

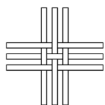
Parish Magazine

St. Leonard's and St. Luke's Churches

October-November 2024

Suggested donation **£1.00**





SEAFORD PARISH CHURCH

ST LEONARD'S AND ST LUKE'S

03	Welcome	31	Lunchtime Concerts
04	Parish News	32	Christian Aid
06	James Hollingsworth writes...	34	Homelink
07	The Poppies of Remembrance	36	LAMA
08	Vocation and Calling	37	Link to Hope
09	Which Comes First?	38	Fearfully and Wonderfully...
10	Children, Youth & Families	39	Mouse Makes
16	Letter from Sabbatical	40	Poetry Corner
20	The Lord Cares for Us	42	Crossword
22	How to Deal with Enemies	43	Lectionary
22	Alpha 2025	44	Calendar
23	Prayer Diary	44	Crossword Solution
28	Book Review	46	Regular Services & Events
30	Guilty or Not Guilty?	47	Parish Directory

Welcome

Care for Creation

António Guterres (United Nations Secretary-General) has said that we're at 'Code red for humanity: the alarm bells are deafening, and the evidence is irrefutable: greenhouse gas emissions from fossil fuel burning and deforestation are choking our planet and putting billions of people at immediate risk.'

At this time of Creationtide, how are we to respond to these climate concerns?

The world belongs to God:

'The earth is the Lord's and everything in it' (Psalm 24:1). The world is not ours, but God's! We are called to share in care for God's world: 'Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground.' (Genesis 1:28). We represent God by governing with the same self-giving generosity that we see in His creation of the earth. This challenges our consumer mindset, that sees the earth's resources as both limitless and existing simply for our needs. For example, the fashion industry uses as much carbon per minute, as a car emits going six times round the world! How can we make a difference in our world?

We belong to Christ:

We also belong to the one who's plan is: *'to be put into effect when the times reach their fulfilment – to bring unity to all things in heaven and on earth under Christ.'* (Ephesians 1:10). We can look forward to the time when God will create a new heaven and a new earth and make everything new. Meanwhile, we are called to serve as He serves, caring for the earth and our fellow humans, by living simply, recycling, conserving energy and choosing reusable options.

In terms of our world, there is no plan B! God gave us only one planet!



Parish News

St. Luke's @7

St.Luke's@7 meet for a time of worship and prayer on October 20th and November 24th. Some folks gather and share supper at 5.45pm with worship from 7.00pm. Everyone is welcome, if you want supper please contact Kate Steer.

Coffee, Prayer Ministry & Communion

You are welcome to join in our next Service of Prayer Ministry with Communion at St. Luke's on Tuesdays 8th and 22nd October then 12th and 26th November at 11.00am. Coffee will be available from 10.00am to 12.00pm.

Seaford Parish Women's Group

Our meetings are usually in St. Luke's Church Walmer Road on the third Monday of the month starting at 7.30pm. We enjoy fellowship, listening to interesting topics, refreshments and closing our meetings with evening prayers. New members are always welcome.

October 21st: An Evening of Drawing
November 18th: Christmas Crafts

Mothers' Union

The Mothers' Union meet on Friday 25th October at 2.30pm in St. Luke's when Linda Parsons will talk about her life as a minister's wife.

On Friday 15th November at 2.30pm in St. Luke's there will be an update on Brian Millar's work with the YMCA. The group will also be wrapping Christmas parcels. In December there will be a Stopover Service and trip to Seaford Little Theatre. More details later. All welcome.

Parish Lunch

The next Parish Lunches will be on Wednesdays 2nd October and 6th November. To book a place please call Sue on 01323 490415 or Julia on 01323 895073. We serve a hot meal followed by dessert, tea or coffee for just £6.00.

Christian Aid Gaza Appeal

Many thanks everyone who responded to the emergency Gaza Appeal. It raised £95 and £45 of that is gift aided.

Parish Magazine

The copy date for the December-January edition of the Parish Magazine is Tuesday 19^h November. Items of news and articles should be sent to magazine@seafordparish.org.uk

Fortnightly News

The regular news sheet with updates and reminders is published every two weeks. You can also receive this as an email. Please do ensure that you are receiving this. If you are not on our e-mail list you can sign up through our website at www.seafordparish.org.uk.

Next steps along your Christian walk

A short, four session series based around Ephesians, running alternate weeks from Thursday 10th October, evening. If interested contact David and Pat Farey on beacongracechurch@gmail.com

Being part of the Serving Africa Mission with a Ghana base we know how vital Bible study is to growing in faith. So come along and bring your questions!



Open
Church
Cafe

St. Leonard's Church

10.00am to 12.30pm

*Saturdays 26th October and
30th November (Christmas Magic)*



Christmas
Greetings

Last December we published a Christmas Card in the centre of The Parish Magazine where many members of our congregations sent Christmas greetings. We hope to do the same again this year. Please send your Christmas message to magazine@seafordparish.org.uk by Tuesday 19th November. There's no charge but if you would like to make a donation to church funds this would be most welcome.


Visit us online at www.seafordparish.org.uk



Log in to ChurchSuite for details of all church events

Find us on 
[@seafordparishsussex](https://www.facebook.com/seafordparishsussex)

Watch our services on

Follow us on 
[@seaford_parish](https://twitter.com/seaford_parish)

James Hollingsworth writes...

Year of the New Testament Part 3

Here be Dragons!

Over this year we've been trying to persuade you to have a go at reading the New Testament. If you're reading this and thinking 'Oh my I'd better get started!' Then throw yourself in to the *Letter to the Hebrews*.

After the Gospels and Acts and the letters of Paul, we have *Hebrews*. Perhaps its put here because some people thought it could have been written by St Paul himself. Maybe. We don't know. Maybe Barnabas. Certainly, its more of a sermon than a letter. Certainly, it is aimed more at those who know their Old Testament quite well, at least to Jewish Christians, but possibly a more narrow target audience of those who had been temple priests. There is so much sacrificial language and the role of blood in the purchase of forgiveness that this would make sense.

Different people ask different questions about the faith often on account of their spiritual background and understanding so its good that we have this heavyweight document that explains how the blood of Jesus is a better blood, more efficacious blood, in ending once and for all the need for sacrifice, and in bringing us near to God.

In Hebrews 11 you'll find the magnificent Hall of Faith, a list of name after name of Old Testament characters

who showed their faith in the life they lived. Its good encouraging stuff to help us to not give up the habit of meeting together, praying and worshipping together.



The *letter of James* is a straightforward call to make sure that if your faith is to be a living faith, then you need to be doing good. Here's a challenge about our prejudices towards rich and poor but we could open that up to any of our prejudices today. And a challenge to be careful in how we talk to others, talk about ourselves, in how we use our money, and how we pray. Unlike St Paul's letters that are written to a particular church for a particular reason these are quite general letters (actually so are the rest of the NT letters).

First and Second Peter are short letters presumed to have been written by Simon Peter. Here you will find that God in Jesus has given us a living hope so that we can understand ourselves to be a chosen people, a royal nation and we are given a glimpse of what Jesus was doing on Holy Saturday

John the son of Zebedee, John the Apostle, sometimes called Big John or John the Greater, he wrote 3 really short letters. We know that he retired to Ephesus where Mary the mother of Jesus lived out her days. The first of these letters is not addressed to anyone or anywhere; the second to 'the chosen

lady and her children' which we don't know whether to read as a particular person and household, or if its symbolic of the Church; the third to a bloke called Gaius. In these letters we're reminded that John saw what he saw. He was there. He walked with Jesus, the light of the world. Here we find the sublime truth that perfect love drives out fear, that we love because God first loved us, and that God is love.

The *letter from Jude*, another brother of Jesus, like James, is so short you'd be better off reading it than reading my comments on it. It ends with the prayer that we often use at the very end of a funeral: To Him who is able to keep you from falling and to present you before His glorious presence without fault and with great joy – to the only God our Saviour be glory, majesty, power and authority...

The last book of the Bible, *the book of Revelation*: Here be dragons. Written by John the son of Zebedee, we have an allegorical depiction of the end of all time leading up to the final judgement and at last the Kingdom of God here on earth as it is in heaven. Many have read it as pointing towards a future time, but I think that John always wanted each generation to read it in the light of what it is saying to us now, today. There's plenty here that's as confusing and as distressing as anything you might hear on tonight's news. But John gives us the essential vision that gives us hope: I saw a new heaven and new earth ... God himself will be with them and be their God. He will wipe every tear from their eyes. There will be no more death or mourning or crying for the old order of things has passed away. Amen to that.

The Poppies of Remembrance Sunday

In late 1914, WW1 erupted across Northern France and Flanders. Great swathes of previously green fields and forests were blasted and bombed, leaving them bleak and barren, with seemingly every living thing destroyed.

But then in the Spring of 1915, something beautiful began to come out of all the destruction. Tens of thousands of bright red Flanders poppies began to put out tentative shoots across the endless vistas of mud. These resilient little flowers had actually flourished in the middle of so much chaos and destruction, because their seeds grow when exposed to sunlight, through disturbances to soil. We all know that these endless fields of cheerful poppies, growing in the midst of such misery and destruction, were what inspired the Canadian doctor, Lieutenant Colonel John McCrae, to write the now famous poem 'In Flanders Fields'.

And it was McCrae's poem which inspired an American academic named Moina Michael to adopt the poppy in memory of those who had fallen in the war. She got it adopted as an official symbol of Remembrance across the United States, and worked with others who were trying to do the same in Canada, Australia, and the UK. A French woman, Anna Guérin who was in the UK in 1921, caught the same vision, and planned to sell the poppies in London. There she met Earl Haig, the founder of the Royal British Legion, who was persuaded to adopt the poppy as its emblem in the UK. The Royal British Legion, which had been formed in 1921, ordered nine million poppies and sold them on 11 November that year. Ever since then, the red poppy has been a symbol of Remembrance, of support for the Armed Forces community, and also of hope for a peaceful future.

Vocation and Calling

Carole Darling

They have gone! All four of them! A few scattered belongings on their bedroom floors, some forlorn looking teddy bears on the shelf. Empty rooms making 'Empty nesters' of their parents.

Starting a new course is busy exhausting and exciting all at the same time. Probably why we have not heard much from our youngest since dropping them off in Bristol and Newcastle this September.

I remember the excitement of starting 'vicar training' three years ago. Similarly, it was busy, exhausting and exciting all at the same time. I hadn't studied for 30 years and worried that I would not cope with the demands of studying for a diploma in theology, mission and ministry. I was also worried about managing to combine study with working.

Then there was the challenge of getting up to College on Tuesday evenings and getting home late after lectures ended. Residential weekends and a study week in the year would also require leave and planning. So much to adjust to all at once.

When I arrived at the doors of St Mellitus College in London on the induction day, I stared vacantly at the faces of people who would become great friends. These were my fellow ordinands; all beginning their training for ordination. Each one with their

individual concerns and worries, many feeling inadequate, wondering what the training would be like and struggling with that nagging fear that they were imposters', not really meant to be there at all.

The College staff were clearly familiar with the worries of first year ordinands, and they made every effort to reassure them and encourage them to settle into training for their new vocation. It wasn't long before I felt at home, especially because we were put into Formation groups of about 12 people that we journeyed with through college. These friendships continue to this day. I also made an appointment to talk with my tutor to explain that I hadn't studied for a long time and was rather surprised at his reaction. He explained to me that he always felt like an imposter when he started on a new course and that this was normal. I just needed to get on with it. So, I did!

However, the biggest encouragement came during college worship times and the clear preaching on calling. The Dean explained that we had all been called to train for ordination. He also explained that the staff team had been praying for the new intake well before we had arrived. We had been prayed in! The message was clear; remember your calling and settle in.

I was reading yesterday about Jeremiah and his calling (Jeremiah 1:4-8). Jeremiah receives a call from God and his response is very human. Effectively, Jeremiah is saying to God: "I think you have got the wrong guy!" As Pete Greig puts it: "Words of promise, life, encouragement and purpose flow out of the mouth of the Lord over Jeremiah. And Words of self-doubt, unbelief and unworthiness spill out of Jeremiah."

Often, we may hear a call from God over our lives, but we doubt that this could be so, maybe because it is so different to our current situation, so different to our human skills and abilities, or so different from our current circumstances. Jeremiah used the excuse that he was too young. Some of us can use the excuse that we are too old!

God calls us in many different ways and into many and varied roles. Stepping into our calling is stepping into an adventure with the Lord. There will be times of abundance and times of challenge. We don't know where it will lead. Therefore, responding in

obedience to a call from God, takes a lot of courage.

My experience of calling is that it doesn't go away, it nags! I had a call to preach which was a huge surprise. Then came a desire to serve the church and opportunity to preach and serve came at the same time. Calling is also confirmed by other people, and I was surprised by the people who suggested to me that I may be called to ordained ministry.

These people were not my best friends, they were people who observed and had the courage to talk to me about it. Often my calling was confirmed by other people just when I needed the boost to keep going. Yes! God's timing always fits.

I wonder what the Lord is calling you into. Perhaps like Samuel, you are waiting for the Lord to call and when you hear His call, your response will be: "Speak, for your servant is listening." When the Lord calls, my prayer is that we recognise his voice and respond with obedience and faith.

Which Comes First... Jam or Cream?

Which do you prefer, when it comes to eating scones? Of course, Cornwall and Devon have long been in rivalry over it, with Cornwall preferring the jam first, while Devon opts for the cream.

Now a recent YouGov survey has found the Cornish method is currently winning the debate. 62 per cent of us, and every British county (except Devon and Somerset) favour the jam-first Cornish approach.

But now YouGov has discovered that when it comes to people under 30, the preference is beginning to swing the other way. While 80 per cent of people who are over-70s choose jam before cream on their scone, the figure falls to 48 per cent among the under-30s.

Children, Youth & Families

Stefan Bracher

What a summer it has been! From the Sparks Summer Camp in July, Tots' Treats in August, Beach Church, Cake, Craft & Games Day, Archery Training for Leaders and of course our Parish Camp, we have been kept hugely busy! We are now looking ahead to our amazing Holiday Club in October.

Holiday Club

Children can join us for the whole week as each day we will have music, dramas, games, crafts (including cooking) and snacks lined up for all children.

Holiday Club runs from Monday 28th October to Friday 1st November 2024. Doors open at 9.45am, we'll start at 10am and finish/pick up time will be at 12.30pm. Throughout the whole of holiday club the children will get points for amazing dancing, trying their hardest, remembering memory verses, being helpful and lots of other things! We'll be giving prizes out for all this hard work, with a winner for each year group on Friday 1st November, 5.45pm-6.45pm, which parents/carers are encouraged to come along to and find out what the children have been getting up to. There'll also be some prizes for parent winners too on Friday evening!

We will also be providing free packed lunches for the children to take home throughout the whole of holiday club. This helps for those families who need some extra support with food over half terms, but offering it to everyone

allows all the children to have an extra special lunch from holiday club.

This year our holiday club has been completely funded by The Wellington Hotel in Steyne Road. We are so so grateful to The Wellington Hotel for their consistent contributions, which they have made to help keep the groups running for free, contributing towards the cost of snacks and refreshments. Please do call in sometime and let them know you are thankful for their support for the children of Seaford and helping us to be able to spread God's word.

However as with every holiday club, we need a huge team of volunteers help. Around 30 volunteers are needed each day. Please do consider if you are able to help with the holiday club. The whole week will be brilliant as the children really do start to bond with you, but if you can't do the whole week that's ok too, we would still love your help and support. To volunteer please follow the link below or email/call Stefan using the details at the end of this article: seafordparishchurch.churchsuite.com/forms/z8umqhx

Seaford Parish Camp

One of the biggest highlights of the summer would have to be the Parish Camp. We had an amazing time with over 70 people attending across the weekend. We had various activities and workshops running including, campfire cooking, guitar, flower arranging, little

chef baking, Chiddingly Walk, archery, prayer tent, movie tent, pool, air hockey, crafts, festival games, samba drums workshop, karaoke, prayer workshop, sharing the faith workshop, church history and grill a vicar.

There was plenty to get stuck into across all age ranges and also plenty of time to sit and do nothing but relax! Not to mention the food, with bacon, cereals, pastries, yogurts and fruit at each breakfast. Lunch consisted of favourites such as a ploughman's, BBQ and pizza, whilst delicious dinners included spaghetti bolognese and baked potatoes. Huge thanks to the kitchen team! Indeed it was a huge team effort to be able to put on such a weekend. I am so grateful to the volunteers who came and made it happen. So a huge thank you to all those who volunteered to help.

One of the most important aspects of camp was the worship and coming together as one big family, which really did feel like a family! Conversations between people from Sts Leonard's and St. Luke's, people who really don't actually get to meet each other, let alone sit and talk with each other were fascinating. But we were together in worship, praising God for each other, and looking forward to how we can

become closer and closer together with each other and then how as a Church we can reach out to more and more people in our community to grow our family in Christ, here in Seaford.

We are looking to do it again next year. We would love your feedback if you attended, a link will be sent shortly for you to be able to give your thoughts about what worked well and what needs a little development. But if you're also thinking about helping out next year, please do let me know. It could be something small or big that you get involved with on camp, all help is greatly appreciated.

If you want to run your own social event come and speak to me or send me an email and I'll try and get back to you ASAP. It would be amazing to be able to be more sociable together.

Sparks Summer Camp

At the end of July we took 15 children from Sparks to our Sparks Summer camp at Generations Christian Camps in Chiddingly (the same campsite we used for the Parish Camp). We got stuck into so many amazing activities. Starting and ending each day with worship the children were really able to think about what faith might mean for them as they learned more and more





about God and who Jesus was. The hunger for faith is there, the children really do want to find out more about faith, they have so many brilliant questions, they just need the right platform to be able to ask them.

We had lots of fun with kayaking, a trip to Hastings, bowling, challenge evenings, water fight, huge slip'n'slide, branching out high ropes, seat building and games in the woods! It was so enjoyable, with one child saying "This is actually, actually, the best camp ever! It is so much fun".

Tots' Treats, our toddler group which runs in St. Luke's on Wednesdays and in St. Leonard's on Thursdays, have been very busy over August. It turns out not many other groups run in August. It has led to a rise in the number of new parents coming along to our session. The baby areas in both groups are getting well used now too. We now

move into using the Very Best Bible Stories Series over the next few weeks with the toddler group as we continue to give short bible based stories to children and parents/carers, alternating between those and more secular stories with a Christian meaning we can attach to it through a short prayer in the session.

Sparks, our children's group, has been going really well after coming back from the summer holidays. We currently have approximately 30 children at each session, which is a really good and healthy number. We have been cracking on with our teaching of a short curriculum of just 4 weeks, don't worry we have more planned. But the focus of these sessions are based on together with God (a bit of an over run with our Parish Camp theme of 'together'). We look forward to the Bibles arriving for Sparks, which we aim to give out sometime after holiday club (see below). Thank you to all of those who have donated to this. We have also been awarded a grant which we can use to put towards the Bibles for the children.

We are seeking some new volunteers for this group. We have a steady team of volunteers, however there's little wiggle room if they need to take an evening out for whatever reason. So if you can spare 2hrs 30mins every few weeks on a Friday evening that will be amazing. You can let me know by emailing cyfw@seafordparish.org.uk where we can chat some more about volunteering.

Ignite, our youth group, has continued to have new members looking to join. Most of the young people we have like

to continually come to the sessions, but we have a good 10-20 who come every other week, which is fine as we wouldn't have the space to accommodate the 150 young people we currently have on the books in St. Luke's Church. You might be aware that although Ignite is not really a way for young people to worship, we have had around 15 young people attend the Joint Youth Services between us, Seaford Baptist Church and St. Michael's, Newhaven. Most recently in September we had 12 young people attend as we looked at connecting to God and how we need to recharge our spiritual batteries by coming to God and reading about Him, singing about Him and praying to Him. Because in the exact same way as if we do not charge our mobile phones by plugging it in to the power source the battery runs low so too we run out of spiritual energy if we do not keep plugged into God. This actually went down well and you could actually see some cogs starting to turn.

Messy Church, a time of worship and craft for families, come and see what it is like for yourself! This meets the first Saturday of every month in St. Leonard's Church, 9.30am-11.00am. This is a Church Service, so it is open to

everyone! Messy Church will be back on Saturday 5th October where we will be getting back to the craft, stories, songs and games.

Glow, our Sunday group in St. Luke's, has continued to be ticking along very nicely. The children who attend these sessions love the time to make some crafts and then read a Bible story. One of our last sessions we looked at was Judge Deborah, where we made origami gavels as we heard about how she always tried to do her best to listen to what God wanted. Last session we had a total of 11 children attending Glow, which is brilliant, and no there was no breakfast left at the end!

Family Worship, our family services on every 2nd and 4th Sundays in St. Luke's, have been going well too! The bacon (thank you Sue T and Jayne B), is also very good! We continue to look at how this can continue to develop and look forward to trying some new elements every now and then.

Additional Children, Youth & Family Worker Urgently Required

As I mentioned in the last report we are actively looking at ways to raise funds to employ another children, youth and



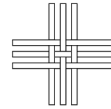
family worker. We have had amazing success over the past few years with new children and families coming to the Church, however there is lots more to do, just not very many hours in which to do it.

As it stands for the project to run for an additional children, youth and family worker and the set up of groups we need to raise £214,000 for use across 3 years. It is something which seems a huge amount to raise, but with some support to find the right grants and to read through some of the applications we are writing, we are confident we will get there!

If you would like to volunteer with any of the groups, please do let me know by either completing the form using the

link below, or by phoning/emailing me.
Volunteer form: <https://seafordparishchurch.churchsuite.com/forms/bxz0n0b8>

God Bless,
Stefan Bracher
God bless,
Stefan Bracher
E: cyfw@seafordparish.org.uk
P: 07506143476



SEAFORD PARISH CHURCH
CHILDREN, YOUTH & FAMILIES
ST LEONARD'S AND ST LUKE'S



THE WELLINGTON HOTEL

HOTEL, BAR AND RESTAURANT



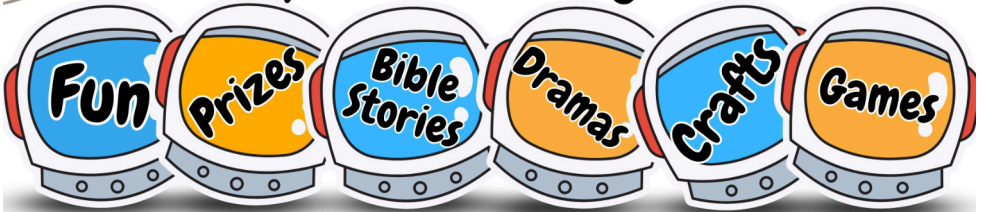
33 STEYNE ROAD SEAFORD

01323 899517
WELLINGTONHOTELSEAFORD@OUTLOOK.COM

Free

STARSHIP DISCOVERY HOLIDAY CLUB

October Half Term 2024
(28th Oct - 1st Nov), 9.45am-12.30pm
St Luke's Church, Seaford, BN25 3TH
For Reception to Year 6 Aged Children



**Free
Packed
Lunches**



tinyurl.com/octoberholidayclub2024

To book a place
scan QR Code or email/call
cyfw@seafordparish.org.uk
07506 143 476

SEAFORD PARISH CHURCH
CHILDREN, YOUTH & FAMILIES

ST LEONARD'S AND ST LUKE'S
www.seafordparish.org.uk

Letter from Sabbatical

Derreck Lee-Philpot

New Wine...

We know that sabbatical is not meant to be a holiday (it is far more than that) but it has been incredibly busy, and we have heard and learned much from God over this first month. Here is a quick outline of some of the highlights. We started at New Wine. It's hard to describe worship with 5000 other people, an experience that the Old Testament Jewish nation would have been familiar with. It gives a very different perspective to what we sometimes quite blithely call 'church.' People of all ages, at times, sitting, kneeling, prostrate always in a place of God's presence, worship. I get excited to see people in the quietness of their seat quite obviously being ministered to by the Holy Spirit, while the 5000 others around them are singing, clapping, even dancing before the Lord. The Holy Spirit moves where He wills, in the quiet, in the noise, in the reflective, in the storm, in sound of mighty rushing wind, in flames of fire. Like Nicodemus, we don't 'see' the Holy Spirit, only the effect and result of His presence.

Our own Rt. Rev. Bishop Ruth was the main speaker each morning. She was quite something. Freed from the necessity of preaching 'Bishopy' things (ordinations, licensing, confirmations etc) she spoke powerfully on the theme 'Come away with me' – very appropriate for a sabbatical message! She spoke passionately with clarity and

insight. +Ruth was also interviewed during the week about her upbringing, personal testimony and being a Bishop. During her interview she was asked about her view of scripture and what it means for her. She spoke for about 8 minutes non-stop barely drawing breath in her excitement about her passion for God's written word. Her desire to preach from an early age, describing the thrill of learning and seeing new things in the Word, appreciating different sides to God character revealed in each book, finding how the Old and New Testaments are a single narrative of God's love and relationship with humanity – and then seeing the words of the text come to life in her own experience and the lives of others. Her passion and excitement fanned into flame once again my love of scripture. She emphasised all this with a phrase she used throughout the week... 'and it's true.'

It is easy to become complacent in our reading of the Bible, we can forget that it is **God's Word**, not just a compilation of books published together as a bundle of short stories. Thank you +Ruth for reinvigorating that in me.

New Wine was followed by a quiet week away for me in a delightful cottage at the West Watch retreat centre in Chelwood Gate (near Forest Row). West Watch is on the edge of the

Ashdown Forest and is surrounded by several acres of woodland to walk, explore, and pray through. Here was an opportunity to pray further about our future as I will have to retire from full-time stipendiary ministry in 2026, so what comes next? Over the previous years God had made it clear that we weren't to return to Berkshire. That was re-affirmed while praying at West Watch. Now, for many that would make it obvious that if we weren't to return to Berkshire, we would therefore stay where we are.

That is lazy thinking, that is a thinking based not upon hearing God's voice in a situation, but on my own personal comfort, i.e. I like it here and don't want the upheaval of change at retirement. God saying, 'you can't go back' is not the same as presuming God means, 'stay where you are.' The first step to moving on into the future is to let go of the past.

So, the first step is for us to sell our home in Berkshire and let go of the past. So, I travelled to Berkshire immediately after West Watch and put our home of fourteen years on the market. We now pray, wait, and see.

A note about West Watch, it is a beautiful place to just stop and be. The self-catering cottages (when used for retreats) are rented by donation. The two cottages sleep 3-6 guests. There is also the Centre which is a newer building for 24 guests which is great for groups, Youth, Mens, Ladies, Alpha, Homegroups etc. Sleeping accomodation is slightly more spartan than the cottages with dormitory or family groups rooms.

Following the quiet of West Watch came the noise and chaos of grandchildren as Isaac and Scarlett came to stay for several days. As ever (for all grand-parents) they were a delight, but exhausting! One thing I noticed through all the walks, playgrounds, playing football and frisbee, throwing stones into the sea and ice-creams was that still much of what they see and experience is for the first time. That is one of the characteristics of childhood. It is this joy of seeing some things for the first time that reminded me of New Wine and +Ruth's passion for scripture. We too should read and engage with scripture as if we are reading it for the first time, then maybe we would experience the same wonder as children when they encounter new things and situations with wide-eyed wonder. Maybe it is part of what Jesus meant (in Matt 18:3) when He said that we should approach the Kingdom of God like little children?

Retreats

After the excitement of our first four weeks of sabbatical which encompassed New Wine, a short retreat at West Watch, putting our house in Berkshire up for sale and looking after grandchildren, you might expect life to slow down a little!

But no, Corrinne and I have been on back-to-back led retreats at Nether Springs and Iona Abbey. We didn't want to do back-to-back retreats, but the dates just wouldn't fit with what we wanted. So, first a 450 mile drive to Nether Springs just north of Newcastle. Nether Springs is the centre of the Northumbrian Community where we would be for 5 days.

If you have never heard of it; *The Northumbria Community is a dispersed network of people from different backgrounds, streams and edges of the Christian faith and are united in a desire to embrace and express an ongoing exploration into a new way for living, through a new monasticism, as Christians that offers hope in our changed and changing culture. A Way to express The Way and acknowledge there are many other valid expressions of the desire to follow Jesus Christ in today's world. Their identity is rooted in the history and spiritual heritage of Celtic Northumbria. They are united by a Rule of Life, which they call the 'Way for Living' and which can be summed up in two words: Availability and Vulnerability.*

www.northumbriacommunity.org

For inspiration in this way of life they look to Jesus, but also those pioneering Celtic saints that rowed across the sea in tiny coracles from Ireland to evangelise Cornwall, Wales, west coast of Scotland (notably with a base on Iona) and the kingdom of Northumbria, based in Melrose and Holy Island (Lindisfarne). Aiden, Cuthbert, and in the next generation Wilfrid who when exiled from Northumbria travelled south in 680AD and very successfully brought the gospel for the first time to Sussex.

At Nether Springs we used a labyrinth, garden rooms, a 'prayer shed' (proper name a 'poustinia') and the Celtic Prayer morning and evening offices.

We walked across the sands to Lindisfarne Island, because the sands are quite treacherous there is only one safe way across marked by posts for pilgrims to follow. The raised platform is for those caught by the incoming tide



and they have to climb up to avoid drowning! Indeed, due to an accident on the level crossing on the approach to the road causeway we missed the tide to get back and had to wait 7 hours for the tide to turn to enable our return home. As there is only one route across there was a real sense of 'walking where the saints have trod' as we reflected and prayed. Nether Springs was a place of vibrant and deep spirituality which we both soaked in for the retreat there.

The big thing that I received from this week was how these first Celtic saints were so totally fixed upon God, all their effort and vision was focussed upon God. They were both 'Available' and 'Vulnerable'. Available to God in the 'cell' of their own heart when they turned towards Him to seek His face; then to be available to others in a call to exercise hospitality, recognising that in welcoming others they honour and welcome the Christ Himself.

Being 'Vulnerable', embracing the vulnerability of being teachable expressed in a discipline of prayer; in exposure to Scripture; a willingness to be accountable to others in ordering our ways and our heart in order to effect change in ourselves and others.

They had this sense of 'Cell and Coracle'. Cell being the (internal) place where they met with God, i.e. looking inward in prayer, reflection, contemplation. Coracle (the small boats they travelled across the sea and along the coastline in) the means by going out to evangelise the nations. They didn't just travel by boat, but mostly on foot just chatting with people they met on the way, the simplest way to evangelise! Cuthbert had the reputation of not just chatting with folk but praying with them, prophesying over them, healing them, I had to smile as I came to see Cuthbert as a modern (635-687AD) charismatic preaching the gospel with signs and wonders!



Iona was very different even though it was founded by the same Celtic saints and today is also a dispersed community. The Iona Community too has a 'Rule of Life' of four parts inspired by the Benedictine communities and the Columban (Celtic) tradition. The Abbey Church was just amazingly beautiful and the cloisters a delight to walk around, even have a picnic lunch in – avoiding the rain!

Personally, I was challenged by the outlook of the community, the way they expressed their strategic aims. I

was a little uncomfortable with the way they enacted their vision with the 'community' present at the abbey. But as I have always preached you cannot dismiss something new or different by blithely saying 'I just don't believe that'. You must match it up against scripture and see if it aligns and supports God's word, and change your own perspective accordingly. That's the phase I am in now, reflecting, considering, comparing and contrasting the new I have heard with the scripture.

I'll leave you with two short phrases that have given us both much thought. An answer to the question "How has the Celtic Way changed your perspective of spirituality?" was given by a Dutch lady, "...it has given me 'New words for old beliefs'". And the second from an American Third Order Franciscan who observed during a discussion that, "transformed lives, transform lives."

We now have two weeks of thought, prayer, reflection as well as some walking and visiting new places here in Northumberland, just near Hadrian's Wall and Sycamore Gap.



The Lord Cares for Us

Linda Keller

Did you read the article in the June/July magazine by Lucita Henderson? If so, I'm going to write about what happened to me earlier in the year and how the Lord has looked after me following my accident.

Saturday 13 April was a nice spring day for a change and Mike, my husband, and I had been working in the garden. Around 3.30 we decided it was time to go in and have a cuppa so I gathered up my bag of weeds to put in the garden waste bin. We live in East Dean on a hill and have several sets of steps in both the back and front gardens. Oh dear, whoops!! Suddenly found myself on the ground at the side of the house at the bottom of a set of steps. I had slipped off the bottom step and my right foot was at a very strange angle with my left foot bent sideways. Mike was at the top of our 120 ft garden but neighbours opposite, who were in their front heard me scream and came rushing over. After several unsuccessful attempts to dial 999 on a mobile (we have a very poor mobile signal in the village) Mike grabbed the landline and managed to reach the ambulance service. Within 30 minutes of the call the lovely paramedics had arrived, manoeuvred me from a difficult position into the ambulance and set off for Eastbourne hospital. On arrival other ambulance crews asked us if we were the shout from East Dean as three other crews had been alerted but stood down

because of lack of information, (the result of having a bad mobile signal).

As I was wheeled into A&E I caught sight of a sign saying waiting time was up to 2 hours, but priority given to emergencies. I was obviously classed as such a case as within 10 minutes I had been triaged, despatched to x-ray and almost immediately on return seen by the doctor. He told me I had four broken bones in the right ankle and a hairline crack in the left, and that my foot would need to have the bones manipulated which would be painful so I would be "knocked out". This was duly done and as I was coming round from this procedure I had a most weird sensation – I was wondering if I was in heaven; it was such a beautiful feeling, everything seemed bright, clean and peaceful. Mike said I was very definitely 'not with it'. My foot had been given a temporary plaster cast and I was transferred to The Conquest Hospital in Hastings, arriving there just after midnight.

Early Sunday morning I was whisked off to x-ray and later told that I could not be operated on until Thursday, partly to get the swelling down, and partly because the hospital wanted to bring in a foot and ankle orthopaedic specialist from Maidstone to operate on me as my fracture was complex.

Whilst in the pre-op room I remember looking up at a lovely ceiling light/tile

depicting a tree full of pink blossom against a blue sky. All this time the words of The Gloria kept going through my mind. I didn't feel anxious or nervous but incredibly calm and relaxed. I had put my trust in God and the skills of the surgeon and his team. What was booked in as a 1 ½ hour operation turned out to be 3 hours. During my stay at The Conquest I felt hardly any pain or discomfort despite having a boot on one foot and a plaster cast on the other. The medical staff were amazed when I kept refusing painkillers. I know that people were praying for me and I felt there was someone looking after me apart from the medical staff. Thank you everyone for your prayers.

At my 6 week check my surgeon was amazed at how well my bones had healed bearing in mind my age. He did admit "you were rather a challenge"! I told him I was a Christian and people had been praying for my recovery "Mmmm". "That's very interesting" he said. I hope these few words made him think. It was his skill and the Lord who put me on the road to recovery. Six weeks later I had another appointment at the Fracture Clinic and this time saw a different consultant. A similar thing occurred. He said I was healing really well so I told him the same – that I was a Christian and friends and people at church had been praying for me. "That's very um ...interesting... very". It is just these few words that one sometimes has the chance to say to be a witness that can make people think. I hope I have made my consultants realise that our Lord does heal and prayer does work. The care I received from the NHS was wonderful, but it is all too obvious that the staff were working

with limited resources. Long live the NHS. I can't fault the care I had.

So, what have I learned from being unable to walk for 14 weeks (8 weeks in plaster and 6 weeks in a surgical boot)? Patience, - lots of it - and kindness from others and particularly my husband who has looked after me and carried out all the household tasks; James, who came to give me Holy Communion, Paul Waller who phoned me to enquire how I was progressing and wish me well, and neighbours who offered support in various ways.

*Cast all your anxiety
on him because he
cares for you.*

As Lucita said in her article, miracles do happen. Our Lord protected me from pain and gave my consultant the skills needed to repair a very complex fracture. He is still protecting me along my path to full mobility. Galatians 5 vs 22 "the fruit of the spirit is love (from my family and friends); joy, (having my first shower after 8 weeks – I had to survive on strip washes whilst in plaster); peace (from having more time to read and catch up with unfinished crafts); patience (having to rely on others to help me and care for me, and to wait for help without complaint); kindness (from friends who bought us cooked meals, lent me books, gave me flowers, and visited me); and self-control". A verse from 1 Peter 5 vs7 that has become a verse of comfort for me over many years says "Cast all your anxiety on him because he cares for you."

How to Deal with Enemies

In the season of Remembrance, we consider those who have heroically given their lives in war. However, Jesus calls all of us to a radical heroism in our daily lives: *'You have heard that it was said, 'Love your neighbour and hate your enemy.' But I tell you: Love your enemies and pray for those who persecute you, that you may be children of your Father in heaven.'* (Matt 5:43-45).

Love Your Enemies:

Our *'enemies'* are rarely life-threatening; they can simply be impatient, judgmental, self-righteous or just plain disagreeable! Whether the conflict is with a family or church member, work colleague or neighbour, our attitude toward them should be one of love. We will naturally want to retaliate, but Jesus commands us to love!

Pray for Your Persecutors:

It's only when we are ready to pray for someone whom we find difficult, that

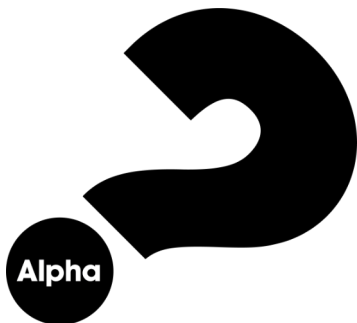
God can soften our attitude towards them. Like us, they are those in need of God's forgiveness and grace. Dietrich Bonhoeffer, the German pastor executed by the Nazis at the end of World War 2, wrote:

'This is the supreme demand. Through the medium of prayer, we go to our enemy, stand by his side, and plead for him to God. For if we pray for them, we are taking their distress and poverty, their guilt and perdition upon ourselves and pleading to God for them.'

Become More Like Jesus:

When we start loving our enemies and praying for our persecutors, we become more like Jesus Himself. He willingly laid down His life for us, prayed for His persecutors and gives us the power to love our enemies as He did.

At a time when we recognise that we all need heroes; how will we respond to this call to radical heroism in our own life?



Coming January 2025



Prayer Diary

This prayer diary offers a focus for personal and corporate prayer

I will lift my eyes to the hills. From where does my help come from? My help comes from the Lord who made heaven and earth.

(Psalm 121: 1&2)

Lord, as we move into autumn and the month of October, the normal seasonal changes are all around us, the beautiful colours, the falling leaves, the cooler days. And that is reassuring.

But, so much else in our world is changing so rapidly, often in ways we don't understand. And that can be worrying.

Thank you that You never change. You are always the same, faithful, present and loving. And You tell us in Your Word, not to be anxious about anything, but to bring all things to You in prayer and to trust You. When we do this, You promise us Your Peace – a peace of heart that steadies us and helps us move forward.

Thank you that whatever comes, we are secure in You, when we put our trust in Jesus.

In His name, we pray. Amen.

Please pray during October:

For all those who are members of our Mothers Union branch as they provide support in the parish to:

- The children being baptised and their families
- The children and families who attend Tots

And to outside organisations including:

- YMCA Eastbourne
- SeaFriends (two members are trustees)
- Away from it all caravans run by the diocese
- Worldwide gender based violence
- Modern day slavery
- Children involved with selling drugs, County Lines, cuckooing, etc.

Our Women's Group supports jointly with MU 'Stopover' providing safe homes for young women in Brighton and this year have raised funds and awareness of Wheels for the World providing hope through mobility aids to adults and children with disabilities in developing nations.

Sunday

- For a strengthening of our faith and spiritual growth as we gather to worship week by week.
- All those who lead our various services, the clergy, the musicians, the choir, the readers, intercessors, the stewards, the vergers and all who attend.
- The Prayer Ministry Teams at St. Leonard's and St. Luke's.
- For all who visit St. Leonard's during the week.
- For those persecuted for their Christian faith, and living in fear of their lives or have lost everything and are now destitute.
- Those living and working in Jubilee Gardens, Argent Close, Queensway, Maple Fields, Balmoral Close and Monarch Gardens.

Monday

- That there will be end to the war between Russia and Ukraine and resolution to the conflict between Israel and the Hamas led Palestinian militant groups.
- All those suffering, dispossessed and having to flee their homeland.
- Those suffering because of the recent flooding in Cameroon, Nigeria, Libya, and Chad. Those trying to bring aid.
- The severe lack of food and the continuing drought in the Horn of Africa as well as Southern Africa. Those suffering from the prolonged droughts in Algeria, Morocco and Tunisia.
- For those living and working in Normansal Park Avenue, Chalvington Close, Normansal Close, Seagrove Way, Sovereign Close, Sandringham Close and Belvedere Gardens.

Tuesday

- The King and Queen and members of the Royal Family.
- For the Prime Minister, cabinet and all members of Parliament: that they will act with integrity and justice.
- The Welsh and Scottish Parliaments in their regional responsibilities.
- Lewes Prison at this time of overcrowding for prisoners together with staff shortages: give thanks for the Ministry of the Chaplains and others who visit from the churches. Remember the families of those serving sentences.
- For our NHS service struggling with limited staff, the backlog of case loads, an ageing population and an increase in available treatments.
- Those living and working in Sutton Drove, The Byways, Parkside, Byedown, Hindover Road.

Wednesday

- Our MP James MacCleary: that he will serve the Lewes constituency with diligence and honesty.
- For Seaford Town Council.
- Those working within the local Emergency Services: Ambulance, Coastguards,

Fire and Rescue, Lifeboat volunteers and the Police.

- The local GP practices and local pharmacies currently under extreme pressure causing worry and distress for patients.
- Our local nursing and care homes remembering those who go from the parish to provide regular worship services.
- Those providing care for those in their own homes.
- Those living and working in Hindover Crescent, Haven Brow, Rough Brow and Short Brow.

Thursday

- James and Lucy as they minister to the parish and beyond.
- Carole as she gains more experience in the parish.
- Corrinne and Derreck as his sabbatical continues until the end of October.
- Our Administrator Charlie and Tony working in the office.
- Our Churchwardens Liz and Fred.
- The retired clergy who live in our parish & those who worship with us.
- Those living and working in Milldown Road, Sutton Road, Mill Drive, Parkside Road, Gildredge Road and Grove Road.

Friday

- Stefan, our Children, Youth & Families Worker, as he co-ordinates those volunteering and preparing for the primary aged children's Starship Discovery Holiday Club to be held at Half-Term in St. Luke's.
- The Tots Treats meeting every Wednesday in St. Luke's and Thursday in St. Leonard's.
- Our youth groups for Sparks 5.45-7.15pm and Ignite 7.45-9.30pm meeting weekly on Fridays at St. Luke's.
- Those living and working in East Albany Road, Stafford Road, Meads Road, Cornfield Road and Middle Furlong.

Saturday

- Those involved with the Messy church services on the first Saturday of the month in St. Leonard's reaching out to families in the town.
- The monthly Open Church Coffee Mornings in St. Leonard's providing a welcome for all who come along.
- The monthly lunch time concerts welcoming many to enjoy music together in the hallowed space at St. Leonard's.
- The Parish Lunch being held on Wednesdays 2nd October and 6th November. The team preparing and those who attend.
- Those living and working in Highlands Road, Cornfield Close, Mercread Road, Guardswell Place and Vicarage Close.

Please pray for our Mission Partners during November:

CAMBODIA ACTION

- Sarah, Pola, and daughter Alice Chhin living with their large household near Phnom Penh.
- One of Pola's older brothers, Choeung who came to live with them earlier in the year following the breakdown of his marriage.
- Daughter Laurie currently in the UK undertaking a basic welding course, which would enable her to assist Pola with his furniture making. Pray for wisdom as she decides whether to take an advanced course next year in the UK or to learn on the job in Cambodia.
- The safe-keeping of M'lup Russey's Emergency Team as they travel to see families facing difficult circumstances during the day or night.

DIOCESAN FAMILY SUPPORT WORK

- Our local family practitioner, Phillipa Fleming, working in the Newhaven, Lewes and Seaford area under pressure from more referrals and a heavy case load.
- For those attending the drop-in baby sessions in Peacehaven.
- Struggling families as they face the pressures of Christmas.
- For continued support to the Food Bank at both churches especially in November with food for the festive season and toys, gifts or vouchers to use as presents for the whole family.

Unconditional Love (from a Hospital Bed, 2000)

Thank you, Lord, for loving me
Throughout my perversity
Thank you, Lord, for caring still
When I have opposed Thy will.
Tho' I went my own sweet way
And ignored Thy Spirit's plea-

Still, Thine arms stay open wide
Let me hide myself inside
Ne'er to stray from Thee again
Nor to cause Thy Spirit pain

But to love Thee and adore
Reunited ever more –
Till I come to Thee above
Lost within that wondrous love

*Some of you will remember Barbara
Davies whose funeral was on 19th
August 2024 at St Luke's. She wrote
this poem, may it remind you of her
faith and love.*

Advertising space available

Reasonable rates

*For details contact
office2@seafordparish.org.uk*

D. NOWICKI

**PAINTING
DECORATING
ARTEXING
PLASTERING
Interior & Exterior**

*Established over 30 years
Local references available
upon request*

FULLY INSURED

Tel: 01323 490528

Mobile: 07971 271861

Email: nowicki@talktalk.net



Lewes, Seaford and District Branch



Please contact: Jean: 01323 892930

KITTENS TO ELDERLY CATS ALL NEED LOVING HOMES!



Neutering

We can also help towards the cost of
neutering your cats and kittens.

Please phone 01273 813111 (Option 3)
and leave a message including your phone number
so that we may contact you.



**DO YOU HAVE ROOM FOR A FURRY FRIEND?
-PHONE FOR UP-TO-DATE INFORMATION IF YOU CAN HELP**

Book Review

James Hollingsworth

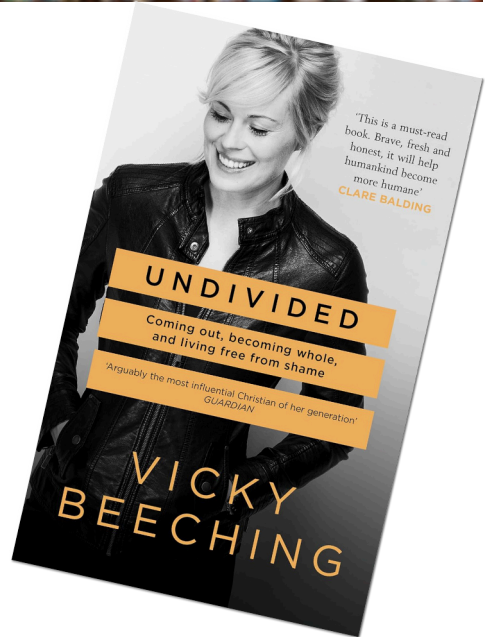
Undivided

by Vicky Beeching

This really isn't my sort of book. I like history books or bible books more than touchy-feely autobiographical books. But there's enough history and bible in this to keep me engaged through the deeply painful personal story of a young Christian developing into, as the Guardian put it, 'arguably the most influential Christian of her generation'.

The book came out in 2018 and Beeching is now only 45. She's written a lot of worship songs. My favourite would be Yesterday, today and forever. Her book is the story of her struggle with being gay. Coming from a particular conservative Christian theology, she had presumed that God wouldn't approve but through her biblical and academic theological studies at Oxford University, and through prayer, she came to see that God loves her for who she is.

She is honest about the pain, the abandonment of her fans and that their condemnation of her cut deep. But she has found freedom from an imposed shame and found peace with God.



This is a good book and a good read with plenty to ponder on as you do so.

**Find out more about
Vicky Beeching on her
website
www.vickybeeching.com**



Servicing

MOT's

Tyres

OUR EXPERTISE

- **FREE collection and DELIVERY**
- **Affordable pricing**
- **Excellent customer service**
- **Safe work practices**
- **Professional and skilled**
- **Reliable and trustworthy**



**20 Westham Business
Park
Eastbourne Road
Westham
BN24 5NP**

01323 769233

www.suttonz.com

Guilty or not guilty?

David Farey

There is a tendency in many churches today and amongst Christianity in general to say that God is all about love. God's love for each of us is so colossal that it is hard to grasp the enormity of it. But what is glossed over is that God, as well as a God of love is also a holy God and that means that he cannot tolerate sin.

Whilst God and love is a popular image, God and sin is not. The result is that there are Christians who are happy to behave in a way that the Bible condemns because they swallow the false message that God's love overlooks every sin and we will not face consequences of wilfully ignoring God's rules for life.

The Bible is clear that God promises one day we shall stand before God and he will decide whether we go to eternal punishment or to heaven to be with him.

The church's task is to make disciples of us. We can worship together. We can pray together. We can study the Bible and the substance of faith together. That's why we have our home groups which provide a setting for friends to meet for discussion to learn about God and what the Bible teaches. Without input, our faith is not fed and will become stunted, our Christian walk will become lifeless and automatic.

Beyond Sunday services, there are opportunities to grow in faith yet it depends on how we respond. Is it...

"I'm quite happy and comfortable and don't want to do any more."

"I already know as much as I need to get by."

"Golly, I don't want to join that lot. People might think I'm serious!"

The Lord has stood in our place on the cross. In doing this he has forgiven those who believe and trust in Him, yet we will all be judged. "While we were still sinners, Christ died for us." (Romans 5:8)

Are we grasping the opportunities to do what we can to know more about what we believe as Christians?

And a final thought - If you were arrested for being a Christian, would there be enough evidence to convict you? Guilty... or not guilty?



Lunchtime Concerts

Saturday 19th October Adam Heron (piano)

A FINALIST IN BBC YOUNG MUSICIAN 2018

Born in Hong Kong of Nigerian-Filipino descent, then adopted by his Irish mother, Adam commands a demanding schedule of international engagements, featuring solo recitals at distinguished concert halls such as the International Center for Arts in Cairo and the National Centre for the Performing Arts in Mumbai. Performances throughout the UK have encompassed venues such as Hampton Court Palace, Royal Albert Hall, Snape Maltings Concert Hall, Southbank Centre, St George's Bristol, St Martin-in-the-Fields, The Holburne Museum, and Wigmore Hall. Festival appearances include The Aegean Arts International Festival (Greece), The Cayman Arts Festival (Cayman Islands), The Cheltenham Music Festival and The GAP Arts Festival (Ireland). Adam regularly engages with major media outlets including BBC Radio 3 as well as specialist broadcasters such as Colourful Radio and worked with presenters including Katie Derham and Sean Rafferty.



Saturday 16th November Gerard Brooks (organ)

Gerard studied the organ with John Webster, and was elected Organ Scholar at Lincoln College, Oxford. After further studies with Susi Jeans, he was the first organist to win the Stephen Arlen Memorial Award; this together with further grants from the Martin Musical Foundation amongst others enabled him to study for two years with Daniel Roth at Strasbourg Conservatoire in France, where he was awarded the Première Médaille in organ. On his return to the UK he spent a further postgraduate year in Cambridge, studying with Nicolas Kynaston. In 1987 he was appointed Associate Director of Music at All Souls Langham Place. During his time at All Souls he played regularly for BBC Radio 4's Daily Service and Songs of Praise, and toured with the All Souls Orchestra, playing in many concert halls, including the Royal Albert Hall, Royal Festival Hall and Moscow Conservatoire.



All the concerts are in St. Leonard's Church and last for about an hour, admission is free. They are self supporting with donations being welcomed at the end of each concert.

Paul Bloxham

Harvest of Hope in Zimbabwe – Nyarai’s Story

The global climate crisis is destroying harvests and threatening food security. Powerful storms are washing away crops. Prolonged droughts are withering plants. In many of the places where Christian Aid work around the world, traditional agricultural practices are becoming increasingly ineffective in the face of extreme weather events and changing climates.

Even experienced and resilient farmers in Zimbabwe, like Nyarai Zirugo, are finding they urgently need to learn new skills to prevent hunger and malnutrition.

Recovery and resilience

Zimbabwe remains a challenging place to live, with high levels of poverty and increasingly unpredictable weather threatening food security. Due to poor rains this year much of the country is currently experiencing drought conditions.

Whilst the situation is difficult, the good news is that the communities, like Nyarai’s, which have benefited from Christian Aid’s work in the Mutoko and neighbouring Mudzi districts, are remaining resilient. The farmers’ new knowledge and application of climate smart agriculture techniques is helping them to push back and to thrive.



How Christian Aid have supported Nyarai

Nyarai’s determination to provide a secure future for her family led her to take agriculture training with Christian Aid’s local partner Bio-Innovation Zimbabwe.

‘One of the main things we benefited from was improved knowledge’, said Nyarai. ‘We learnt how to put in place measures to prepare for unpredictable situations.’

Nyarai learnt how to sustainably harvest many of the wild plants that grow in the hills and forests surrounding her home. She’s now using some of these to improve her family’s nutrition, including making tea from zumbani and rosella. Other plants are prepared for market using a dryer constructed with support from our training partner.

With the profits, the family have been able to buy goats for their farm, as well as groceries, crockery and blankets. Nyarai also learnt about climate smart agriculture, helping her family to grow a wider range of grains and legumes. 'We've seen our livelihoods, diet and farming methods improve greatly. We are better able to sustain ourselves even when droughts hit. People have adapted to the unpredictable climate by using the climate-smart farming methods and have food and economic security,' said Nyarai.

We work in partnership with women and men, church groups, the private sector and wider alliances and networks to strengthen accountability, transparency, inclusivity and equality. Our vision is for resilient, thriving and peaceful communities that have a voice and are empowered to find their own ways out of poverty.

Christian Aid has worked in Zimbabwe since the 1980s, with a country office opened in 1999. **'Christian Aid'**

Christian Aid's Zimbabwe programme puts people at the centre of all its work. Our programme is driven by our faith identity, a culture of openness and sharing, and our commitment to amplifying poor people's voices. Our work focuses on Matabeleland, and is also linked to action at a national level.

Local Events

Lunch at Cross Way Church on Friday 25th October with a raffle. Tickets £8; will be available from Colin Pritchard and Paul Bloxham. Raffle prizes would be most welcome. Please leave in either St Lukes or St Leonards labelled 'for Christian Aid Lunch'.

Cooper & Son

www.cpjfield.co.uk

Funeral Directors

At Cooper & Son, we understand that no two lives are the same, which is why every funeral we arrange is completely individual too. Whether you're making the arrangements for a loved one or prudently planning your own, we're here for you in every way.



C.P.J. Field.

More than a funeral director since 1690.

19 Clinton Place, Seaford BN25 1NP
01323 492 666 cooper_son.seaford@cpjfield.co.uk

Homelink: Helping people into Housing

Terry Howell



New Laws

After 30 years, there will be major changes in the laws relating to rented property. For many years HOMELINK has been concerned that the time given for a tenant to get out of a rented property was too short. If the situation for renting was benign this would be reasonable - but the shortage of rental accommodation has made finding an affordable place to rent very difficult. We spoke to Maria Caulfield MP about this and she agreed that two month's notice is too short - but sadly nothing changed. The proposed legislation will extend this period to four months which is much better. (Currently, some of those renting wait for the landlord to obtain a court order which gives them about six months before the bailiffs arrive).

In addition, the Section 21 no fault evictions are to be abolished. (There were 260,000 evictions under this law in the last year!). Evictions will come under Section 8 and reasons to evict a tenant will be needed such as the landlord moving back into the property or a breach of contract e.g not paying the rent. We hope this balances the relationship between the landlord and tenant.

The bill will also apply the Decent Homes Standard to private rentals. Homes must be safe, secure and hazard free. It is shocking that this was not already a requirement of landlords.

Although the new laws are to be welcomed there is a danger that these changes may discourage landlords from renting and make the availability of rental property even more scarce.

New Grants. Thanks to the efforts of our team, the charity Enjoolata is helping us with a new grant of £2,500. We are able to use this to give our residents mini-grants of £20 vouchers in dire need of emergency food or heating. We only started these grants in March and we have given 47 grants so far. These have all been for food with one exception for energy use but we expect far more of these when winter sets in.

Prayers

- That the new laws will improve the rental market.
- That the Trustees may be guided in their strategy decisions.
- That we may help many people in need of homes.

HOMELINK is a registered charity led by a Board of Trustees (including one from our Parish) and run by a Management Committee, all of whom are volunteers. Other volunteers help in a wide range of roles.

HOMELINK normally employ five part-time staff: two Client Managers; a Repayments Officer; a Finance Manager; and an Administration and Development Officer; HOMELINK's office is rented from Age Concern in the House of Friendship in Lewes.



25TH ANNIVERSARY

GALA CONCERT

12 OCTOBER
7-10pm

An evening of words & music by local
performers directed by John Hancorn

John Agard – Sir John Tomlinson – Andrew Davies
Guy Chambers – Richard Durrant – Julia Bishop – Helen Glavin
Alexander Hancorn – Nick Houghton – Francesca Hughes
Peter Owen Jones – Rebecca Stott – Baroque Collective Singers
Chichester University Otter Consort

St John sub Castro, Lewes
Book your tickets now:
Trybooking.com/uk/DVRJ

Tickets
£15



Charity
No.1174895



Life And More Abundant Ministries

LAMA

Lesley Gomez

The Spirit of the LORD is upon Me because He has anointed Me to preach the gospel to the poor, He has sent me to heal the broken hearted, to preach deliverance to the captives, and recovery of sight to the blind, to set at liberty them that are bruised. Luke 4:18

We thank God for you, praying you are kept safe and well. What a great time we had touring England from Durham to Devon and in-between. Pastors and congregations were encouraged and challenged to take worship out of the church to the streets and cafes. It was a very blessed time.

We arrived back in the Philippines July 8 and thankfully got organised just before a super typhoon hit us - it moved on quickly, but left Luzon flooded, Manila worst this time. Welcome home!



We keep LAMA rescue boat at the ready during typhoon & flood season.

Regional Rehabilitation Centre for Youth

We were able to visit the boys at the detention centre the day before and had a great time, Michael preaching over the sound of monsoon rain on the tin roof! They now have a new Centre Head and numbers have risen to 100 - but the same Spirit of the LORD was there, I held back tears as most of them literally ran to the front for prayer after the service. Even those who were new to it all. Sadly, our laptop was broken recently whilst in use at RRCY. This was the one purchased through the Beryl Dollin legacy fund, so extra special!

We also urgently need a better vehicle for transporting the sound system and worship team - the rain was pouring inside the van as we made our way home. Our old L300 is falling apart at the seams!

Chaplaincy

Michael attended his graduation at Waverley Abbey College, graduating with distinction! We are now hoping to partner with Waverley to offer the same course at LAMA House in the future, with permission from Charity Commission and authorities here. It would be a wonderful way to grow our ministry from LAMA House, training Chaplains to take Jesus into hospitals,

Universities, schools, prisons and government centres!

Health and Safety

The floods damaged the septic tank at our home in San Fernando, where Michael, Jeli and children live. We have had a lot of maintenance to do. It seems the foundations and septic tank are damaged by tree roots - 2 huge trees on vacant land next to our property. We are trying to find the owner and ask him to remove the trees to prevent more damage to our home.



They had an intruder in the house during the night who stole Michael's wallet and escaped when Jeli woke up. We have now installed CCTV cameras. But they don't feel safe.

Prayer

Please pray for Sam: In August he underwent a difficult 7hr operation to remove cancer tumour in his neck. He is now having radiation treatment. Thankfully his voice was saved.

Baby M

Our (Peter & I) application to adopt baby M has been approved. He is walking now and eating solids, chattering in his own language! He will be 2yrs old in November.

We appreciate your prayers for health and safety! Thank you for supporting our mission!



The Countdown Begins...

Its the end of the summer so that means it's the countdown to the Family & Elderly Shoebox Appeal. Please help us once again to send thousands of shoeboxes full of love to people suffering displacement, war, poverty and injustice. You only have until early November to get your shoeboxes ready.

Shoebox Sustainability

Whichever shoebox you decide to do - either Family or Elderly - please try to make it as sustainable as possible. Don't use glittery paper, reduce packing in your shoebox, buy really lovely pre-loved items from charity shops such as nearly new teddies. Why not make a gift or create one. There are lots of ideas on the Shoebox Sustainability page of the Link to Hope website... www.linktohope.co.uk/shoebox-sustainability

Fearfully and Wonderfully Made

Ruth M Bancewicz

Every person was once a sperm and an egg. Those two unique germ cells fused together, and in nine months they turned into a living, breathing, human being. One of the most important stages of this process is when each section of the body, from head to rump, takes on its identity.

In this context, identity means what shape it takes, and which limbs or internal organs grow there: legs or arms, lungs or pancreas, and so on. The source of that physical identity is DNA: the networks of genes that are switched on or off in each segment of the body, making all the proteins that are needed to grow and develop in the right way. The master-genes that control the whole process are called homeobox, or Hox genes for short.

The most beautiful thing about the process of body patterning is the way it brings the dimensions of time and space together in such a tidy way. The Hox genes are organised into several clusters on the chromosomes, in the order in which they are needed during development and the order in which they appear on the body.

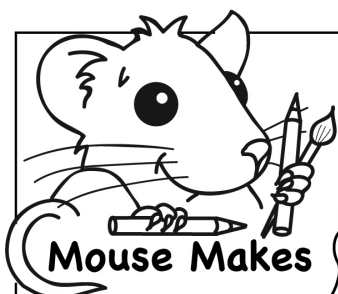
As the embryo develops, the cells near the head end activate the first genes in the Hox clusters. The cells just below the head then switch on the second genes in the cluster, and so on. A wave of gene activation passes down the embryo, specifying each section of the trunk in turn.

Once a Hox gene is switched on it can stay switched on in the next few sections of cells, and it is the overlapping activity of the genes which gives each section of the body its proper identity.

The Wisconsin-based developmental biologist Jeff Hardin often quotes Psalm 139 to express the wonder of embryonic development. “For you created my inmost being; you knit me together in my mother’s womb...your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.” The story of the tidy Hox genes is very relevant to these verses, bringing out the hidden beauty in the process.

The more biologists get to find out about how we came to be born, the more we can say, “I am fearfully and wonderfully made”!

Dr Ruth M Bancewicz is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. She writes on the positive relationship between Science and Christian faith.



WALK WITH THE LORD

"Teach me your way,
O Lord, that I would
walk in your _____."
Psalm 86:11

"For we **walk** by

not by sight."
2 Corinthians 5:7

"**Walk** by the
_____"
Galatians 5:16



Jesus said:
"I am the light
of the world.
If you

_____ me you won't
have to **walk**
in darkness
because
you have
the light
that leads
to life."
John 8:12



"**Walk** in

as Christ loved
us and gave
himself up for us."
Ephesians 5:2

"**Walk** in
a manner
worthy of the
Lord, fully pleasing
to him, bearing

_____ in every good work
and increasing in
the knowledge
of God"
John 8:12



_____ is everyone who
fears the Lord,
who **walks** in
his ways."
Psalm 128:1



GOD • JESUS • LORD • WALK
WAYS • STEP • FEET • PATH • GO • TEACH • KNOWLEDGE • LIGHT

Find the words from the questions too!

Poetry Corner: The Dead by Rupert Brooke

Selected by Jim Holmes

In his anthology "Other Men's Flowers", Field- Marshal Wavell noted that he well remembered Lord Allenby quoting this poem to him shortly after Allenby had heard the news that his only son had been killed in action.

These hearts were woven of human
joys and cares,
Washed marvellously with sorrow, swift
to mirth,
The years had given them kindness.
Dawn was theirs,
And sunset, and colours of the earth.

These had seen movement, and heard
music; known
Slumber and waking; loved; gone
proudly friended;
Felt the quick stir of wonder; sat alone;

Touched firs and flowers and cheeks, all
this is ended.

There are waters blown by changing
winds to laughter
And lit by the rich skies, all day. And
after,
Frost with a gesture stays the waves
that dance
And wandering loveliness. He leaves a
white
Unbroken glory, a gathered radiance,
A width, a shining peace, under the
night.

NORVETT

ELECTRONICS



Established 1955

- Your local electricians for all domestic and commercial wiring, fault finding, installation and repairs.
- Industrial, agricultural and landlords works.
- CCTV, security lighting and burglar alarms.

ALFRISTON 01323 870485

enquire@norvett.com

www.norvett.com



@NorvettElectronics @NorvettUK

Join in all the fun at 16th Seaford Scouts.. It's not just for young people!



Whatever you bring to the table, however often you can help, volunteering with the Scouts can change young people's lives.

No previous experience with young people? No problem!

Planning programmes, **administration**, behind-the-scenes support, **equipment & site maintenance**, trusteeship, **communications & publicity**, and more..

We'll provide **support** and **learning opportunities**, marshmallow toasting and tons of fun – every step of the way!

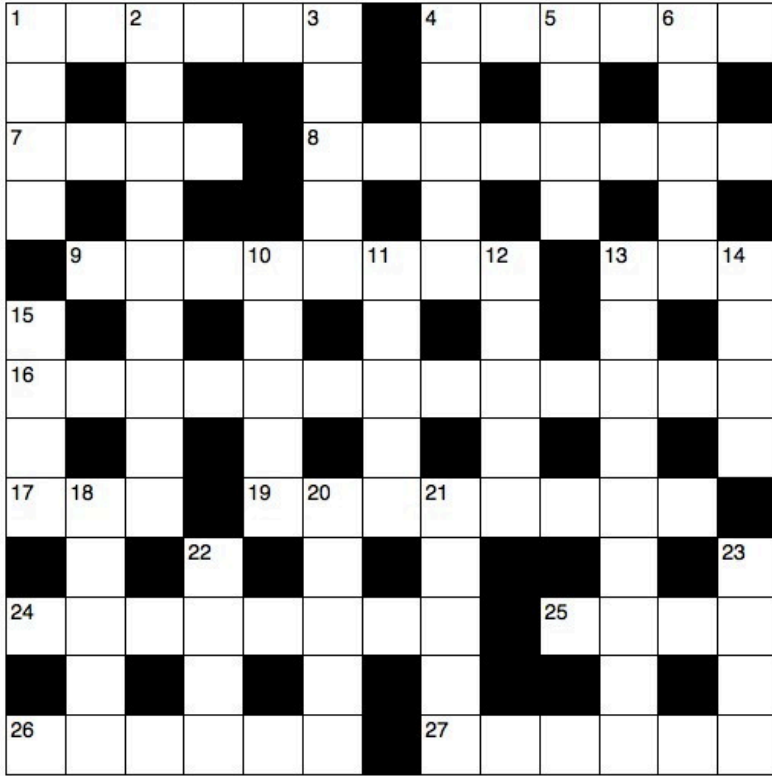
To add your name & register your interest please scan here




Scouts
16th Seaford



Crossword



Across

- 1 He must be 'the husband of but one wife and must manage his children and his household well' (1 Timothy 3:12) (6)
- 4 'For we must all — before the judgement seat of Christ' (2 Corinthians 5:10) (6)
- 7 'They reeled and staggered like drunken men; they were at their — end' (Psalm 107:27) (4)
- 8 See 19 Across
- 9 It concerned who among the disciples would be the greatest(Luke 9:46) (8)
- 13 Formed by the Jews in Thessalonica to root out Paul and Silas (Acts 17:5) (3)
- 16 'He has sent me to bind up the — ' (Isaiah 61:1) (6-7)
- 17 Moved rapidly on foot (Matthew 28:8) (3)
- 19 and 8 ' — a great company of the — host appeared with the angel' (Luke 2:13) (8,8)
- 24 Hindrance (Romans 14:13) (8)
- 25 Comes between Luke and Acts (4)
- 26 Empower (Acts 4:29) (6)
- 27 'Get these out of here! How dare you turn my Father's house into a — !' (John 2:16) (6)

October-November Lectionary

Sunday 6th October

Harvest Festival

1 Timothy 6.6-10
Matthew 6.25-33

Sunday 3rd November

Fourth before Advent

Hebrews 9. 11-14
Mark 12.28-34

Sunday 13th October

20th after Trinity

Hebrews 4. 12-16
Mark 10.17-31

Sunday 10th November

Remembrance Sunday

Hebrews 9. 24-28
Mark 1.14-20

Sunday 20th October

21st after Trinity

Hebrews 5. 1-10
Mark 10.35-45

Sunday 11th November

Second before Advent

Hebrews 10. 11-25
Mark 13.1-8

Sunday 27th October

Last Sunday after Trinity

Hebrews 7. 23-28
Mark 10.46-52

Sunday 24th November

Christ the King

Revelation 1. 4b-8
John 18.33-37

Down

- 1 Sunrise (Psalm 119:147) (4)
 - 2 The part of the day when Cornelius the Caesarean centurion had a vision of an angel of God (Acts 10:3) (9)
 - 3 He was one of those who returned with Zerubbabel from exile in Babylon to Jerusalem (Nehemiah 7:7) (5)
 - 4 'No one can see the kingdom of God unless he is born —' (John 3:3) (5)
 - 5 Animal hunted or killed as food (Ezekiel 22:25) (4)
 - 6 'He encouraged them — — remain true to the Lord' (Acts 11:23) (3,2)
 - 10 Ruses (anag.) (5)
 - 11 Jewish priestly vestment (Exodus 28:6) (5)
 - 12 Visible sign of what had been there (Daniel 2:35) (5)
 - 13 This was the trade of Alexander, who did Paul 'a great deal of harm' (2 Timothy 4:14) (9)
 - 14 'This is my —, which is for you; do this in remembrance of me' (1 Corinthians 11:24) (4)
 - 15 One of Noah's great-great-grandsons (Genesis 10:24) (4)
 - 18 Traditionally the first British Christian martyr (5)
 - 20 Relationship of Ner to Saul (1 Samuel 14:50) (5)
 - 21 Jacob had one at a place he named Bethel while on his way to Haran, fleeing from Esau (Genesis 28:12) (5)
 - 22 Bats (anag.) (4)
 - 23 'You strain out a — but swallow a camel' (Matthew 23:24) (4)
-

October Calendar

Wednesday 2nd	11.00am	Matins	St. Leonard's
	12.30pm	Parish Lunch	St. Luke's
Saturday 5th	9.30am	Messy Church	St. Leonard's
Sunday 6th	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	Both churches
	11.15am	The Meeting Place	St. Leonard's
Tuesday 8th	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 9th	11.00am	Holy Communion	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 13th	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	Prayer@7	St. Luke's
Wednesday 16th	11.00am	Holy Communion	St. Leonard's
Saturday 19th	1.00pm	Lunchtime Concert	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 20th	9.30am	Holy Communion	Both churches
	11.15am	The Meeting Place	St. Leonard's
	7.00pm	St. Luke's@7	St. Luke's
Monday 21st	7.30pm	Women's Group	St. Luke's
Tuesday 22nd	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 23rd	11.00am	Holy Communion	St. Leonard's
Friday 25th	2.30pm	Mothers' Union	St. Luke's
Saturday 26th	10.00am	Open Church Cafe	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 27th	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	
Monday 28th to Friday 1st November		Holiday Club	St. Luke's
Wednesday 30th	11.00am	Holy Communion	St. Leonard's

Crossword Solution

ACROSS: 1, Deacon. 4, Appear. 7, Wits. 8, Heavenly. 9, Argument. 13, Mob. 16, Broken-hearted. 17, Ran. 19, Suddenly. 24, Obstacle. 25, John. 26, Enable. 27, Market.

DOWN: 1, Dawn. 2, Afternoon. 3, Nehum. 4, Again. 5, Prey. 6, All to. 10, Users. 11, Ephod. 12, Trace. 13, Metalwork. 14, Body. 15, Eber. 18, Alban. 20, Uncle. 21, Dream. 22, Stab. 23, Gnat.

November Calendar

Saturday 2nd	9.30am	Messy Church	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 3rd	9.30am	Holy Communion	Both churches
	11.15am	The Meeting Place	St. Leonard's
Wednesday 6th	11.00am	Matins	St. Leonard's
	12.30pm	Parish Lunch	St. Luke's
	8.00am	Holy Communion	St. Leonard's
	9.30am	Holy Communion	St. Leonard's
Sunday 10th	9.30am	Family Worship	St. Luke's
	11.30am	Civic Remembrance Service	St. Leonard's
	7.00pm	Prayer@7	St. Luke's
Tuesday 12^h	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 13th	11.00am	Holy Communion	St. Leonard's
Friday 15th	2.30pm	Mothers' Union	St. Luke's
Saturday 16th	1.00pm	Lunchtime Concert	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 17th	9.30am	Holy Communion	Both churches
	11.15am	The Meeting Place	St. Leonard's
Monday 18^h	7.30pm	Women's Group	St. Luke's
Tuesday 19th		Magazine copy date	
Wednesday 20th	11.00am	Holy Communion	St. Leonard's
	8.00am	Holy Communion	St. Leonard's
Sunday 24th	9.30am	Holy Communion	St. Leonard's
	9.30am	Family Worship	St. Luke's
	7.00pm	St. Luke's@7	St. Luke's
Tuesday 26th	11.00am	Prayer Ministry & Communion	St. Luke's
Wednesday 27th	11.00am	Holy Communion	St. Leonard's
Saturday 30th	10.00am	Open Church Cafe	St. Leonard's
Sunday 1st December		Parish Magazine publication	

Parish Magazine Copy Date

Items for the December-January edition of the Magazine are most welcome and should be sent to magazine@seafordparish.org.uk by Tuesday 19th November.

Regular Services & Group

Services in St. Leonard's Church

Sundays

- 8.00am Holy Communion: a quiet said service
- 9.30am Holy Communion: a service with choir and hymns
- 11.15am The Meeting Place: a reflective service with prayer for healing (1st & 3rd Sundays)



Wednesdays

- 11.00am Matins: a quiet said service (1st Wednesday)
- 11.00am Holy Communion: a said service (other Wednesdays)



Services in St. Luke's Church

Sundays

- 9.30am Holy Communion: a service with hymns (1st and 3rd Sundays)
- 9.30am Family Worship: informal worship (2nd and 4th Sunday)
- 7.00pm Prayer@7: a short time of worship followed by prayer (2nd Sunday)
- 7.00pm St. Luke's@7: Contemporary worship (4th Sunday)

Tuesdays

- 11.00am Prayer Ministry and Communion (2nd and 4th Tuesdays)

Other Events

Sunday	Glow (children's group)	9.30am	St. Luke's	1 st and 3 rd Sundays
Monday	Women's Group	7.30pm	St. Luke's	3 rd Monday
Tuesday	Bell Ringers	7.30pm	St. Leonard's	Weekly
Wednesday	Tots	9.30am	St. Luke's	Weekly*
	Parish Lunch	12.30pm	St. Luke's	1 st Wednesday
Thursday	Tots	9.30am	St. Leonard's	Weekly*
	Choir	7.00pm	St. Leonard's	Weekly
Friday	Mothers' Union	2.30pm	St. Luke's	4 th Friday
	Sparks	5.45pm	St. Luke's	Weekly*
	Ignite	7.45pm	St. Luke's	Weekly*
Saturday	Messy Church	9.30am	St. Leonard's	1 st Saturday
	Open Church	10.00am	St. Leonard's	See calendar
	Lunchtime Concerts	1.00pm	St. Leonard's	3 rd Saturday (Feb-Nov)

*Term time

Parish Directory

Clergy

Revd. James Hollingsworth	01323 893508	vicar@seafordparish.org.uk
Revd. Derreck Lee-Philpot	01323 893391	dlp@seafordparish.org.uk
Revd. Carole Darling		revcarole@seafordparish.org.uk

Children, Youth & Family Missioner

Stefan Bracher		cyfw@seafordparish.org.uk
----------------	--	---------------------------

Parish Office- calls can be taken Monday to Friday 10.00am to 12.00 noon

Charlie Christie	07391 787130	admin@seafordparish.org.uk
------------------	--------------	----------------------------

Churchwardens

Fred Bass	01323 893054	fred@seafordparish.org.uk
Liz Morgan-Jones	01323 890644	liz@seafordparish.org.uk

Deputy Wardens

Janet Kent (St. Leonard's)	01323 490050	janet.seaford@btinternet.com
Paul Waller (St. Leonard's)	01323 872088	
Joanne Lalla (St. Luke's)		joanne.lalla@btinternet.com
Paul Bloxham (St. Luke's)		paulandjobloxham@btinternet.com

Parish Treasurer

Paul Waller	01323 872088	atreasurer@seafordparish.org.uk
-------------	--------------	---------------------------------

Prayer Co-ordinator

Diana Woodcock		prayer@seafordparish.org.uk
----------------	--	-----------------------------

Safeguarding Officer

Ruth Saunders		safeguarding@seafordparish.org.uk
---------------	--	-----------------------------------

Home Groups

David Farey		homegroups@seafordparish.org.uk
-------------	--	---------------------------------

Hall Bookings	07425 936674	bookings@seafordparish.org.uk
---------------	--------------	-------------------------------

Fortnightly News		news@seafordparish.org.uk
------------------	--	---------------------------

Magazine

Distribution	01323 892883	David and Hazel Bramley
Editor: Malcolm Anderson	01323 891252	magazine@seafordparish.org.uk

A.M. Steer Ltd.

Plumbing, Heating & General Maintenance

17 Jevington Drive
Seaford · BN25 2NT
Phone/Fax: 01323 891281
Mobile: 07785 766410

Friendly, family business approved by trading standards.

Property services include:

- all aspects of plumbing & heating



- electrical/gas work
- boiler replacement
- landlord certificates



- full bathroom & kitchen refurbishments
 - tiling & decorating
 - building works

Contact Andy on: 07785 766410/01323 891281 or

email: amsteerltd@uwclub.net

