the next question of how equipped are the members of our churches, to recognise when traditional foundations are being reshaped? Does the average church

goer know where to look in their Bible to see how God has ordered His creation and to see where society is at growing odds with those principles? A good place to start may well be Jesus' words in the Sermon on the Mount, which has been described as a 'design for life'.

Now, more than ever, we need our congregations to be equipped to give an answer to the growing pressure on our traditional God given values. It is why churches like ours run Alpha courses. Alpha is a good but basic introduction to the Christian faith, but it is simply a stepping stone to deeper study and that is what church home groups are for. There you can study the issues in a safe place with likeminded people, and further, can pray about those issues and bring them to the Lord.

So, if you watch the news items, like the one I spotted, that pop up and are either oblivious to their implications, or else feel a slight pang of doubt that something is not quite right but not sure what – then you need to do something about it.... Join a home group!





Prayer Diary

This prayer diary offers a focus for personal and corporate prayer

I will lift my eyes to the hills. From where does my help come from? My help comes from the Lord who made heaven and earth.
(Psalm 121: 1&2)

Praying for our Mission Partners during February:

SAMARA'S AID

- For Dr A and his family and all those working with Samara's Aid at what is a very difficult, uncertain and potentially dangerous time in Syria for minority groups including Christians.
- That Samara's Aid will be able to continue the invaluable work they do in helping young children and their families by providing food in the outreach centres, where children are also able to play and receive help with schooling.
- Safety for the doctors and nurses working in the medical centres that provide free care for those in need.
- Guidance for all those in positions of authority in the country, that they will give priority to ensuring the safety and welfare of all Syrians.

Praying for our Mission Partners during March:

DIOCESAN FAMILY SUPPORT WORK

- Give thanks for the recent generous supporters enabling the distribution of 180 food hampers, the provision of party refreshments, as well as trips to the pantomime and other festive events.
- The Family Practitioners working in each of the Deaneries throughout the Diocese all with full caseloads so that some recent referrals have been put on hold (not something that has happened in the past). At the end of 2024 they were supporting 283 adults and 196 children.
- Our local practitioner Phillipa Fleming working in Peacehaven, Newhaven and Seaford.
- The new Chair of Trustees, Richard Bickersteth.

SUNDAY

- For a strengthening of our faith and spiritual growth as we gather to worship week by week.
- Those who lead our services, the clergy, the musicians, the choir, the readers, intercessors, stewards, vergers and all who attend.
- For those who sit near you in services.
- Those who can no longer attend services regularly because of health difficulties or frailty.
- The Prayer Ministry Teams at St Leonard's and St Luke's.
- For those suffering for their Christian faith, and living in fear of their lives and livelihoods.
- Anecy Roman Catholic Primary School for 5 – 11's. Executive Head: Kate Crees, Head of School: Lucie Brown, Chair of Governors: Mrs S Cox.
- For those living and working in Esplanade, Steyne Road, St John's Road, Causeway, Mallett Close .

MONDAY

- That there will be end to the war between Russia and Ukraine and resolution to the conflict between Israel and the Hamas led Palestinian militant groups.
- The new President of the United States of America, Donald Trump.
- For accord and respect amongst the world's leaders.
- Those suffering in the aftermath of the wild fires in Los Angeles.
- Bowden House, Residential Special School administered by the London Borough of Tower Hamlets. Executive Head: Neil Wells, Deputy Head & Head of Education: Miranda Wells, Head of Student Welfare: Lindsey Haworth, Chair of Governors: Wendy Phillips.
- For those living and working in College Road, Ringmer Road, The Boundary, Martello Road, Marine Crescent.

TUESDAY

- King Charles and Queen Camilla as they lead the working members of their family in carrying out their Royal duties.
- For the Prime Minister, Sir Keir Starmer, Leader of the Opposition, Kemi Badenoch, members of the cabinet and all members of Parliament: that they will act with integrity and justice.
- The Welsh and Scottish Parliaments in their regional responsibilities.
- Chyngton School, Academy for primary children 5 – 11's. Head: Miss Amy Clarke, Deputy Head & Trust Leader: Mr Robin Tollyfield, Co-Chairs of Local Governing Board: Mrs Jane Branson & Mr Chris Mercer.
- Those living and working in Cricketfield Road, The Covers, Cliffe Road, Cliffe Gardens, Cliffe Close.

WEDNESDAY

- Our MP James MacCleary: that he will serve the Lewes constituency with diligence and honesty.
- For all members of East Sussex County Council and Leader, Keith Glazier, for Seaford Town Council and Mayor, Sally Markwell.
- Those working within the local Emergency Services: Ambulance, Coastguards, Fire and Rescue, Lifeboat volunteers and the Police.
- The local GP practices and local pharmacies currently under extreme pressure causing worry and distress for patients.
- Those residing and working in our local nursing and care homes and those who care for others in their own home.
- Cradle Hill Community Primary School for 5 – 11's. Head: Mrs Andrea Keith, Deputy Head: Mrs Ellie Jones, Assistant Head & SENCO: Mrs Holly Stonehouse, Chair of Governors: Iain Day.
- Those living and working in Fitzgerald Avenue, Lions Place, Fitzgerald Park, The Close, Corsica Road, Gerald Road, Maurice Road.

THURSDAY

- Rev. James, Rev. Lucy, Rev. Derreck and Rev. Carole in their ministry throughout the parish.
- Our Administrator Charlie and Tony working in the office.
- Our Churchwardens Liz and Fred.
- Members of the PCC.
- For those leading and attending the weekly Alpha Course meetings – that all will grow in their faith journey.
- The retired clergy who live in our parish & those who worship with us.
- Cuckmere House, Academy Federated Special School for pupils with behavioural problems. C.E.O.: Jo Foulkes, Head of Secondary School: Martin Waite, Head of Primary School: Jacqueline Prince-Smith, Chair of Trustees: Gill Sole.
- Those living and working in Bramber Road, Heathfield Road, Dean Road, Ashurst Road, Steyne Close.

FRIDAY

- Stefan, our Children, Youth & Families Worker, as he co-ordinates the volunteers as together they plan and organise our youth groups for Sparks 5.45-7.15pm and Ignite 7.45-9.30pm meeting weekly on Fridays at St. Luke's
- The Tots Treats meeting every Wednesday in St Luke's and Thursday in St Leonard's.
- Seaford Head School, Academy for Secondary & Tertiary Education on three sites – Arundel Road, Steyne Road & the Sixth Form Centre. Head: Bob Ellis, Chair of Trustees: Jon Dilley, Chair of local Governing Board: Margaret Rooms.
- Those living and working in Bramber Close, Crooked Lane, Bramber Lane, Rother Road, Southdown Road.

SATURDAY

- That all will find a welcome at both our churches.
- For the monthly Messy Church Service – that the families will be drawn into worshipping regularly.
- The Home Groups and their leaders as we move into the season of Lent and a time of reflection as we journey towards Easter.
- That we will all work together to progress the plans to grow our youth work and that we will find a God filled new Assistant Childre, Youth and Family worker to join the team.
- That our plans to renovate both church buildings will enable us to reach out into the community to share God’s love more and more in Seaford.
- Seaford Primary School Community Primary School for 5 – 11’s. New Head January 2025: David Etherton, Deputy Head: Mrs Suzannah Ayres, Chair of Governors: Malcolm Anderson.
- Those living and working in Chyngton Road, Chyngton Place, Cuckmere Road, Arundel Road, Bracken Road, Links Road.

How do you keep your life going in the right direction?

*‘Do not let this Book of the Law depart from your mouth; meditate on it day and night, be careful to do everything written in it. Then you will be ...successful.’
Joshua 1.8*

Any flying instructor will tell you that periodically all aeroplanes need to be ‘trimmed’ or ‘balanced in flight’. After flying through storms and hitting air pockets, the plane’s instruments need to be readjusted. That’s true of our attitudes too. The air currents of life can ‘knock you out of line’ and keep you from reaching your destiny. ‘Unexpected weather’ like sickness, unemployment, divorce, death and disappointment can drive you off course.

In other words, your attitude needs to be constantly checked and adjusted. Have you checked yours lately? What are you encountering that calls for an attitude change? How are you handling it? Are you adjusting or resisting? So long as you live, you’ll always need to be ‘trimmed and balanced’.

The most important thing that affects your attitude in life is your faith, and that grows only as you live in God’s Word. That’s why God told Joshua to read the Word, speak the Word and obey the Word if he wanted to succeed.

Try the 3 x 5 Technique! Each week, write out one faith building scripture on a 3 x 5 card. Carry it with you wherever you go and memorise it. In one year, you’ll know 52 new scriptures, and more importantly, your attitudes will be in line with God’s Word, your faith will be strengthened, and your life will keep moving in the right direction.

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Link to Hope Shoebox Appeal

Why support the Link to Hope Shoebox Appeal?

People to join in with our Shoebox Appeal and fill a Shoebox for a family – not just a child. The list contains items for all family members and includes different items. These range from shower gel/shampoo, family games, stationary items, gift for mum and dad as well as sweets, soft toys, hats, scarves etc.

The Shoebox Appeal has been running since 1992. Link to Hope have delivered smiles to thousands of people in Eastern Europe over the years. In fact in total over 1,000,000 shoeboxes to hundreds of different locations! It's a really simple idea, anyone can get involved.

Family Shoebox

What's in a typical Christmas shoebox gift for a family? The families who receive your Christmas shoeboxes often have to choose between buying food or fuel. Buying presents is a low priority, as their homes often lack running water or are cold, damp and dark because they have no electricity. The Shoebox Appeal list mixes eleven essential and luxury items such as:

1. Knitted hat
2. Chocolate
3. Soap and flannel
4. Toothbrush and toothpaste
5. Candle and holder
6. Playing cards
7. Hairbrush
8. Tape measure
9. Soft toy
10. Calculator
11. Shampoo

Elderly Shoebox

Due to the number of elderly people that are now being left alone due to their families leaving to work away, Link to Hope have launched the Elderly Shoebox Appeal. These boxes might include:

1. Cutlery
2. Lavender bag
3. Socks
4. Hot water bottle
5. Pen and paper
6. Reading glasses
7. Gloves
8. Boiled sweets
9. Soap and flannel
10. Toothbrush and toothpaste



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Neutering

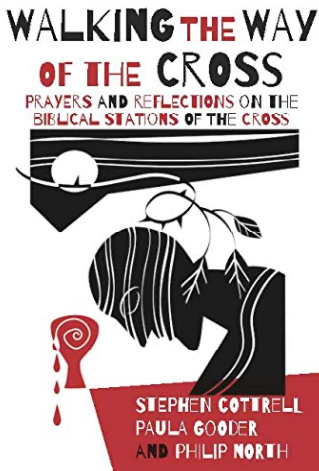
We can also help towards the cost of neutering your cats and kittens.
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**DO YOU HAVE ROOM FOR A FURRY FRIEND?
-PHONE FOR UP-TO-DATE INFORMATION IF YOU CAN HELP**

Book Reviews

James Hollingsworth



Walking the Way of the Cross *by Stephen Cottrell, Paula Gooder and Philip North*

This is my recommended Lent Book. Its very short. Each chapter is about 5 pages long. 2 pages of liturgy introducing one of the Stations of the Cross. Next comes a single page reflection by each of the three authors on the biblical text relating to this station. Paula Gooder is reliably excellent and academic. Bishop North is anecdotal and creates a curiously helpful reflection that leaves you thinking – I hadn't thought of that before. The Archbishop of York's

reflections are more personal. It could work for a Home Group to read say three stations per week and discuss them.

The art work by Nicholas Markell, is in itself simple and immensely evocative. Apparently, you can get it in A4 or postcards but I can't seem to find it. The art in its own way makes for a 4th level of commentary.

Station 8, for example, (Simon of Cyrene helps Jesus to carry the cross). Philip North sees Simon finding the dignity that the soldiers were denying Jesus, and in so doing is himself more than a label through his newly found relationship with Christ.

Everything happens for a reason and other lies I've loved *told by Kate Bowler.*

This is a brilliant book. Ideal for Lent. Not to be read by anyone actually in the midst of your suffering but in the rest of us it might provoke the sort of empathy that we could learn from. The title is misleading. I thought it might be a sort of apologetics book exploring the theology behind some of the trite stuff we come out with. But its actually Kate's own story of her life particularly her diagnosis of stage IV cancer. Its

witty, tear jerking, and embarrassing (am I like that!).

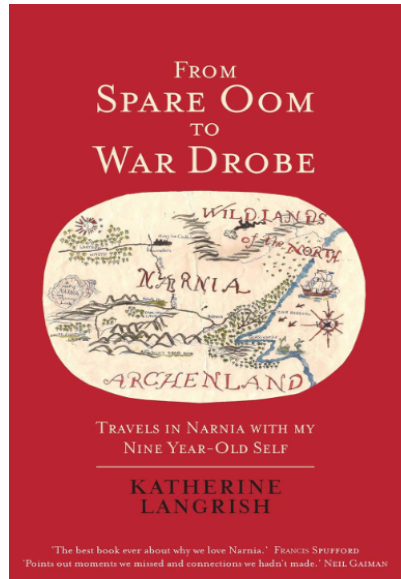
On the one hand she explores what it means to 'know Christ in his suffering' (see also Romans 8v17, Philippians 3v10) on the other hand she's frightened of praying prayers of healing. She finds herself influenced by the prosperity gospel with its odd mix of denial of suffering by living the life you're claiming through faith and struggling to deal with other people's needs to fix her faith when what she needs is chocolate.

I've got one more chapter to go, so I don't know how it ends but I did skip to the Appendices which are worth reading early on. Appendix 1 'Absolutely never say this to people' and App 2 'Give this a go' would be worth any Home Group's evening to chew over.

From Spare Oom to War Drobe *by Katherine Langrish*

Subtitled *Travels in Narnia with my nine year-old self*, Langrish does a superb job of reflecting on each of the seven books. She does recap the stories but I think it helps if you know Puddleglum from *Puzzle*. Its more readable than Rowan Williams' scholarly but impenetrable *The Lion's World*, and similar to Jem Bloomfield's *Paths in the Snow* with his contextual literary parallels. The key difference is the honest internal dialogue Langrish gives us between her grown up self and her nine year-old self.

Hearteningly, she deals quickly with Philip Pullman's atheistic diatribe against Narnia. In each chapter she



goes off on a biblical tangent to point out things you may or may not have noticed such as John 14.1-4 as a lens for reading the *Voyage of the Dawn Treader*.

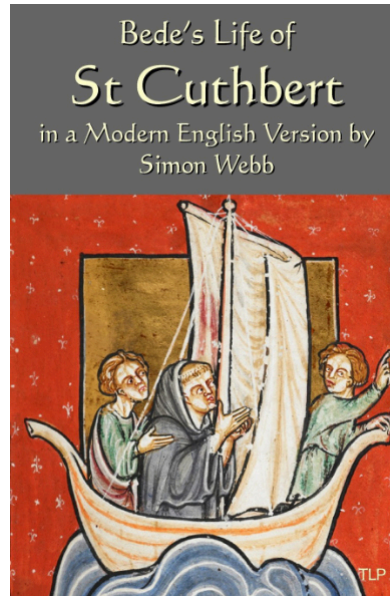
Her younger self was moved by the temptation, in *Voyage of the Dawn Treader*, to speak the spell of knowing what other people think of you and then immediately regrets it, and of the spell to be beautiful (like her sister Susan). But her older self struggles with the way that Susan once a Queen of Narnia, archer and swimmer, now doesn't have time for that sort of thing and is busy with 'lipstick and nylons' even to the point that in the Last Battle she doesn't make it into Aslan's Own Country. As a boy reading this I was glad to see that free will was still valued and I read in one of CS Lewis's letters somewhere something about how he would be glad for someone to write the story of a later Susan rediscovering her love for Narnia.

Langrish sees quite a lot of racism in the portrayal of Calormenes (something that Williams defended him against) but notes the gaslighting of Uncle Andrew in *The Magician's Nephew* and particularly of the White Witch in *The Silver Chair* which is only cured by the indefatigable Marshwiggle putting his feet into the bewitched smoke and declaring creed-like: As for me, I shall live like a Narnia even if there isn't a Narnia.

Bede's life of St Cuthbert *by Simon Webb*

I think I need to read more Bede. This is just so encouraging. He died 735 AD having been a monk and writer from Jarrow. Best known for his *Ecclesiastical History of the English People* but for Christmas I got his *Life of St Cuthbert*. Bede describes Cuthbert's prayers as his going to war. Oh that we might remember that.

It's full of anecdotes: 'At this time, Cuthbert was keeping watch over flocks of sheep... suddenly he saw a light streaming down from heaven, in the light were choirs of angels coming down to earth, and after taking away a soul that was full of light, they returned



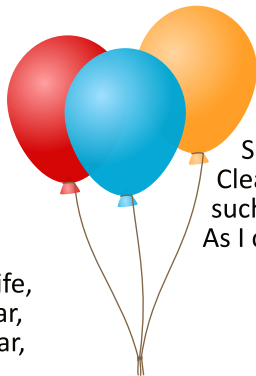
to their heavenly country ...' Oh to see with his eyes.

There is a fun water into wine story though my favourite is still the one about the otters drying Cuthbert's feet. The whole work can be dismissed as myth and legend but it reminds us of a time when life was full of disease and war and strife, and yet here we find story after story of hope, of peace and power and the presence of God. May we have ears to hear.

Sixty

As I approach sixty years,
With fears as big as ears,
Still middle-aged, sixty to go!
A boy inside who didn't
Grow,

I can't complain about my life,
I'm loved by God, a son and wife,
I have friends, a home and a car,
I have all I need and more by far,



Why mourn past memories
lying to me,
Seek calmness in Christ,
Clear to see,
such love dispels a salty tear,
As I celebrate the coming year.

Bob Rice

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World Day of Prayer

A service for everyone

Friday 7 March
2025

Cook Islands

I made you wonderful

Join us to become part of the great wave of Prayer!

On the first Friday in March the Day of Prayer begins on the international dateline, in Samoa. Early in the morning, Christian women begin praying for our world. As the earth rotates, a great wave of prayer begins to build. It sweeps across the Pacific, touching Fiji and New Zealand, rolling on through Asia: Japan, the Philippines, Korea, and Bangladesh. The countries of Africa, and the Middle East are next. The wave reaches the shores of Europe as the day dawns there. Across the Atlantic, it moves onwards, the Caribbean, the Americas, and on to the Pacific again until the sun finally sets over American Samoa where the final service takes place. A worldwide circle of prayer is complete.

Kia Orana!

'I made you wonderful' Kia Orana! Our sisters in The Cook Islands welcome us and lead us for the Day of Prayer 2025. This group of 15 islands in the South Pacific Ocean has a rich and colourful Maori heritage and a deep connection to nature. Join with us as we pray together and reflect on the theme *I made you wonderful*.

World Day of Prayer is an international, ecumenical organisation which enables us to hear the thoughts of women from all parts of the world: their hopes, concerns and prayers. The preparation for the day is vast, the service begins with the writing country and theme being chosen a number of years earlier. Once written it goes to the International Committee in New York for translation and dissemination to the National Committee in each participating country. The service is then discussed and edited before being presented nationally, regionally and then locally for branches to make their plans. Finally, you are invited to the service organised by the Seaford World Day of Prayer Committee to be held at:

**Cross Way Church, Clinton Place, Seaford, BN25 1NP on Friday 7th March 2.00pm
Followed by refreshments**

The Day of Prayer is celebrated in over 120 countries. It begins in Samoa and prayer in native languages travels throughout the world — through Asia, Africa, the Middle East, Europe and the Americas before finishing in American Samoa some 38 hours later. A worldwide wave of prayer... For further information see the WDP website: www.wwdp.org.uk

In order to cover expenses and enable the offering at the service to be forwarded in its entirety to the World Day of Prayer we are holding our annual Coffee Morning on Saturday 1st February.



Friday 7th March 2.00pm

**Cross Way Church,
Clinton Place, Seaford**
Followed by refreshments

**COFFEE MORNING
WITH STALLS**

Saturday 1st February
10.00 a.m. to 12.00 noon



**CROSS WAY CHURCH
CLINTON PLACE, SEAFORD, BN25
1NP**

Raising awareness for the
WORLD DAY OF PRAYER



Helping people into Housing

Terry Howell

Renters Rights Bill

The aim of the bill is to curb rogue landlords from providing housing unfit for human habitation, e.g. with mould on the walls or even water dripping through the ceiling! It is all too easy for landlords to rent such places because the market does not have nearly enough affordable or social housing. The aim of the act is to balance the power between landlords and tenants more fairly. The law is being passed but it will not be implemented because no method for doing this is in place. There is to be a consultation about this in the summer so the law will not be effective until the autumn or more likely until 2026. Meanwhile some tenants continue to be forced to live in squalor and suffer health problems.

Christmas Collection

You may have seen the leaflet with the headline: **'Imagine Christmas with no kettle'**. You deserve a **big thank you** if you donated to this appeal among the plethora of other charity appeals. We have already collected £900 via

JustGiving and will have more donations via our website www.leweshomelink.org.uk. The collection will go towards our grant fund which spent well over budget last year. I must remind you that grants are needed all year. You can donate at any time. People are being offered much needed accommodation throughout the year but often without white goods or basic furniture or floor covering. We give grants of up to £500 for carpeting and £350 otherwise. These are not generous grants but it is surprising how much can be bought as second-hand goods.

Core Business: Loans have always been our main job offering interest-free loans so that our clients can afford to rent private accommodation, usually flats. In 2024 we helped 61 tenancies in this way, an increase on 2023 and this is in spite of the difficulty due to the shortages of places to rent. We must thank Gary and Shaun for this good result.

HOMELINK is a registered charity led by a Board of Trustees (including one from our Parish) and run by a Management Committee, all of whom are volunteers. Other volunteers help in a wide range of roles.

HOMELINK normally employ five part-time staff: two Client Managers; a Repayments Officer; a Finance Manager; and an Administration and Development Officer;

HOMELINK's office is rented from Age Concern in the House of Friendship in Lewes.

No District!?

The Trustees are meeting soon to discuss future strategy. High on the agenda will be how we are to cope with the re-organisation of local government which includes the abolition of District Councils. This is meant to be implemented rapidly, it will affect our name as well as other aspects of our work such as defining the area of our work. There is also the problem of benefits which the chancellor is threatening to cut. We also have National Insurance increases for our staff to pay for.

Tustees

We are sorry that Malcolm Mazej has resigned as a Trustee from Seaford after 25 years. He was a founder member of HOMELINK. This leaves us with only two of the four trustees who should be nominated by Seaford Churches Together.

Prayers are needed for:

1. Wisdom in deciding future strategy
2. More Trustees
3. Finalising the Renters Rights Bill.

Time

Do not look forward to the changes and chances of this life with fear. Rather, look to them with full confidence, that as they arise, God to whom you belong will in His love enable you to profit by them.

He has guided and guarded you thus far in life. Do you but hold fast to His dear hand, and He will lead you safely through all trials. Whenever you cannot stand, He will carry you lovingly in His arms.

Do not look forward to what may happen tomorrow. The same Eternal Father who cares for you today will take care of you tomorrow and every day of your life. Either He will shield you from suffering or He will give you unflinching strength to bear it. Be at peace then, and put aside all useless thoughts, all vain dreads and all anxious imaginations.

*St. Francis de Sales
(1567-1622)*



Life And More Abundant Ministries

Lesley Gomez

Blessings to you all for this new year

Thank you to those who donated extra to help us at the end of the year. We had a good Christmas - Peter and I attended the First Baptist Church Christmas Concert in San Fernando, we are friends with the Pastor there, the Choir is amazing - more like the Christmas I am accustomed to. I try to attend every Christmas. Christmas was made extra special with our little 2-year-old Mattheo! We enjoy a cooler climate December - February, only 24degrees C!

Regional Rehabilitation Centre for Youth

This Christmas Eve morning at RRCY, we gathered in groups to pray for each other. Lifting up everything to Jesus who holds everything together and believing that in all things He works for the good of those who love Him, who have been called according to His purpose.

Award for Service to Bauang

LAMA Ministries was very honoured to receive an Award from the Mayor of our town for our Services to Bauang.

We attend Epicenter Church in San Fernando - an AOG branch from thriving Epicenter Baguio. It is 2 year this February since it pioneered in San Fernando. We were praying about where to go after the pandemic and found Epicenter with no worship team - so Michael, Ana and Simon took it on, and it has been such a blessing. We now



have quite a number of young people who can lead worship! Pastors travel down from Baguio City every Sunday to preach - great preachers, the sermon is always challenging.

The Beach Church

You may remember we built a church on the beach years ago - my Dad loved it when he came to visit. Pastor Augusto took over the church and later handed it to Pastor Sammy. Recently owner of the land took it back, so the church is closed. Pastor Sammy's wife had been ill for some time, and she died a few

days after Christmas. So, it is very sad. When he is not Pastoring, he works very hard collecting recyclables on his tricycle to sell at junk yards. Peter and I have been visiting the fisher folk at the beach - much of the squatter village was re-located as land has been sold to build holiday homes. We hope to visit the re-location, an Island nearby accessed only by boat and to give some clothing and shoes to families there.

LAMA boys

We heard from many former boys over Christmas, most of them now married with children. Richbert became a new Daddy in December! Diether worked hard to train as a chef after leaving LAMA House - he now works as a sushi chef in the Middle East. When he lived with us he was quite a sad boy, always wanting to find his family - we tried everything, but it seemed impossible. Recently he finally found family through Facebook. His Christmas Greeting to us: "Ma'am, Thank you for your sacrifice to me before, thank you very much because I got to know the LORD for real. I am grateful to the Lord; He fulfilled my prayers and dreams - I found my biological family thanks to Him and I have been able to go abroad to work. God helped me solve all the problems in my life. I want to testify to His goodness and to praise and worship Him. Thank you LAMA House. "

Nicole and Nikka

Nicole and Nikka attend a Baptist Church in San Fernando where Nicole (16) teaches Sunday school in the church on Sundays and on outreaches into barrios. They are both in High School now and doing well. Shirley has work as a Caregiver. They recently posted a beautiful picture of Nikka at her birthday party. We thank God that we were able to rescue them when they were homeless, when Nikka was a toddler. Thank you for helping us to help them out of a desperate situation. We appreciate your prayers as we work together for God's Kingdom!

A Prayer for former boys and girls of LAMA House

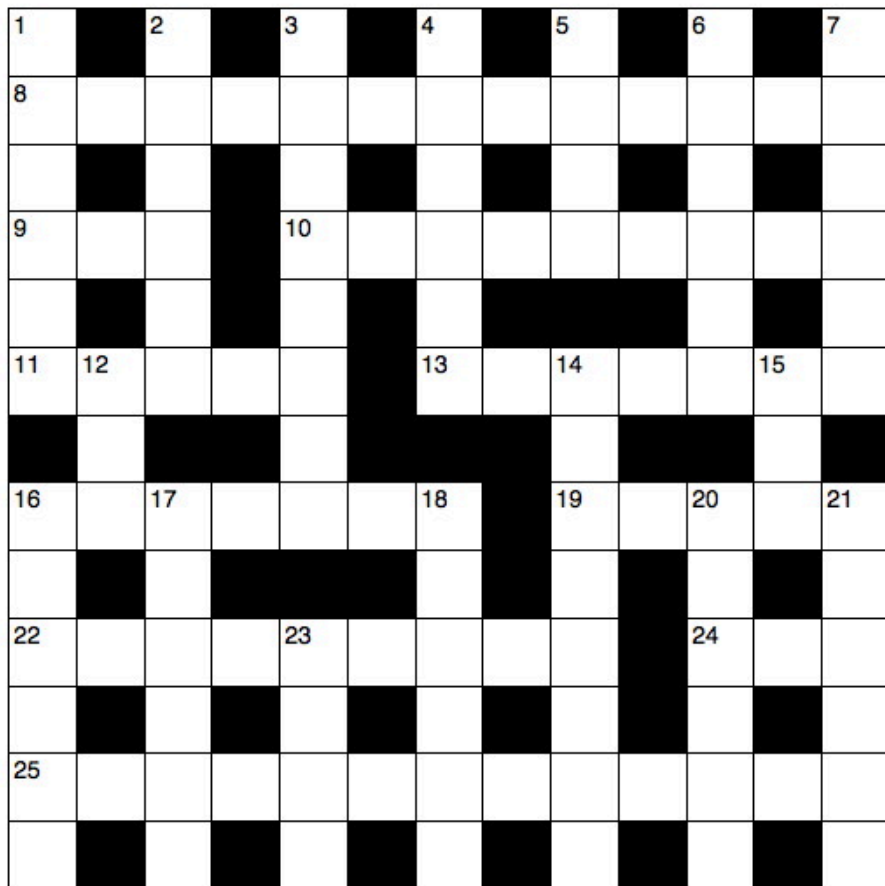
Our GOD and Father, Take hold of their hands and help them hear Your voice, saying "Do not fear - I will help you." Remind them Holy Spirit of words of life they heard at LAMA House. Give them someone who will water the good seeds that were planted. Be their place of safety. Fill their hearts with Your peace, assurance and courage. You know each one by name. AMEN.

With thanks for all your support
Lesley & family.

Christian Life

We live in a world of conflicting stories trying to shape our identity and our understanding of who we are and how we are to live. These cultural stories offer us fulfillment found in success, family, love and acceptance. The God story often jars and conflicts with our culture, but it offers us all a beautiful, true and compelling vision. We are invited into this story of mercy, grace, forgiveness and transformation. – Peter Lynas

Crossword



Across

8 Interrogated (Acts 12:19) (5-8)

9 'Burn it in a wood fire on the — heap' (Leviticus 4:12) (3)

10 Tobit, Judith, Baruch and the books of Esdras and the Maccabees are part of it (9)

11 Science fiction (abbrev.) (3-2)

13 Clay pit (anag.) (7)

16 Went to (John 4:46) (7)

19 'Therefore, I urge you, brothers, in view of God's mercy, to — your bodies as living sacrifices' (Romans 12:1) (5)

22 David's plea to God concerning those referred to in 14 Down: 'On — — let them escape' (Psalm 56:7) (2,7)

24 Royal Automobile Club (1,1,1) 25 How the book of Ezekiel refers to God more than 200 times (Ezekiel 2:4) (9,4)

December-January Lectionary

Sunday 2nd February Candlemas

Hebrews 2.14–18
Luke 2.22–40

Sunday 9th February 4th Sunday before Lent

1 Corinthians 15.1–11
Luke 5.1–11

Sunday 16th February 3rd Sunday before Lent

1 Corinthians 15.12–20
Luke 6.17–26

Sunday 23rd February 2nd Sunday before Lent

Revelation 4
Luke 8.22–25

Sunday 2nd March 1st Sunday before Lent

2 Corinthians 3.12 – 4.2
Luke 9.28–36

Wednesday 5th March Ash Wednesday

2 Corinthians 5.20b-6.10
Matthew 6.1-6, 16-21

Sunday 9th March 1st Sunday of Lent

Deuteronomy 26.1-11
Luke 4.1–13

Sunday 16th March 2nd Sunday of Lent

Psalms 27
Luke 13.31–35

Sunday 23rd March 3rd Sunday of Lent

Psalms 63.1-9
Luke 13.1–9

Sunday 30th March Mothering Sunday

Psalms 34.11-20
John 19.25-27

Down

- 1 Seas (Proverbs 8:24) (6)
 - 2 One of the sons of Eli the priest, killed in battle by the Philistines (1 Samuel 4:11) (6)
 - 3 Specialist in the study of the Muslim religion (8)
 - 4 'Do not rebuke an older man harshly, but — him as if he were your father' (1 Timothy 5:1) (6)
 - 5 One of Esau's grandsons (Genesis 36:11) (4)
 - 6 Taking a chance (colloq.) (2,4)
 - 7 God's instructions to the Israelites concerning grain offerings: ' — salt to — your offerings' (Leviticus 2:13) (3,3)
 - 12 Confederation of British Industry (1,1,1)
 - 14 'All day long they twist my words; they are always — to harm me' (Psalm 56:5) (8)
 - 15 The crowd's reaction to Jesus bringing back to life a widow's son in Nain (Luke 7:16) (3)
 - 16 Disappear (Psalm 104:35) (6)
 - 17 How Jeremiah was likely to die if he wasn't rescued from the cistern where he was imprisoned (Jeremiah 38:9) (6)
 - 18 What the prophets do to a wall, with whitewash (Ezekiel 13:10, RSV) (4,2)
 - 20 Made by a plough (Job 39:10) (6)
 - 21 Noah was relieved when the flood waters continued to — (Genesis 8:5) (6)
 - 23 Jesus gave the Twelve the power and authority to do this to diseases (Luke 9:1) (4)
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February Calendar

Saturday 1st	9.30am	Messy Church	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 2nd	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion & Glow	St. Luke's
	11.15am	The Meeting Place	St. Leonard's
Wednesday 5th	11.00am	Matins	St. Leonard's
	12.30pm	Parish Lunch	St. Luke's
Sunday 9th	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	Prayer@7	St. Luke's
Tuesday 11th	11.00am	Prayer Ministry & Communion	St. Luke's
	7.00pm	Year of Faith Deanery Service	Southover, Lewes
Wednesday 12th	11.00am	Holy Communion	St. Leonard's
Saturday 15th	1.00pm	Lunchtime Concert	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 16th	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion & Glow	St. Luke's
	11.15am	The Meeting Place	St. Leonard's
	7.30pm	Women's Group	St. Luke's
Monday 17th	7.30pm	Women's Group	St. Luke's
Wednesday 19th	11.00am	Holy Communion	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 23rd	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	St. Luke's@7	St. Luke's
	11.00am	Prayer Ministry & Communion	St. Luke's
Tuesday 25th	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 26^h	11.00am	Holy Communion	St. Leonard's
Friday 28th	2.30pm	Mothers' Union	St. Luke's

Parish Magazine Copy Date

Items for the February-March edition of the Magazine are most welcome and should be sent to magazine@seafordparish.org.uk by Tuesday 18th March.

Crossword solution

Across:

8, Cross-examined. 9, Ash. 10, Apocrypha. 11, Sci-fi. 13, Typical. 16, Visited. 19, Offer. 22, No account. 24, RAC. 25, Sovereign Lord.

Down:

1, Oceans. 2, Hophni. 3, Islamist. 4, Exhort. 5, Omar. 6, On spec. 7, Add all. 12, CBI. 14, Plotting. 15, Awe. 16, Vanish. 17, Starve. 18, Daub it. 20, Furrow. 21, Recede. 23, Cure.

March Calendar

Saturday 1st	9.30am	Messy Church	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 2nd	9.30am	Holy Communion	St. Leonard's
	9.30am	Holy Communion & Glow	St. Luke's
	11.15am	The Meeting Place	St. Leonard's
Wednesday 5th Ash Wednesday	11.00am	Matins	St. Leonard's
	12.30pm	Parish Lunch	St. Luke's
	7.00pm	Holy Communion	St. Leonard's
Sunday 9th	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	Prayer@7	St. Luke's
Tuesday 11^h	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 12th	11.00am	Holy Communion	St. Leonard's
Saturday 15th	1.00pm	Lunchtime Concert	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Confirmation Holy Communion & Glow	St. Luke's
Sunday 16th	11.15am	The Meeting Place	St. Leonard's
	7.30pm	Women's Group	St. Luke's
Tuesday 18th		Magazine Copy Date	
Wednesday 19th	11.00am	Holy Communion	St. Leonard's
Saturday 22nd	10.00am	Open Church Cafe	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	St. Luke's@7	St. Luke's
Tuesday 25th	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 26th	11.00am	Holy Communion	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
Sunday 30th	9.30am	Holy Communion & Glow	St. Luke's

Regular Services & Group

Services in St. Leonard's Church

Sundays

- 8.00am Holy Communion: a quiet said service
 9.30am Holy Communion: a service with choir and hymns
 11.15am The Meeting Place: a service of praise and prayer for healing (1st & 3rd Sundays)



Wednesdays

- 11.00am Matins: a quiet said service (1st Wednesday)
 11.00am Holy Communion: a said service (other Wednesdays)



Services in St. Luke's Church

Sundays

- 9.30am Holy Communion: a service with hymns (1st and 3rd Sundays)
 9.30am Family Worship: informal worship (2nd and 4th Sunday) with bacon rolls from 9.00am
 7.00pm Prayer@7: a short time of worship followed by prayer (2nd Sunday)
 7.00pm St. Luke's@7: Contemporary worship (4th Sunday)

Tuesdays

- 11.00am Prayer Ministry and Communion (2nd and 4th Tuesdays) followed by refreshments

Sunday	Glow (children's group)	9.30am	St. Luke's	1 st and 3 rd Sundays
Monday	Women's Group	7.30pm	St. Luke's	3 rd Monday
Tuesday	Bell Ringers	7.30pm	St. Leonard's	Weekly
Wednesday	Tots	9.30am	St. Luke's	Weekly*
	Parish Lunch	12.30pm	St. Luke's	1 st Wednesday
Thursday	Tots	9.30am	St. Leonard's	Weekly*
	Choir	7.00pm	St. Leonard's	Weekly
Friday	Mother's Union	2.30pm	St. Luke's	4 th Friday
	Sparks	5.45pm	St. Luke's	Weekly*
	Ignite	7.45pm	St. Luke's	Weekly*
Saturday	Messy Church	9.30am	St. Leonard's	1 st Saturday
	Open Church	10.00am	St. Leonard's	See calendar

*Term time

Parish Directory

Clergy

Revd. James Hollingsworth	01323 893508	vicar@seafordparish.org.uk
Revd. Derreck Lee-Philpot	01323 893391	dlp@seafordparish.org.uk
Revd. Carole Darling		revcarole@seafordparish.org.uk

Children, Youth & Family Missioner

Stefan Bracher		cyfw@seafordparish.org.uk
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Parish Office- calls can be taken Monday to Friday 10.00am to 12.00 noon

Charlie Christie	07391 787130	admin@seafordparish.org.uk
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Churchwardens

Fred Bass	01323 893054	fred@seafordparish.org.uk
Liz Morgan-Jones	01323 890644	liz@seafordparish.org.uk

Deputy Wardens

Janet Kent (St. Leonard's)	01323 490050	janet.seaford@btinternet.com
Paul Waller (St. Leonard's)	01323 872088	
Joanne Lalla (St. Luke's)		joanne.lalla@btinternet.com
Paul Bloxham (St. Luke's)		paulandjobloxham@btinternet.com

Parish Treasurer

Paul Waller	01323 872088	atreasurer@seafordparish.org.uk
		prayerpastor@seafordparish.org.uk

Prayer Pastor

Safeguarding Officer

Ruth Saunders		safeguarding@seafordparish.org.uk
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Home Groups

David Farey		homegroups@seafordparish.org.uk
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Hall Bookings	07425 936674	bookings@seafordparish.org.uk
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Fortnightly News		news@seafordparish.org.uk
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Magazine

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